

Uoffisiell utvikling av "Norske Bestenoteringer for VETERANER" pr 1.7.2021

Iht dagens klasseinndeling - Oppdatert av Roar Eriksen, NSFs Statistikkutvalg

Kvinner (K-35)

500 m

| | | | | |
|-------|----------------------|------------|------------|------------|
| 66,3 | Jenny Haug | 09.09.1904 | Oslo Fr | 8.2.1940 |
| 61,2 | Aslaug Berg | 28.05.1909 | Oslo Bi | 1.1.1946 |
| 60,3 | Randi Nordli | 03.08.1947 | Brumunddal | 11.1.1984 |
| 59,9 | Randi Nordli | 03.08.1947 | Brumunddal | 23.1.1985 |
| 58,6 | Randi Nordli | 03.08.1947 | Brumunddal | 6.2.1985 |
| 58,1 | Randi Nordli | 03.08.1947 | Brumunddal | 13.2.1985 |
| 56,1 | Randi Nordli | 03.08.1947 | Brumunddal | 1.2.1987 |
| 55,3 | Randi Nordli | 03.08.1947 | Brumunddal | 11.2.1987 |
| 41,49 | Edel Therese Høiseth | 27.01.1966 | Oslo VH | 4.11.2000 |
| 41,06 | Edel Therese Høiseth | 27.01.1966 | Geithus | 11.11.2000 |
| 41,00 | Edel Therese Høiseth | 27.01.1966 | Geithus | 11.11.2000 |
| 40,52 | Edel Therese Høiseth | 27.01.1966 | Seoul | 9.12.2000 |
| 40,05 | Edel Therese Høiseth | 27.01.1966 | Seoul | 10.12.2000 |
| 40,03 | Edel Therese Høiseth | 27.01.1966 | Nagano | 16.12.2000 |
| 39,65 | Edel Therese Høiseth | 27.01.1966 | Nagano | 17.12.2000 |
| 39,43 | Edel Therese Høiseth | 27.01.1966 | Hamar V | 17.2.2001 |
| 39,02 | Edel Therese Høiseth | 27.01.1966 | Calgary | 4.3.2001 |

1000 m

| | | | | |
|---------|----------------------|------------|------------|------------|
| 2.20,2 | Jenny Haug | 09.09.1904 | Oslo Fr | 8.2.1940 |
| 2.03,8 | Randi Nordli | 03.08.1947 | Brumunddal | 13.2.1985 |
| 2.02,6 | Randi Nordli | 03.08.1947 | Brumunddal | 4.2.1987 |
| 2.02,56 | Turid Veggeland | 02.03.1959 | Hamar V | 27.1.1995 |
| 2.00,55 | Turid Veggeland | 02.03.1959 | Hamar V | 28.1.1995 |
| 1.59,32 | Turid Veggeland | 02.03.1959 | Hamar V | 14.1.1996 |
| 1.59,2 | Turid Veggeland | 02.03.1959 | Hamar V | 12.1.1997 |
| 1.21,88 | Edel Therese Høiseth | 27.01.1966 | Oslo VH | 5.11.2000 |
| 1.21,46 | Edel Therese Høiseth | 27.01.1966 | Seoul | 9.12.2000 |
| 1.20,22 | Edel Therese Høiseth | 27.01.1966 | Seoul | 10.12.2000 |
| 1.18,05 | Edel Therese Høiseth | 27.01.1966 | Nagano | 16.12.2000 |
| 1.17,59 | Edel Therese Høiseth | 27.01.1966 | Heerenveen | 4.2.2001 |
| 1.16,67 | Edel Therese Høiseth | 27.01.1966 | Calgary | 2.3.2001 |

1500 m

| | | | | |
|---------|----------------------|------------|------------|------------|
| 4.15,2 | Tove Staxrud | 28.02.1944 | Oslo Fr | 10.2.1981 |
| 3.15,3 | Turid Veggeland | 02.03.1959 | Skien | 11.12.1993 |
| 3.13,6 | Turid Veggeland | 02.03.1959 | Skien | 22.1.1994 |
| 3.10,66 | Turid Veggeland | 02.03.1959 | Savalen | 26.2.1995 |
| 3.02,47 | Turid Veggeland | 02.03.1959 | Hamar V | 13.1.1996 |
| 2.15,91 | Edel Therese Høiseth | 27.01.1966 | Oslo VH | 4.11.2000 |
| 2.13,68 | Edel Therese Høiseth | 27.01.1966 | Geithus | 11.11.2000 |
| 2.05,37 | Edel Therese Høiseth | 27.01.1966 | Berlin S | 19.11.2000 |
| 2.03,90 | Edel Therese Høiseth | 27.01.1966 | Heerenveen | 26.11.2000 |
| 2.03,57 | Edel Therese Høiseth | 27.01.1966 | Calgary | 16.3.2001 |
| 2.01,78 | Edel Therese Høiseth | 27.01.1966 | Calgary | 9.12.2001 |

3000 m

| | | | | |
|---------|---------------------|------------|-------------------|------------|
| 9.08,0 | Ellen Valeur Grande | 15.02.1900 | Oslo Fr | 15.3.1935 |
| 8.36,3 | Tove Staxrud | 28.02.1944 | Oslo Fr | 9.2.1981 |
| 6.52,8 | Turid Veggeland | 02.03.1959 | Skien | 12.12.1993 |
| 6.50,0 | Turid Veggeland | 02.03.1959 | Skien | 21.1.1994 |
| 6.31,93 | Turid Veggeland | 02.03.1959 | Hamar V | 14.1.1996 |
| 6.16,3 | Turid Veggeland | 02.03.1959 | Hamar V | 12.1.1997 |
| 5.55,23 | Ingunn Sandø | 24.03.1963 | Hamar V | 27.1.2002 |
| 4.58,24 | Renate Jeppsson | 16.04.1973 | Hamar V | 9.2.2008 |
| 4.55,60 | Renate Jeppsson | 16.04.1973 | Hamar V | 17.2.2008 |
| 4.48,70 | Nina Johanne Tørset | 26.07.1973 | Bjugn Fosenhallen | 1.3.2009 |
| 4.44,09 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 29.11.2009 |

| | | | | | |
|----------------|----------|-----------------------|------------|----------------|------------|
| | 4.31,60 | Nina Johanne Tørset | 26.07.1973 | Salt Lake City | 31.1.2010 |
| | 4.27,40 | Nina Johanne Tørset | 26.07.1973 | Calgary | 27.2.2011 |
| 5000 m | 11.48,5 | Turid Veggeland | 02.03.1959 | Skien | 22.1.1994 |
| | 11.44,1 | Anne Sekkelsten | 02.07.1965 | Oslo VH | 26.2.2003 |
| | 11.37,2 | Marit Dalseth Riktor | 11.11.1967 | Båstad | 5.3.2005 |
| | 9.32,1 | Renate Jeppsson | 16.04.1973 | Oslo VH | 2.3.2012 |
| | 8.58,37 | Guri Fossdal | 03.04.1979 | Hamar V | 23.2.2014 |
| | 7.56,77 | Astrid Helen Njærheim | 12.02.1979 | Stavanger SA | 15.2.2015 |
| | 7.56,74 | Astrid Helen Njærheim | 12.02.1979 | Stavanger SA | 15.3.2015 |
| | 7.56,63 | Astrid Helen Njærheim | 12.02.1979 | Stavanger SA | 11.10.2015 |
| 10000 m | 26.08,7 | Anne Sekkelsten | 02.07.1965 | Oslo VH | 13.2.2002 |
| | 25.05,5 | Anne Sekkelsten | 02.07.1965 | Oslo VH | 5.3.2003 |
| | 24.35,0 | Anne Sekkelsten | 02.07.1965 | Oslo VH | 17.12.2003 |
| | 24.23,7 | Anne Sekkelsten | 02.07.1965 | Oslo VH | 25.2.2004 |
| | 24.21,6 | Viola Kuldvere | 22.04.1968 | Tynset | 28.2.2004 |
| | 23.52,6 | Marit Dalseth Riktor | 11.11.1967 | Båstad | 3.3.2007 |
| | 21.33,72 | Guri Fossdal | 03.04.1979 | Geithus | 7.3.2015 |
| | 19.17,08 | Guri Fossdal | 03.04.1979 | Geithus | 5.12.2015 |

Kvinner (K-40)

| | | | | | |
|---------------|---------|---------------------------|------------|----------------|------------|
| 500 m | 83,5 | Mathilde J Larsdtr Bergan | 04.03.1885 | Sigdal Soneren | 25.1.1925 |
| | 80,9 | Gerd Larsen 1941 | 31.12.1941 | Oslo VH | 1.2.1982 |
| | 57,9 | Randi Nordli | 03.08.1947 | Brumunddal | 13.1.1988 |
| | 57,0 | Randi Nordli | 03.08.1947 | Brumunddal | 17.1.1990 |
| | 56,4 | Randi Nordli | 03.08.1947 | Savalen | 17.2.1990 |
| | 55,1 | Randi Nordli | 03.08.1947 | Savalen | 18.2.1990 |
| | 53,5 | Anne Berit Skolem | 18.09.1955 | Hamar V | 4.1.2000 |
| | 50,1 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 1.12.2001 |
| | 48,42 | Bjørg Eva Jensen | 15.02.1960 | Oslo VH | 12.1.2002 |
| | 47,3 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 22.1.2002 |
| | 46,44 | Renate Jeppsson | 16.04.1973 | Hamar V | 6.10.2012 |
| | 46,18 | Renate Jeppsson | 16.04.1973 | Hamar V | 7.10.2012 |
| | 45,08 | Renate Jeppsson | 16.04.1973 | Inzell | 12.10.2012 |
| | 45,00 | Renate Jeppsson | 16.04.1973 | Hamar V | 10.11.2012 |
| | 44,80 | Renate Jeppsson | 16.04.1973 | Hamar V | 11.11.2012 |
| | 44,79 | Renate Jeppsson | 16.04.1973 | Hamar V | 1.12.2012 |
| | 44,68 | Renate Jeppsson | 16.04.1973 | Stavanger SA | 19.1.2013 |
| | 44,45 | Renate Jeppsson | 16.04.1973 | Inzell | 2.2.2013 |
| | 44,25 | Renate Jeppsson | 16.04.1973 | Hamar V | 7.12.2013 |
| | 44,20 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 7.12.2013 |
| | 43,85 | Renate Jeppsson | 16.04.1973 | Hamar V | 22.2.2014 |
| | 43,75 | Renate Jeppsson | 16.04.1973 | Hamar V | 1.3.2014 |
| | 43,09 | Nina Johanne Tørset | 26.07.1973 | Stavanger SA | 7.3.2014 |
| 1000 m | 3.21,5 | Gerd Larsen 1941 | 31.12.1941 | Oslo Bi | 13.1.1982 |
| | 2.58,1 | Gerd Larsen 1941 | 31.12.1941 | Oslo VH | 1.2.1982 |
| | 2.04,8 | Randi Nordli | 03.08.1947 | Brumunddal | 17.1.1990 |
| | 1.57,7 | Randi Nordli | 03.08.1947 | Savalen | 17.2.1990 |
| | 1.54,9 | Randi Nordli | 03.08.1947 | Savalen | 18.2.1990 |
| | 1.53,56 | Turid Veggeland | 02.03.1959 | Hamar V | 7.3.1999 |
| | 1.48,7 | Anne Berit Skolem | 18.09.1955 | Hamar V | 22.1.2000 |
| | 1.46,8 | Anne Bjørnsmoen | 07.03.1959 | Hamar V | 4.12.2001 |
| | 1.39,9 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 4.12.2001 |
| | 1.38,86 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 26.1.2002 |
| | 1.33,41 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 26.1.2002 |
| | 1.32,76 | Renate Jeppsson | 16.04.1973 | Hamar V | 6.10.2012 |
| | 1.31,53 | Renate Jeppsson | 16.04.1973 | Inzell | 12.10.2012 |

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|----------------|----------|-----------------------|------------|--------------|------------|
| | 1.29,93 | Renate Jeppsson | 16.04.1973 | Hamar V | 10.11.2012 |
| | 1.28,63 | Renate Jeppsson | 16.04.1973 | Stavanger SA | 20.1.2013 |
| | 1.27,42 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 8.12.2013 |
| | 1.25,24 | Nina Johanne Tørset | 26.07.1973 | Stavanger SA | 8.3.2014 |
| 1500 m | 4.27,3 | Sissel Fossdal | 19.09.1945 | Drammen | 27.1.1990 |
| | 3.02,21 | Turid Veggeland | 02.03.1959 | Savalen | 16.1.1999 |
| | 2.47,77 | Turid Veggeland | 02.03.1959 | Hamar V | 6.3.1999 |
| | 2.38,83 | Anne Berit Skolem | 18.09.1955 | Hamar V | 20.2.2000 |
| | 2.38,2 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 1.12.2001 |
| | 2.24,37 | Bjørg Eva Jensen | 15.02.1960 | Oslo VH | 12.1.2002 |
| | 2.18,47 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 26.1.2002 |
| | 2.17,70 | Renate Jeppsson | 16.04.1973 | Stavanger SA | 19.1.2013 |
| | 2.14,53 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 7.12.2013 |
| | 2.10,91 | Nina Johanne Tørset | 26.07.1973 | Stavanger SA | 7.3.2014 |
| 3000 m | 7.33,6 | Anne Berit Skolem | 18.09.1955 | Holmestrand | 27.2.1996 |
| | 6.49,7 | Anne Berit Skolem | 18.09.1955 | Holmestrand | 21.1.1997 |
| | 6.19,19 | Turid Veggeland | 02.03.1959 | Savalen | 17.1.1999 |
| | 6.18,7 | Anne Berit Skolem | 18.09.1955 | Holmestrand | 23.2.1999 |
| | 5.49,93 | Turid Veggeland | 02.03.1959 | Hamar V | 7.3.1999 |
| | 5.31,6 | Anne Berit Skolem | 18.09.1955 | Hamar V | 4.1.2000 |
| | 5.08,14 | Bjørg Eva Jensen | 15.02.1960 | Savalen | 18.2.2001 |
| | 4.51,0 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 18.12.2001 |
| | 4.45,08 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 27.1.2002 |
| | 4.42,42 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 8.12.2013 |
| | 4.39,06 | Nina Johanne Tørset | 26.07.1973 | Stavanger SA | 9.3.2014 |
| 5000 m | 10.00,1 | Turid Veggeland | 02.03.1959 | Hamar V | 23.1.2000 |
| | 9.32,1 | Anne Berit Skolem | 18.09.1955 | Hamar V | 23.1.2000 |
| | 8.46,20 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 21.1.2001 |
| | 8.14,25 | Bjørg Eva Jensen | 15.02.1960 | Hundorp | 24.2.2002 |
| 10000 m | 31.36,4 | Grete Holstad | 30.01.1958 | Savalen | 4.3.2000 |
| | 20.43,22 | Turid Veggeland | 02.03.1959 | Hamar V | 21.1.2001 |
| | 16.44,01 | Nina Johanne Tørset | 26.07.1973 | Hamar V | 18.1.2015 |

Kvinner (K-45)

| | | | | | |
|--------------|-------|-----------------------|------------|-----------|------------|
| 500 m | 76,7 | Jannicke Schanche | 27.04.1939 | Oslo Bi | 18.2.1986 |
| | 66,2 | Jorunn Hagan | 14.05.1946 | Tromsø | 5.12.1990 |
| | 60,4 | Jorunn Hagan | 14.05.1946 | Tromsø | 6.2.1991 |
| | 55,2 | Jorunn Hagan | 14.05.1946 | Tromsø | 16.3.1991 |
| | 53,9 | Jorunn Hagan | 14.05.1946 | Tromsø | 18.1.1992 |
| | 53,0 | Jorunn Hagan | 14.05.1946 | Tromsø | 9.2.1992 |
| | 52,16 | Laila Andresen | 24.07.1951 | Hamar V | 22.1.1997 |
| | 52,0 | Laila Andresen | 24.07.1951 | Hamar V | 9.12.1997 |
| | 51,8 | Anne Berit Skolem | 18.09.1955 | Hamar V | 10.12.2000 |
| | 51,7 | Anne Berit Skolem | 18.09.1955 | Hamar V | 20.2.2001 |
| | 51,69 | Anne Berit Skolem | 18.09.1955 | Hamar V | 23.2.2001 |
| | 51,5 | Anne Berit Skolem | 18.09.1955 | Hamar V | 1.12.2001 |
| | 50,7 | Anne Berit Skolem | 18.09.1955 | Hamar V | 29.1.2002 |
| | 50,59 | Ellen Cecilie Romstad | 09.07.1961 | Oslo VH | 25.11.2006 |
| | 49,03 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 13.1.2007 |
| | 48,46 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 14.1.2007 |
| | 48,12 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 10.2.2008 |
| | 48,07 | Renate Jeppsson | 16.04.1973 | Geithus F | 6.1.2018 |
| | 46,56 | Renate Jeppsson | 16.04.1973 | Baselga | 19.1.2018 |
| | 45,06 | Renate Jeppsson | 16.04.1973 | Inzell | 27.1.2018 |
| | 44,82 | Renate Jeppsson | 16.04.1973 | Inzell | 28.1.2018 |

| | | | | | |
|-------------------------|----------|-----------------------|------------|-------------------|------------|
| | 44,54 | Renate Jeppsson | 16.04.1973 | Calgary | 29.2.2020 |
| | 44,31 | Renate Jeppsson | 16.04.1973 | Calgary | 1.3.2020 |
| 1000 m | 2.37,1 | Jannicke Schanche | 27.04.1939 | Oslo Bi | 18.2.1986 |
| | 1.54,5 | Jorunn Hagan | 14.05.1946 | Tromsø | 16.3.1991 |
| | 1.53,4 | Jorunn Hagan | 14.05.1946 | Tromsø | 18.1.1992 |
| | 1.49,9 | Jorunn Hagan | 14.05.1946 | Tromsø | 19.1.1992 |
| | 1.49,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 9.2.1992 |
| | 1.49,4 | Jorunn Hagan | 14.05.1946 | Tromsø | 14.11.1992 |
| | 1.45,6 | Jorunn Hagan | 14.05.1946 | Hamar V | 9.1.1993 |
| | 1.44,26 | Anne Berit Skolem | 18.09.1955 | Hamar V | 20.1.2001 |
| | 1.42,87 | Anne Berit Skolem | 18.09.1955 | Hamar V | 23.2.2001 |
| | 1.42,3 | Anne Berit Skolem | 18.09.1955 | Hamar V | 2.12.2001 |
| | 1.39,26 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 13.1.2007 |
| | 1.39,19 | Ingunn Sandø | 24.03.1963 | Hamar V | 7.10.2007 |
| | 1.38,57 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 10.11.2007 |
| | 1.38,26 | Ingunn Sandø | 24.03.1963 | Hamar V | 12.1.2008 |
| | 1.37,02 | Ellen Cecilie Romstad | 09.07.1961 | Hamar V | 16.2.2008 |
| | 1.37,01 | Greta Tollefsen | 25.10.1968 | Stavanger SA | 8.3.2014 |
| | 1.35,72 | Greta Tollefsen | 25.10.1968 | Calgary | 7.2.2015 |
| | 1.35,48 | Greta Tollefsen | 25.10.1968 | Leeuwarden | 5.3.2016 |
| | 1.32,80 | Renate Jeppsson | 16.04.1973 | Baselga | 20.1.2018 |
| | 1.31,00 | Renate Jeppsson | 16.04.1973 | Inzell | 27.1.2018 |
| | 1.29,15 | Renate Jeppsson | 16.04.1973 | Inzell | 28.1.2018 |
| | 1.28,67 | Renate Jeppsson | 16.04.1973 | Calgary | 29.2.2020 |
| | 1.28,02 | Renate Jeppsson | 16.04.1973 | Calgary | 1.3.2020 |
| 1500 m | 3.18,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 6.2.1991 |
| | 3.04,3 | Jorunn Hagan | 14.05.1946 | Tromsø | 6.3.1991 |
| | 2.51,1 | Jorunn Hagan | 14.05.1946 | Tromsø | 12.12.1992 |
| | 2.39,8 | Jorunn Hagan | 14.05.1946 | Hamar V | 10.1.1993 |
| | 2.38,2 | Anne Berit Skolem | 18.09.1955 | Hamar V | 10.12.2000 |
| | 2.35,2 | Anne Berit Skolem | 18.09.1955 | Hamar V | 1.12.2001 |
| | 2.22,43 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 9.10.2005 |
| | 2.18,96 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 22.10.2005 |
| | 2.16,46 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 29.1.2006 |
| 3000 m | 6.11,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 4.3.1992 |
| | 6.00,4 | Jorunn Hagan | 14.05.1946 | Tromsø | 13.12.1992 |
| | 5.34,2 | Jorunn Hagan | 14.05.1946 | Hamar V | 10.1.1993 |
| | 5.25,3 | Anne Berit Skolem | 18.09.1955 | Hamar V | 9.1.2001 |
| | 4.58,52 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 8.10.2005 |
| | 4.46,00 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 23.10.2005 |
| | 4.42,42 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 28.1.2006 |
| 5000 m | 10.18,7 | Jorunn Hagan | 14.05.1946 | Tromsø | 5.3.1992 |
| | 9.12,0 | Anne Berit Skolem | 18.09.1955 | Hamar V | 20.2.2001 |
| | 8.29,00 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 9.10.2005 |
| | 8.00,80 | Bjørg Eva Jensen | 15.02.1960 | Hamar V | 29.1.2006 |
| 10000 m | 18.50,01 | Anne Berit Skolem | 18.09.1955 | Hamar V | 21.1.2001 |
| Kvinner (K-50) | | | | | |
| 500 m | 70,8 | Hedvig Wright | 22.10.1880 | Åmot | 28.1.1934 |
| | 70,8 | Marie Strømmen | 06.02.1944 | Bergen SI | 15.2.1995 |
| | 57,64 | Jorunn Hagan | 14.05.1946 | Tromsø | 10.1.1996 |
| | 56,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 28.2.1996 |
| | 56,65 | Randi Nordli | 03.08.1947 | Savalen | 11.3.2000 |
| | 56,15 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 16.12.2009 |

| | | | | | |
|----------------|----------|----------------------|------------|-------------------|------------|
| | 56,05 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 6.1.2010 |
| | 55,98 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 20.1.2010 |
| | 55,23 | Marita Agnethe Steen | 09.03.1959 | Trondheim L | 30.1.2010 |
| | 52,17 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 10.3.2010 |
| | 49,96 | Marita Agnethe Steen | 09.03.1959 | Calgary | 19.2.2011 |
| | 48,93 | Marita Agnethe Steen | 09.03.1959 | Calgary | 25.2.2011 |
| | 47,55 | Marita Agnethe Steen | 09.03.1959 | Inzell | 22.2.2013 |
| | 47,37 | Marita Agnethe Steen | 09.03.1959 | Salt Lake City | 17.3.2013 |
| 1000 m | 2.16,2 | Jorunn Hagan | 14.05.1946 | Tromsø | 18.12.1996 |
| | 2.00,65 | Randi Nordli | 03.08.1947 | Savalen | 28.2.1998 |
| | 1.52,57 | Anne Bjørnsmoen | 07.03.1959 | Bjugn Fosenhallen | 26.10.2008 |
| | 1.51,45 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 20.1.2010 |
| | 1.47,47 | Marita Agnethe Steen | 09.03.1959 | Baselga di Pine | 27.2.2010 |
| | 1.46,25 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 10.3.2010 |
| | 1.45,76 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 16.10.2010 |
| | 1.43,80 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 11.12.2010 |
| | 1.43,64 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 9.1.2011 |
| | 1.43,53 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 29.1.2011 |
| | 1.42,64 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 8.2.2011 |
| | 1.39,02 | Marita Agnethe Steen | 09.03.1959 | Calgary | 19.2.2011 |
| | 1.37,51 | Marita Agnethe Steen | 09.03.1959 | Calgary | 26.2.2011 |
| | 1.35,91 | Marita Agnethe Steen | 09.03.1959 | Inzell | 23.2.2013 |
| | 1.35,66 | Marita Agnethe Steen | 09.03.1959 | Salt Lake City | 16.3.2013 |
| | 1.32,93 | Marita Agnethe Steen | 09.03.1959 | Salt Lake City | 17.3.2013 |
| 1500 m | 3.15,71 | Jorunn Hagan | 14.05.1946 | Tromsø | 10.1.1996 |
| | 2.52,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 7.3.1996 |
| | 2.52,19 | Marita Agnethe Steen | 09.03.1959 | Arendal Myra | 16.1.2010 |
| | 2.44,64 | Marita Agnethe Steen | 09.03.1959 | Trondheim L | 30.1.2010 |
| | 2.44,46 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 3.2.2010 |
| | 2.39,97 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 8.1.2011 |
| | 2.39,30 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 29.1.2011 |
| | 2.36,46 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 2.2.2011 |
| | 2.30,02 | Marita Agnethe Steen | 09.03.1959 | Calgary | 20.2.2011 |
| | 2.26,54 | Marita Agnethe Steen | 09.03.1959 | Calgary | 25.2.2011 |
| 3000 m | 6.12,8 | Jorunn Hagan | 14.05.1946 | Tromsø | 6.3.1996 |
| | 5.52,75 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 16.12.2009 |
| | 5.46,24 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 6.1.2010 |
| | 5.31,92 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 15.12.2010 |
| | 5.30,19 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 9.1.2011 |
| | 5.29,70 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 30.1.2011 |
| | 5.04,27 | Marita Agnethe Steen | 09.03.1959 | Calgary | 27.2.2011 |
| 5000 m | 11.13,9 | Jorunn Hagan | 14.05.1946 | Tromsø | 28.2.1996 |
| | 10.14,0 | Jorunn Hagan | 14.05.1946 | Tromsø | 7.3.1996 |
| | 9.30,86 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 13.3.2010 |
| | 9.27,02 | Sara Hemmer | 25.03.1959 | Stavanger SA | 19.1.2013 |
| 10000 m | 27.28,4 | Jannicke Schanche | 27.04.1939 | Oslo VH | 14.12.1988 |
| | 24.57,8 | Jannicke Schanche | 27.04.1939 | Oslo VH | 27.2.1991 |
| | 23.59,9 | Jorunn Hagan | 14.05.1946 | Tromsø | 18.2.1998 |
| | 23.38,3 | Jorunn Hagan | 14.05.1946 | Tromsø | 17.2.1999 |
| | 23.22,7 | Sara Hemmer | 25.03.1959 | Båstad | 28.2.2009 |
| | 19.35,85 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 14.3.2010 |
| | 19.11,29 | Sara Hemmer | 25.03.1959 | Stavanger SA | 20.1.2013 |

Kvinner (K-55)

500 m

| | | | | | |
|----------------|----------|----------------------|------------|-------------------|------------|
| | 71,7 | Marie Strømmen | 06.02.1944 | Bergen SI | 11.2.1999 |
| | 65,8 | Marie Strømmen | 06.02.1944 | Bergen SI | 23.1.2001 |
| | 56,92 | Randi Nordli | 03.08.1947 | Hamar V | 10.2.2004 |
| | 55,78 | Randi Nordli | 03.08.1947 | Inzell | 27.2.2004 |
| | 52,8 | Randi Nordli | 03.08.1947 | Hamar V | 2.2.2005 |
| | 50,84 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 23.10.2013 |
| | 49,96 | Marita Agnethe Steen | 09.03.1959 | Erfurt | 7.12.2013 |
| | 49,03 | Marita Agnethe Steen | 09.03.1959 | Berlin S | 8.2.2014 |
| 1000 m | | | | | |
| | 1.56,21 | Randi Nordli | 03.08.1947 | Inzell | 28.2.2004 |
| | 1.49,6 | Randi Nordli | 03.08.1947 | Hamar V | 2.2.2005 |
| | 1.43,28 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 6.11.2013 |
| | 1.39,79 | Marita Agnethe Steen | 09.03.1959 | Erfurt | 8.12.2013 |
| | 1.37,61 | Marita Agnethe Steen | 09.03.1959 | Berlin S | 9.2.2014 |
| 1500 m | | | | | |
| | 3.00,02 | Randi Nordli | 03.08.1947 | Hamar V | 10.2.2004 |
| | 2.55,14 | Randi Nordli | 03.08.1947 | Tynset | 6.3.2004 |
| | 2.50,30 | Randi Nordli | 03.08.1947 | Hamar V | 19.2.2005 |
| | 2.36,97 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 23.10.2013 |
| | 2.33,00 | Marita Agnethe Steen | 09.03.1959 | Erfurt | 7.12.2013 |
| | 2.30,90 | Marita Agnethe Steen | 09.03.1959 | Berlin S | 8.2.2014 |
| | 2.29,44 | Marita Agnethe Steen | 09.03.1959 | Stavanger SA | 7.3.2014 |
| 3000 m | | | | | |
| | 6.19,02 | Randi Nordli | 03.08.1947 | Inzell | 29.2.2004 |
| | 6.16,14 | Randi Nordli | 03.08.1947 | Baselga di Pine | 26.2.2005 |
| | 5.40,63 | Marita Agnethe Steen | 09.03.1959 | Bjugn Fosenhallen | 21.11.2013 |
| | 5.22,19 | Marita Agnethe Steen | 09.03.1959 | Erfurt | 8.12.2013 |
| | 5.16,13 | Marita Agnethe Steen | 09.03.1959 | Stavanger SA | 9.3.2014 |
| 5000 m | | | | | |
| | 13.14,5 | Agnethe Weisser | 24.01.1950 | Tynset | 10.3.2006 |
| | 11.37,57 | Sara Hemmer | 25.03.1959 | Oslo VH | 8.1.2014 |
| | 10.42,94 | Sara Hemmer | 25.03.1959 | Oslo VH | 12.2.2014 |
| | 9.46,84 | Sara Hemmer | 25.03.1959 | Stavanger SA | 29.3.2014 |
| 10000 m | | | | | |
| | 27.01,6 | Agnethe Weisser | 24.01.1950 | Tynset | 11.3.2006 |
| | 21.03,94 | Sara Hemmer | 25.03.1959 | Geithus | 1.3.2014 |
| | 19.41,43 | Sara Hemmer | 25.03.1959 | Stavanger SA | 30.3.2014 |

Kvinner (K-60)

| | | | | | |
|---------------|---------|------------------------|------------|-------------------|------------|
| 500 m | | | | | |
| | 114,4 | Tomine Berntsen | 23.01.1929 | Øykil | 2.2.1992 |
| | 64,1 | Marie Herigstad | 06.02.1944 | Bergen SI | 27.1.2004 |
| | 59,35 | Sara Hemmer | 25.03.1959 | Oslo VH | 5.12.2018 |
| | 59,15 | Sara Hemmer | 25.03.1959 | Oslo VH | 16.1.2019 |
| | 58,93 | Sara Hemmer | 25.03.1959 | Hamar V | 19.1.2019 |
| | 56,93 | Sara Hemmer | 25.03.1959 | Stavanger SA | 16.3.2019 |
| 1000 m | | | | | |
| | 2.13,30 | Sara Hemmer | 25.03.1959 | Oslo VH | 16.1.2019 |
| | 1.53,90 | Sara Hemmer | 25.03.1959 | Hamar V | 20.1.2019 |
| 1500 m | | | | | |
| | 4.23,6 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 8.3.2008 |
| | 3.52,21 | Agnethe Weisser | 24.01.1950 | Bjugn Fosenhallen | 13.3.2010 |
| | 2.59,49 | Sara Hemmer | 25.03.1959 | Oslo VH | 12.12.2018 |
| | 2.49,57 | Sara Hemmer | 25.03.1959 | Hamar V | 19.1.2019 |
| | 2.48,85 | Sara Hemmer | 25.03.1959 | Oslo VH | 20.2.2019 |
| | 2.46,72 | Sara Hemmer | 25.03.1959 | Stavanger SA | 17.3.2019 |
| 3000 m | | | | | |
| | 8.21,4 | Agnethe Weisser | 24.01.1950 | Trondheim L | 8.2.2012 |
| | 5.58,86 | Sara Hemmer | 25.03.1959 | Oslo VH | 9.1.2019 |
| | 5.45,77 | Sara Hemmer | 25.03.1959 | Hamar V | 20.1.2019 |

| | | | | | |
|----------------|-------------|------------------------|------------|-------------------|------------|
| 5000 m | 5.43,07 | Sara Hemmer | 25.03.1959 | Oslo VH | 26.2.2019 |
| | 14.27,0 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 7.3.2008 |
| | 13.19,63 | Agnethe Weisser | 24.01.1950 | Bjugn Fosenhallen | 12.3.2010 |
| | 9.45,50 | Sara Hemmer | 25.03.1959 | Oslo VH | 13.2.2019 |
| | 9.39,65 | Sara Hemmer | 25.03.1959 | Oslo VH | 27.2.2019 |
| 10000 m | 9.22,37 | Sara Hemmer | 25.03.1959 | Stavanger SA | 16.3.2019 |
| | 31.07,8 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 8.3.2008 |
| | 27.00,40 | Agnethe Weisser | 24.01.1950 | Bjugn Fosenhallen | 13.3.2010 |
| | 20.47,03 | Sara Hemmer | 25.03.1959 | Oslo VH | 19.12.2018 |
| | 19.59,21 | Sara Hemmer | 25.03.1959 | Hamar V | 20.1.2019 |
| 19.54,69 | Sara Hemmer | 25.03.1959 | Geithus F | 16.2.2019 | |

Kvinner (K-65)

| | | | | | |
|----------------|----------------|------------------------------|------------|-------------------|------------------|
| 500 m | 103,37 | Åse Simonsen | 04.09.1943 | Bergen SI | 25.2.2010 |
| | 93,54 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 15.3.2013 |
| | 90,94 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 14.3.2014 |
| | 80,42 | Jenny Noraberg Müller | 02.06.1952 | Geithus F | 14.1.2017 |
| 1000 m | 2.44,96 | Jenny Noraberg Müller | 02.06.1952 | Geithus F | 14.1.2017 |
| 1500 m | 5.18,72 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 16.3.2013 |
| | 4.50,86 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 15.3.2014 |
| | 4.34,30 | Jenny Noraberg Müller | 02.06.1952 | Geithus F | 24.2.2021 |
| 5000 m | 16.23,55 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 15.3.2013 |
| | 15.47,31 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 14.3.2014 |
| 10000 m | 34.41,54 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 16.3.2013 |
| | 32.01,06 | Ragnhild Collin-Hansen | 22.02.1948 | Bjugn Fosenhallen | 15.3.2014 |

Kvinner (K-70)

Ingen

Kvinner (K-75 +)

| | | | | | |
|----------------|-----------------|------------------------|------------|---------------|------------------|
| 500 m | 111,55 | Kamilla Bergljot Riise | 02.09.1935 | Oslo VH | 4.3.2014 |
| | 106,34 | Kamilla Bergljot Riise | 02.09.1935 | Stavanger SA | 30.3.2014 |
| | 95,88 | Marit Hoff | 05.04.1940 | Tynset | 6.2.2020 |
| 1000 m | 4.32,92 | Kamilla Bergljot Riise | 02.09.1935 | Geithus F | 7.1.2018 |
| | 3.21,76 | Marit Hoff | 05.04.1940 | Tynset | 24.1.2021 |
| 1500 m | 7.15,74 | Kamilla Bergljot Riise | 02.09.1935 | Geithus F | 7.1.2018 |
| | 4.49,72 | Marit Hoff | 05.04.1940 | Tynset | 2.1.2021 |
| 3000 m | 10.32,72 | Marit Hoff | 05.04.1940 | Tynset | 24.1.2021 |
| 5000 m | 18.20,83 | Marit Hoff | 05.04.1940 | Tynset | 23.2.2020 |
| 10000 m | 35.03,61 | Marit Hoff | 05.04.1940 | Tynset | 8.2.2020 |

Menn (M-35)

| | | | | | |
|--------------|------|-----------------------|------------|---------------|-----------|
| 500 m | 64,8 | Johan Frederik Hansen | 24.01.1856 | Kristiania Ma | 8.1.1893 |
| | 56,2 | Gunerius Mørk | 20.09.1853 | Kristiania Ma | 15.1.1893 |
| | 54,4 | Andreas Thomassen | 1860 | Lysaker | 20.1.1895 |
| | 51,5 | Bjørn Kraabøl | 12.07.1874 | Hamar Mjøsa | 27.2.1910 |
| | 51,3 | Karinius Larsen-Stai | 17.08.1874 | Hamar | 18.2.1911 |
| | 51,1 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Bi | 26.1.1913 |

| | | | | |
|-------|----------------------|------------|---------------|------------|
| 51,1 | Martinus Lørdahl | 28.07.1873 | Kristiania Bi | 26.1.1913 |
| 51,0 | Oskar Jølstad | 25.09.1875 | Kristiania Fr | 23.2.1913 |
| 50,5 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 23.2.1913 |
| 49,1 | Johan Hansen 1880 | 04.03.1880 | Horten | 14.2.1915 |
| 47,2 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 19.1.1918 |
| 46,4 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 16.2.1918 |
| 45,9 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 26.1.1919 |
| 45,7 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 22.2.1919 |
| 45,3 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 1.3.1919 |
| 44,4 | Oscar Mathisen | 04.10.1888 | Kristiania Fr | 6.2.1924 |
| 43,7 | Oscar Mathisen | 04.10.1888 | Kristiania Fr | 2.3.1924 |
| 43,2 | Ivar Ballangrud 1904 | 07.03.1904 | Davos | 27.1.1939 |
| 42,7 | Ivar Ballangrud 1904 | 07.03.1904 | St Moritz | 31.1.1939 |
| 42,5 | Finn Hodt | 16.06.1919 | Misurina | 28.1.1956 |
| 42,4 | Finn Hodt | 16.06.1919 | Gjøvik | 13.3.1956 |
| 42,0 | Torodd Hauer | 08.07.1922 | Nannestad | 26.2.1959 |
| 41,9 | Hroar Elvenes | 02.04.1932 | Skien | 11.1.1967 |
| 41,5 | Hroar Elvenes | 02.04.1932 | Oslo Bi | 1.1.1968 |
| 41,5 | Svein-Erik Stiansen | 06.05.1942 | Oslo VH | 12.11.1977 |
| 40,9 | Svein-Erik Stiansen | 06.05.1942 | Oslo Fr | 21.12.1977 |
| 40,8 | Svein-Erik Stiansen | 06.05.1942 | Lillestrøm | 7.1.1978 |
| 40,8 | Magnus Nereng | 20.02.1943 | Gjøvik | 21.2.1979 |
| 39,8 | Vidar Finsand | 13.07.1949 | Inzell | 11.11.1984 |
| 39,5 | Vidar Finsand | 13.07.1949 | Oslo VH | 8.12.1984 |
| 39,18 | Vidar Finsand | 13.07.1949 | Davos | 12.1.1985 |
| 39,14 | Vidar Finsand | 13.07.1949 | Davos | 13.1.1985 |
| 39,06 | Vidar Finsand | 13.07.1949 | Davos | 20.1.1985 |
| 39,02 | Ivar Njøs | 22.10.1965 | Oslo VH | 5.11.2000 |
| 38,72 | Ivar Njøs | 22.10.1965 | Savalen | 2.12.2000 |
| 38,2 | Ivar Njøs | 22.10.1965 | Hamar V | 30.12.2000 |
| 38,1 | Ivar Njøs | 22.10.1965 | Hamar V | 9.1.2001 |
| 38,09 | Ivar Njøs | 22.10.1965 | Hamar V | 13.2.2001 |
| 37,5 | Ivar Njøs | 22.10.1965 | Hamar V | 20.2.2001 |
| 37,19 | Grunde Njøs | 20.06.1967 | Inzell | 27.10.2001 |
| 37,03 | Grunde Njøs | 20.06.1967 | Inzell | 28.10.2001 |
| 36,31 | Grunde Njøs | 20.06.1967 | Calgary | 9.12.2001 |
| 35,76 | Grunde Njøs | 20.06.1967 | Hamar V | 19.1.2002 |

1000 m

| | | | | |
|---------|----------------------|------------|-------------------|------------|
| 2.10,0 | Emil Monsen 1873 | 17.03.1873 | Kristiania Bi | 31.1.1909 |
| 2.06,2 | Harald A Ryen | 23.02.1870 | Kristiania Bi | 31.1.1909 |
| 2.01,5 | Ivar Kaasen | 13.07.1874 | Kristiania Bi | 23.1.1910 |
| 1.48,2 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Bi | 23.1.1910 |
| 1.45,8 | Oskar Jølstad | 25.09.1875 | Kornsjø | 22.1.1911 |
| 1.44,2 | Karinius Larsen-Stai | 17.08.1874 | Kornsjø | 22.1.1911 |
| 1.43,7 | Olaf Hartvig Hansen | 02.04.1882 | Hamar | 9.3.1919 |
| 1.35,3 | Oscar Mathisen | 04.10.1888 | Tønsberg | 17.2.1924 |
| 1.35,1 | Oscar Mathisen | 04.10.1888 | Skien Odd Stadion | 24.2.1924 |
| 1.31,6 | Oscar Mathisen | 04.10.1888 | Kristiania Fr | 2.3.1924 |
| 1.31,5 | Hans Engnestangen | 28.03.1908 | Hamar S | 20.2.1943 |
| 1.27,4 | Roald Aas | 25.03.1928 | Oslo Bi | 28.2.1963 |
| 1.26,80 | Jon "Joss" Pedersen | 01.09.1940 | Jevnaker | 15.2.1977 |
| 1.25,7 | Svein-Erik Stiansen | 06.05.1942 | Oslo Fr | 12.12.1977 |
| 1.23,8 | Svein-Erik Stiansen | 06.05.1942 | Lillestrøm | 7.1.1978 |
| 1.23,3 | Svein-Erik Stiansen | 06.05.1942 | Lillestrøm | 8.1.1978 |
| 1.19,5 | Vidar Finsand | 13.07.1949 | Inzell | 9.11.1984 |
| 1.17,80 | Vidar Finsand | 13.07.1949 | Davos | 12.1.1985 |
| 1.17,64 | Vidar Finsand | 13.07.1949 | Davos | 20.1.1985 |
| 1.17,1 | Ivar Njøs | 22.10.1965 | Hamar V | 20.2.2001 |
| 1.16,26 | Ivar Njøs | 22.10.1965 | Calgary | 18.3.2001 |
| 1.13,92 | Grunde Njøs | 20.06.1967 | Inzell | 27.10.2001 |

| | | | | |
|---------|-------------|------------|---------|-----------|
| 1.11,63 | Grunde Njøs | 20.06.1967 | Calgary | 8.12.2001 |
| 1.11,58 | Grunde Njøs | 20.06.1967 | Hamar V | 19.1.2002 |
| 1.11,31 | Grunde Njøs | 20.06.1967 | Hamar V | 20.1.2002 |

1500 m

| | | | | |
|---------|-----------------------|------------|-------------------|------------|
| 3.20,0 | Johan Frederik Hansen | 24.01.1856 | Kristiania Ma | 8.1.1893 |
| 3.10,4 | Johan Frederik Hansen | 24.01.1856 | Kristiania Ma | 15.1.1893 |
| 3.00,8 | Johan Andersen Teien | 20.10.1862 | Drammen | 2.2.1902 |
| 2.49,2 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 19.12.1909 |
| 2.44,0 | Bjørn Kraabøl | 12.07.1874 | Hamar Mjøsa | 27.2.1910 |
| 2.43,0 | Bjørn Kraabøl | 12.07.1874 | Hamar Mjøsa | 9.3.1910 |
| 2.36,2 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 20.1.1918 |
| 2.31,5 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 2.2.1918 |
| 2.30,1 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 17.2.1918 |
| 2.28,4 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 26.1.1919 |
| 2.25,8 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 18.1.1920 |
| 2.25,2 | Oscar Mathisen | 04.10.1888 | Stockholm Ö | 13.2.1926 |
| 2.24,2 | Roald Larsen 1898 | 02.01.1898 | Oslo Tr | 24.2.1935 |
| 2.14,0 | Ivar Ballangrud 1904 | 07.03.1904 | Davos | 29.1.1939 |
| 2.13,8 | Roald Aas | 25.03.1928 | Oslo Fr | 21.2.1963 |
| 2.13,5 | Roald Aas | 25.03.1928 | Gjøvik | 3.3.1963 |
| 2.13,0 | Martin Holtung | 17.02.1937 | Lillehammer | 4.12.1971 |
| 2.11,5 | Martin Holtung | 17.02.1937 | Hamar S | 14.2.1973 |
| 2.11,3 | Per Willy Guttormsen | 11.06.1942 | Larvik | 9.1.1977 |
| 2.10,7 | Wim Beukers | 01.08.1942 | Lillestrøm | 18.12.1977 |
| 2.10,1 | Steinar Wennberg | 28.06.1943 | Romedal | 15.1.1978 |
| 2.08,3 | Wim Beukers | 01.08.1942 | Romedal | 15.1.1978 |
| 2.05,46 | Wim Beukers | 01.08.1942 | Savalen | 9.3.1978 |
| 2.03,0 | Øyvind Tveter | 28.03.1954 | Oslo VH | 8.1.1989 |
| 2.01,9 | Øyvind Tveter | 28.03.1954 | Heerenveen | 20.3.1989 |
| 2.00,7 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 10.1.1993 |
| 1.57,43 | Grunde Njøs | 20.06.1967 | Calgary | 21.9.2002 |
| 1.55,47 | Eskil Ervik | 11.01.1975 | Bjugn Fosenhallen | 11.10.2009 |
| 1.52,67 | Eskil Ervik | 11.01.1975 | Hamar V | 18.10.2009 |
| 1.51,76 | Eskil Ervik | 11.01.1975 | Hamar V | 24.10.2009 |
| 1.49,46 | Eskil Ervik | 11.01.1975 | Salt Lake City | 11.12.2009 |

3000 m

| | | | | |
|---------|----------------------|------------|----------------|------------|
| 5.25,0 | Oscar Mathisen | 04.10.1888 | Stabæk | 5.3.1924 |
| 5.22,1 | Roald Larsen 1898 | 02.01.1898 | Oslo Tr | 23.2.1935 |
| 5.21,7 | Roald Larsen 1898 | 02.01.1898 | Tønsberg | 5.3.1935 |
| 5.05,4 | Ivar Ballangrud 1904 | 07.03.1904 | Oppdal | 31.12.1938 |
| 4.52,0 | Ivar Ballangrud 1904 | 07.03.1904 | Bergen Mø | 10.2.1940 |
| 4.49,9 | Gunnar Nilsen 1921 | 23.08.1921 | Geilo | 22.3.1958 |
| 4.46,7 | Roald Aas | 25.03.1928 | Stavanger V | 14.2.1963 |
| 4.46,2 | Roald Aas | 25.03.1928 | Gjøvik | 2.3.1963 |
| 4.46,1 | Roald Aas | 25.03.1928 | Oslo Fr | 15.12.1963 |
| 4.40,6 | Martin Holtung | 17.02.1937 | Kongsberg | 11.12.1971 |
| 4.39,4 | Martin Holtung | 17.02.1937 | Hamar S | 24.2.1973 |
| 4.34,3 | Per Willy Guttormsen | 11.06.1942 | Larvik | 8.1.1977 |
| 4.33,7 | Wim Beukers | 01.08.1942 | Kongsberg | 3.12.1977 |
| 4.29,3 | Wim Beukers | 01.08.1942 | Lillestrøm | 17.12.1977 |
| 4.28,1 | Wim Beukers | 01.08.1942 | Romedal | 14.1.1978 |
| 4.26,8 | Wim Beukers | 01.08.1942 | Brumunddal | 25.2.1978 |
| 4.24,04 | Wim Beukers | 01.08.1942 | Savalen | 8.3.1978 |
| 4.21,3 | Øyvind Tveter | 28.03.1954 | Larvik | 15.12.1988 |
| 4.16,89 | Øyvind Tveter | 28.03.1954 | Davos | 15.1.1989 |
| 4.16,3 | Øyvind Tveter | 28.03.1954 | Skien | 31.1.1989 |
| 4.14,5 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 9.1.1993 |
| 3.54,69 | Eskil Ervik | 11.01.1975 | Hamar V | 15.8.2009 |
| 3.54,16 | Eskil Ervik | 11.01.1975 | Salt Lake City | 12.9.2009 |

5000 m

| | | | | |
|---------|-----------------------------|------------|----------------|------------|
| 12.37,0 | Ove Andresen 1848 | 1848 | Kristiania Frk | 7.3.1886 |
| 11.23,0 | Julius Arnt Johansen Aarnæs | 04.04.1850 | Kristiania Frk | 7.3.1886 |
| 11.20,6 | Ove Andresen 1848 | 1848 | Kristiania V | 21.2.1887 |
| 10.50,8 | Johan Frederik Hansen | 24.01.1856 | Kristiania Ma | 15.1.1893 |
| 10.08,2 | Andreas Thomassen | 1860 | Lysaker | 20.1.1895 |
| 10.04,0 | Bjørn Kraabøl | 12.07.1874 | Lillehammer | 6.3.1910 |
| 9.15,0 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Bi | 15.1.1911 |
| 9.11,1 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 17.2.1918 |
| 9.08,3 | Martin Sæterhaug | 13.08.1882 | Horten | 16.2.1919 |
| 9.07,6 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 23.2.1919 |
| 9.01,3 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 18.1.1920 |
| 8.57,8 | Sverre Aune | 02.01.1894 | Nidaros S | 8.2.1931 |
| 8.53,6 | Ivar Ballangrud 1904 | 07.03.1904 | Oslo Fr | 22.1.1939 |
| 8.21,4 | Ivar Ballangrud 1904 | 07.03.1904 | Davos | 27.1.1939 |
| 8.19,3 | Ivar Ballangrud 1904 | 07.03.1904 | Bergen Mø | 11.2.1940 |
| 8.16,4 | Roald Aas | 25.03.1928 | Oslo Fr | 21.2.1963 |
| 8.15,6 | Per Ødegaard 1931 | 15.04.1931 | Oslo Bi | 2.1.1966 |
| 8.13,8 | Per Ødegaard 1931 | 15.04.1931 | Brandbu | 15.2.1966 |
| 8.13,1 | Per Ødegaard 1931 | 15.04.1931 | Bagn | 2.3.1966 |
| 8.03,0 | Per Ødegaard 1931 | 15.04.1931 | Fagernes | 5.3.1966 |
| 8.02,70 | Martin Holtung | 17.02.1937 | Notodden | 13.1.1973 |
| 7.58,4 | Martin Holtung | 17.02.1937 | Gol | 11.2.1973 |
| 7.47,6 | Wim Beukers | 01.08.1942 | Larvik | 26.11.1977 |
| 7.45,1 | Wim Beukers | 01.08.1942 | Kongsberg | 4.12.1977 |
| 7.40,0 | Wim Beukers | 01.08.1942 | Lillestrøm | 18.12.1977 |
| 7.38,3 | Wim Beukers | 01.08.1942 | Larvik | 26.12.1977 |
| 7.34,4 | Wim Beukers | 01.08.1942 | Romedal | 15.1.1978 |
| 7.25,8 | Øyvind Tveter | 28.03.1954 | Oslo VH | 7.1.1989 |
| 7.24,7 | Halvar Hansen 1956 | 18.04.1956 | Heerenveen | 12.3.1991 |
| 7.18,5 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 10.1.1993 |
| 6.38,17 | Eskil Ervik | 11.01.1975 | Hamar V | 23.10.2009 |

10000 m

| | | | | |
|----------|----------------------|------------|---------------|-----------|
| 20.07,6 | Karinius Larsen-Stai | 17.08.1874 | Hamar | 18.2.1911 |
| 19.09,9 | Martin Sæterhaug | 13.08.1882 | Kristiania Fr | 16.2.1918 |
| 18.43,8 | Martin Sæterhaug | 13.08.1882 | Horten | 15.2.1919 |
| 17.46,0 | Ivar Ballangrud 1904 | 07.03.1904 | Oslo Fr | 13.2.1939 |
| 17.30,5 | Charles Mathiesen | 12.02.1911 | Oslo Bi | 13.1.1946 |
| 17.26,1 | Gunnar Nilsen 1921 | 23.08.1921 | Notodden | 19.1.1958 |
| 16.58,3 | Per Ødegaard 1931 | 15.04.1931 | Brandbu | 9.1.1966 |
| 16.49,5 | Martin Holtung | 17.02.1937 | Gjøvik | 7.1.1973 |
| 16.43,5 | Martin Holtung | 17.02.1937 | Oslo VH | 11.3.1973 |
| 15.57,8 | Wim Beukers | 01.08.1942 | Holmestrand | 2.1.1978 |
| 15.48,8 | Wim Beukers | 01.08.1942 | Holmestrand | 19.2.1978 |
| 15.30,4 | Øyvind Tveter | 28.03.1954 | Oslo VH | 8.1.1989 |
| 13.50,02 | Øystein Grødum | 15.02.1977 | Stavanger SA | 6.11.2011 |
| 13.30,28 | Øystein Grødum | 15.02.1977 | Heerenveen | 3.12.2011 |

Menn (M-40)

500 m

| | | | | |
|------|----------------------|------------|---------------|-----------|
| 66,0 | Jørgen August Larsen | 18.10.1861 | Kristiania Fr | 19.1.1902 |
| 58,1 | Harald A Ryen | 23.02.1870 | Kristiania Bi | 21.1.1912 |
| 54,9 | Harald A Ryen | 23.02.1870 | Kristiania Fr | 23.2.1913 |
| 54,3 | Henry Kristiansen | 1874 | Horten | 1.2.1914 |
| 53,4 | Martinus Lørdahl | 28.07.1873 | Viipuri | 7.3.1914 |
| 53,1 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 28.2.1915 |
| 51,9 | Martinus Lørdahl | 28.07.1873 | Helsinki | 28.2.1915 |
| 51,8 | Martinus Lørdahl | 28.07.1873 | Viipuri | 13.3.1915 |
| 51,8 | Peter Sinnerud | 05.01.1876 | Hamar Mjøsa | 30.1.1916 |
| 51,8 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 6.2.1916 |
| 51,5 | Peter Sinnerud | 05.01.1876 | Kristiania Fr | 6.2.1916 |

| | | | | |
|-------|------------------|------------|---------------|------------|
| 50,4 | Peter Sinnerud | 05.01.1876 | Hamar | 25.2.1917 |
| 49,4 | Peter Sinnerud | 05.01.1876 | Kristiania Dæ | 15.2.1919 |
| 48,6 | Rudolf Gundersen | 06.12.1879 | Kristiania Fr | 15.2.1920 |
| 47,4 | Rudolf Gundersen | 06.12.1879 | Kristiania Fr | 13.2.1921 |
| 46,3 | Martin Sæterhaug | 13.08.1882 | Trondhjem | 24.2.1923 |
| 43,4 | Oscar Mathisen | 04.10.1888 | Davos | 6.1.1929 |
| 43,0 | Oscar Mathisen | 04.10.1888 | Davos | 14.1.1929 |
| 43,0 | Finn Hodt | 16.06.1919 | Oslo Bi | 1.1.1959 |
| 42,9 | Finn Hodt | 16.06.1919 | Hamar S | 10.1.1960 |
| 42,1 | Hroar Elvenes | 02.04.1932 | Geilo | 20.1.1974 |
| 41,69 | Steinar Wennberg | 28.06.1943 | Medeo | 23.3.1983 |
| 41,0 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 31.1.1989 |
| 40,5 | Vidar Finsand | 13.07.1949 | Oslo VH | 24.1.1990 |
| 40,4 | Vidar Finsand | 13.07.1949 | Savalen | 17.2.1990 |
| 40,2 | Vidar Finsand | 13.07.1949 | Savalen | 18.2.1990 |
| 40,1 | Vidar Finsand | 13.07.1949 | Oslo VH | 3.3.1990 |
| 38,6 | Ivar Njøs | 22.10.1965 | Hamar V | 13.8.2005 |
| 38,27 | Ivar Njøs | 22.10.1965 | Hamar V | 22.10.2005 |
| 37,6 | Ivar Njøs | 22.10.1965 | Hamar V | 24.1.2006 |
| 37,5 | Ivar Njøs | 22.10.1965 | Hamar V | 21.12.2006 |

1000 m

| | | | | |
|---------|---------------------------|------------|---------------|------------|
| 2.04,0 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 31.1.1909 |
| 1.57,8 | James Jamessen 1866 | 21.05.1866 | Kristiania Bi | 31.1.1909 |
| 1.51,0 | Harald A Ryen | 23.02.1870 | Kornsjø | 22.1.1911 |
| 1.50,8 | Karinius Larsen-Stai | 17.08.1874 | Stockholm St | 1.3.1919 |
| 1.48,6 | Oskar Jølstad | 25.09.1875 | Stockholm St | 1.3.1919 |
| 1.45,0 | Peter Sinnerud | 05.01.1876 | Hamar | 9.3.1919 |
| 1.31,1 | Oscar Mathisen | 04.10.1888 | Davos | 10.1.1929 |
| 1.31,0 | Karstein Johansen 1937 | 05.05.1937 | Oslo VH | 3.12.1979 |
| 1.30,0 | Reidar Jenssen | 02.01.1941 | Kristiansand | 18.1.1981 |
| 1.29,71 | Sem Bratland | 08.04.1941 | Savalen | 12.3.1981 |
| 1.27,3 | Per Willy Guttormsen | 11.06.1942 | Asker | 16.12.1981 |
| 1.26,4 | Steinar Wennberg | 28.06.1943 | Oslo VH | 4.12.1982 |
| 1.26,30 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 16.2.1988 |
| 1.24,5 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 26.11.1988 |
| 1.24,3 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 31.1.1989 |
| 1.23,6 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 1.2.1989 |
| 1.23,5 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 19.12.1989 |
| 1.23,4 | Vidar Finsand | 13.07.1949 | Oslo VH | 19.12.1989 |
| 1.22,0 | Vidar Finsand | 13.07.1949 | Oslo VH | 24.1.1990 |
| 1.21,7 | Vidar Finsand | 13.07.1949 | Savalen | 17.2.1990 |
| 1.21,2 | Vidar Finsand | 13.07.1949 | Savalen | 18.2.1990 |
| 1.20,67 | Vidar Finsand | 13.07.1949 | Savalen | 13.3.1990 |
| 1.20,51 | Espen Hansen | 03.01.1956 | Hamar V | 7.3.1999 |
| 1.18,68 | Ivar Njøs | 22.10.1965 | Hamar V | 8.10.2005 |
| 1.17,7 | Ivar Njøs | 22.10.1965 | Hamar V | 10.1.2006 |
| 1.17,04 | Ivar Njøs | 22.10.1965 | Hamar V | 28.1.2006 |
| 1.16,5 | Ivar Njøs | 22.10.1965 | Hamar V | 21.12.2006 |
| 1.16,23 | Ivar Njøs | 22.10.1965 | Calgary | 18.2.2007 |

1500 m

| | | | | |
|--------|-----------------------|------------|---------------|-----------|
| 2.59,5 | Harald A Ryen | 23.02.1870 | Kristiania Bi | 21.1.1912 |
| 2.53,1 | Harald A Ryen | 23.02.1870 | Kristiania Fr | 23.2.1913 |
| 2.52,7 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 21.2.1915 |
| 2.49,9 | Martinus Lørdahl | 28.07.1873 | Helsinki | 28.2.1915 |
| 2.48,9 | Peter Sinnerud | 05.01.1876 | Hamar Mjøsa | 30.1.1916 |
| 2.47,5 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 6.2.1916 |
| 2.47,4 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Dæ | 10.2.1918 |
| 2.42,6 | Oskar Jølstad | 25.09.1875 | Kongsberg | 17.2.1918 |
| 2.39,0 | Johan Hansen 1880 | 04.03.1880 | Kristiania Fr | 11.1.1920 |
| 2.37,2 | Leonard Kristoffersen | 03.12.1882 | Hamar S | 15.2.1923 |

| | | | | |
|---------|----------------------|------------|--------------|------------|
| 2.19,4 | Oscar Mathisen | 04.10.1888 | Davos | 14.1.1929 |
| 2.19,04 | Sem Bratland | 08.04.1941 | Savalen | 14.3.1981 |
| 2.12,1 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 14.1.1982 |
| 2.11,6 | Wim Beukers | 01.08.1942 | Lillestrøm | 19.12.1982 |
| 2.11,6 | Steinar Wennberg | 28.06.1943 | Gjøvik | 30.1.1983 |
| 2.09,91 | Steinar Wennberg | 28.06.1943 | Medeo | 24.3.1983 |
| 2.09,0 | Kai Roger Olsen | 28.01.1948 | Heerenveen | 20.3.1989 |
| 2.07,9 | Kai Roger Olsen | 28.01.1948 | Heerenveen | 22.3.1989 |
| 2.05,0 | Erik Vea | 11.06.1951 | Oslo VH | 11.12.1991 |
| 2.04,5 | Vidar Finsand | 13.07.1949 | Hamar V | 10.2.1993 |
| 2.04,46 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 7.1.1996 |
| 2.03,85 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 14.1.1996 |
| 2.03,83 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 11.1.1998 |
| 2.03,49 | Pål Agdestein | 26.05.1957 | Hamar V | 8.11.1998 |
| 2.03,31 | Pål Agdestein | 26.05.1957 | Hamar V | 15.12.1998 |
| 2.02,28 | Espen Hansen | 03.01.1956 | Hamar V | 6.3.1999 |
| 2.01,3 | Ivar Njøs | 22.10.1965 | Hamar V | 24.1.2006 |
| 2.01,16 | Ivar Njøs | 22.10.1965 | Hamar V | 14.1.2007 |
| 2.01,06 | Sigmund Akselsen | 29.10.1962 | Calgary | 23.2.2007 |
| 1.58,24 | Ivar Njøs | 22.10.1965 | Calgary | 23.2.2007 |
| 1.57,85 | Thor Olav Tveter | 25.02.1972 | Stavanger SA | 9.3.2014 |

3000 m

| | | | | |
|---------|-------------------------|------------|-------------------|------------|
| 7.55,1 | Håkon Wahl | 13.01.1888 | Trondhjem Ro | 15.1.1928 |
| 7.24,7 | Arvid Eide | 1887 | Nidaros | 8.2.1930 |
| 7.09,9 | Arvid Eide | 1887 | Nidaros Rosenborg | 25.1.1931 |
| 6.39,9 | Olaf Høglund | 1890 | Trondheim Ro | 26.2.1933 |
| 6.15,0 | Leif Amundsen 1898 | 28.05.1898 | Trondheim R | 19.12.1937 |
| 5.41,4 | Bjarne Granaas | 12.12.1896 | Trondheim R | 19.12.1937 |
| 5.32,2 | Ivar Ballangrud 1904 | 07.03.1904 | Moskva LD | 4.3.1946 |
| 5.23,2 | Ivar Ballangrud 1904 | 07.03.1904 | Røros | 24.3.1947 |
| 5.21,8 | Ingvar Dahl Eldegard | 03.10.1914 | Kristiansand | 21.1.1956 |
| 5.16,0 | Oscar Gabrielsen 1916 | 23.03.1916 | Oslo Jo | 21.1.1956 |
| 5.11,6 | Oscar Gabrielsen 1916 | 23.03.1916 | Oslo Jo | 19.1.1957 |
| 5.04,7 | Odd Lundberg | 03.10.1917 | Skarnes | 26.1.1958 |
| 4.57,1 | Odd Lundberg | 03.10.1917 | Moss | 8.2.1958 |
| 4.54,0 | Odd Lundberg | 03.10.1917 | Arvika | 21.2.1958 |
| 4.51,3 | Odd Lundberg | 03.10.1917 | Vågå | 9.3.1958 |
| 4.50,0 | Odd Lundberg | 03.10.1917 | Geilo | 22.3.1958 |
| 4.49,3 | Jon "Joss" Pedersen | 01.09.1940 | Hundorp | 31.1.1981 |
| 4.32,4 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 5.12.1981 |
| 4.30,3 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 12.1.1982 |
| 4.30,3 | Kai Roger Olsen | 28.01.1948 | Heerenveen | 21.3.1989 |
| 4.29,5 | Erik Vea | 11.06.1951 | Savalen | 9.3.1991 |
| 4.28,0 | Øivind Bystad | 21.03.1950 | Hamar V | 9.1.1993 |
| 4.24,5 | Erik Vea | 11.06.1951 | Hamar V | 9.1.1993 |
| 4.24,44 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 6.1.1996 |
| 4.21,3 | Halvar Hansen 1956 | 18.04.1956 | Hamar V | 13.1.1996 |
| 4.19,17 | Pål Agdestein | 26.05.1957 | Hamar V | 19.12.1998 |
| 4.11,21 | Espen Hansen | 03.01.1956 | Hamar V | 7.3.1999 |
| 4.10,48 | Ole Morten Mellemstrand | 25.01.1973 | Stavanger SA | 18.1.2014 |
| 4.09,24 | Ole Morten Mellemstrand | 25.01.1973 | Stavanger SA | 8.3.2014 |
| 4.08,05 | Thor Olav Tveter | 25.02.1972 | Stavanger SA | 8.3.2014 |
| 4.06,38 | Øystein Grødum | 15.02.1977 | Stavanger SA | 7.1.2018 |
| 4.03,87 | Øystein Grødum | 15.02.1977 | Hamar V | 27.10.2018 |

5000 m

| | | | | |
|---------|-------------------|------------|--------------|-----------|
| 10.42,6 | Ove Andresen 1848 | 1848 | Kristiania V | 19.2.1888 |
| 10.27,4 | Martinus Lørdahl | 28.07.1873 | Viipuri | 13.3.1915 |
| 10.27,2 | Eilif Sørensen | 1883 | Rjukan | 24.2.1924 |
| 10.24,4 | John Schulstad | 1882 | Elverum | 9.2.1925 |
| 10.05,8 | John Schulstad | 1882 | Elverum | 12.3.1926 |

| | | | | |
|---------|-------------------------|------------|--------------|------------|
| 9.34,6 | Kristian Fjeld | 08.09.1902 | Setskog | 17.1.1946 |
| 8.55,2 | Ivar Ballangrud 1904 | 07.03.1904 | Lillehammer | 21.12.1947 |
| 8.52,9 | Oscar Gabrielsen 1916 | 23.03.1916 | Oslo Jo | 22.1.1956 |
| 8.47,7 | Oscar Gabrielsen 1916 | 23.03.1916 | Larvik | 5.2.1956 |
| 8.30,8 | Odd Lundberg | 03.10.1917 | Fagernes | 22.12.1957 |
| 8.14,5 | Odd Lundberg | 03.10.1917 | Fagernes | 15.3.1958 |
| 7.54,8 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 14.1.1982 |
| 7.52,7 | Wim Beukers | 01.08.1942 | Larvik | 21.11.1982 |
| 7.43,8 | Wim Beukers | 01.08.1942 | Larvik | 12.12.1982 |
| 7.40,7 | Wim Beukers | 01.08.1942 | Larvik | 27.12.1982 |
| 7.39,73 | Erik Veaa | 11.06.1951 | Larvik | 14.12.1991 |
| 7.38,64 | Erik Veaa | 11.06.1951 | Savalen | 28.12.1991 |
| 7.33,7 | Erik Veaa | 11.06.1951 | Hamar V | 10.1.1993 |
| 7.27,24 | Pål Agdestein | 26.05.1957 | Hamar V | 8.11.1998 |
| 7.25,6 | Ivar Martin Dahl | 25.07.1955 | Hamar V | 22.1.2000 |
| 7.25,54 | Pål Agdestein | 26.05.1957 | Berlin S | 26.2.2000 |
| 7.24,38 | Ivar Martin Dahl | 25.07.1955 | Berlin S | 26.2.2000 |
| 7.17,23 | Atle Vårvik | 12.12.1965 | Calgary | 24.2.2007 |
| 7.16,78 | Thor Olav Tveter | 25.02.1972 | Stavanger SA | 9.3.2014 |
| 7.12,71 | Ole Morten Mellemstrand | 25.01.1973 | Stavanger SA | 9.3.2014 |
| 7.03,30 | Øystein Grødum | 15.02.1977 | Stavanger SA | 22.1.2017 |
| 6.58,76 | Øystein Grødum | 15.02.1977 | Stavanger SA | 6.1.2018 |
| 6.51,66 | Øystein Grødum | 15.02.1977 | Hamar V | 28.10.2018 |
| 6.40,96 | Øystein Grødum | 15.02.1977 | Stavanger SA | 16.3.2019 |

10000 m

| | | | | |
|----------|-------------------------|------------|--------------|------------|
| 22.55,8 | Trygve Gulbrandsen 1896 | 28.04.1896 | Oslo Fr | 2.3.1936 |
| 17.54,6 | Odd Lundberg | 03.10.1917 | Narvik | 6.1.1958 |
| 17.10,5 | Odd Lundberg | 03.10.1917 | Fagernes | 16.3.1958 |
| 16.31,1 | Per Willy Guttormsen | 11.06.1942 | Oslo Bi | 17.1.1982 |
| 16.27,1 | Harald Westerheim | 27.09.1945 | Medeo | 8.3.1986 |
| 16.08,3 | Klaus Vikeså | 07.09.1943 | Heerenveen | 25.1.1988 |
| 15.57,9 | Øivind Øiseth | 05.04.1951 | Hamar V | 11.3.1993 |
| 15.27,70 | Torbjørn Lorentzen | 26.02.1959 | Hamar V | 26.1.2003 |
| 15.26,08 | Ole Morten Mellemstrand | 25.01.1973 | Stavanger SA | 30.3.2014 |
| 14.21,45 | Øystein Grødum | 15.02.1977 | Hamar V | 4.3.2018 |
| 14.19,23 | Øystein Grødum | 15.02.1977 | Arendal | 30.12.2018 |
| 13.39,12 | Øystein Grødum | 15.02.1977 | Stavanger SA | 17.3.2019 |

Menn (M-45)

500 m

| | | | | |
|------|----------------------------|------------|---------------|------------|
| 59,9 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Bi | 21.1.1912 |
| 58,3 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 21.1.1912 |
| 58,0 | James Jamessen 1866 | 21.05.1866 | Kristiania Bi | 21.1.1912 |
| 57,6 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 22.12.1912 |
| 57,2 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 26.1.1913 |
| 55,7 | James Jamessen 1866 | 21.05.1866 | Kristiania Fr | 23.2.1913 |
| 54,9 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 23.2.1913 |
| 54,1 | Christopher Andresen Røed | 10.09.1865 | Kristiania Fr | 23.2.1913 |
| 53,4 | Olaf Kaspersen | 1872 | Moss | 23.2.1919 |
| 52,7 | Martinus Lørdahl | 28.07.1873 | Stockholm St | 2.3.1919 |
| 51,9 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 11.1.1920 |
| 51,7 | Martinus Lørdahl | 28.07.1873 | Kristiania Fr | 15.2.1920 |
| 49,4 | Karinius Larsen-Stai | 17.08.1874 | Kongsberg | 22.2.1920 |
| 48,8 | Peter Sinnerud | 05.01.1876 | Hamar S | 9.2.1922 |
| 48,1 | Erling Meisingset | 27.09.1903 | Oslo Jo | 5.2.1949 |
| 47,9 | Erling Meisingset | 27.09.1903 | Oslo Bi | 2.1950 |
| 46,7 | Erling Meisingset | 27.09.1903 | Oslo Jo | 1.3.1950 |
| 46,1 | Odd Lundberg | 03.10.1917 | Hønefoss | 29.1.1963 |
| 45,4 | Magne Hval 1919 | 21.04.1919 | Hamar S | 10.2.1965 |
| 44,0 | Gunnar Konsmo | 13.06.1922 | Oslo Fr | 9.2.1967 |

| | | | | |
|-------|----------------------|------------|--------------|------------|
| 43,6 | Martin Haakon Fagna | 16.01.1932 | Oslo Fr | 10.1.1979 |
| 43,20 | Per Willy Guttormsen | 11.06.1942 | Oslo Fr | 14.1.1987 |
| 43,07 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 20.1.1987 |
| 42,35 | Knut Harald Nesse | 08.08.1942 | Calgary | 7.3.1988 |
| 42,2 | Knut Harald Nesse | 08.08.1942 | Medeo | 22.2.1989 |
| 42,1 | Bjørn Tveter | 13.06.1944 | Larvik | 13.2.1990 |
| 41,4 | Bjørn Tveter | 13.06.1944 | Heerenveen | 13.3.1990 |
| 41,3 | Vidar Finsand | 13.07.1949 | Oslo VH | 30.11.1994 |
| 39,8 | Vidar Finsand | 13.07.1949 | Oslo VH | 11.1.1995 |
| 39,06 | Ivar Njøs | 22.10.1965 | Hamar V | 13.11.2010 |
| 38,28 | Ivar Njøs | 22.10.1965 | Hamar V | 20.11.2010 |
| 37,91 | Ivar Njøs | 22.10.1965 | Hamar V | 9.1.2011 |
| 37,90 | Ivar Njøs | 22.10.1965 | Hamar V | 26.2.2011 |
| 37,76 | Ivar Njøs | 22.10.1965 | Hamar V | 27.2.2011 |
| 37,58 | Ivar Njøs | 22.10.1965 | Stavanger SA | 12.3.2011 |

1000 m

| | | | | |
|---------|-----------------------|------------|----------------|------------|
| 1.53,8 | Andreas Thomassen | 1860 | Kristiania Bi | 31.1.1909 |
| 1.51,8 | Martinus Lørdahl | 28.07.1873 | Stockholm St | 1.3.1919 |
| 1.50,0 | Peter Sinnerud | 05.01.1876 | Hamar S | 15.2.1923 |
| 1.49,2 | Albert Andresen | 1888 | Oslo Jo | 13.2.1936 |
| 1.48,2 | Olaf Høglund | 1890 | Trondheim R | 1.3.1936 |
| 1.48,0 | Albert Andresen | 1888 | Oslo Tr | 14.3.1936 |
| 1.46,0 | Anker Andersen 1898 | 1898 | Oslo Jo | 19.2.1946 |
| 1.45,6 | Fredrik Mikkelsen | 15.07.1901 | Oslo Fr | 9.2.1947 |
| 1.44,6 | Anker Andersen 1898 | 1898 | Oslo Jo | 20.2.1947 |
| 1.44,6 | Birger Holst | 18.12.1902 | Oslo Jo | .3.1948 |
| 1.40,6 | Erling Meisingset | 27.09.1903 | Oslo Bi | 2.2.1949 |
| 1.38,7 | Erling Meisingset | 27.09.1903 | Oslo Bi | .2.1950 |
| 1.35,7 | Erling Meisingset | 27.09.1903 | Oslo Jo | 1.3.1950 |
| 1.35,4 | Odd Lundberg | 03.10.1917 | Oslo Jo | 24.1.1963 |
| 1.33,9 | Gunnar Konsmo | 13.06.1922 | Oslo Bi | 3.1.1967 |
| 1.33,4 | Gunnar Konsmo | 13.06.1922 | Oslo Fr | 9.2.1967 |
| 1.30,1 | Martin Haakon Fagna | 16.01.1932 | Hol | 25.3.1979 |
| 1.29,5 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 19.11.1979 |
| 1.28,96 | Sem Bratland | 08.04.1941 | Savalen | 6.3.1987 |
| 1.28,23 | Sem Bratland | 08.04.1941 | Savalen | 8.3.1987 |
| 1.28,2 | Arnulf Agasøster | 31.03.1942 | Medeo | 9.3.1987 |
| 1.25,37 | Knut Harald Nesse | 08.08.1942 | Calgary | 8.3.1988 |
| 1.25,0 | Knut Harald Nesse | 08.08.1942 | Medeo | 26.2.1989 |
| 1.24,71 | Kai Roger Olsen | 28.01.1948 | Oslo VH | 20.1.1993 |
| 1.22,4 | Vidar Finsand | 13.07.1949 | Oslo VH | 16.11.1994 |
| 1.21,75 | Vidar Finsand | 13.07.1949 | Oslo VH | 11.1.1995 |
| 1.20,85 | Geir Hestad | 27.03.1954 | Hamar V | 7.3.1999 |
| 1.20,37 | Geir Hestad | 27.03.1954 | Hamar V | 26.1.2003 |
| 1.19,33 | Morten Henriksen 1958 | 03.12.1958 | Calgary | 18.2.2007 |
| 1.17,75 | Ivar Njøs | 22.10.1965 | Hamar V | 20.11.2010 |
| 1.16,52 | Ivar Njøs | 22.10.1965 | Hamar V | 8.1.2011 |
| 1.16,46 | Ivar Njøs | 22.10.1965 | Hamar V | 2.12.2012 |
| 1.15,43 | Ivar Njøs | 22.10.1965 | Calgary | 9.3.2013 |
| 1.15,40 | Ivar Njøs | 22.10.1965 | Calgary | 10.3.2013 |
| 1.15,15 | Ivar Njøs | 22.10.1965 | Salt Lake City | 16.3.2013 |
| 1.14,88 | Ivar Njøs | 22.10.1965 | Salt Lake City | 17.3.2013 |

1500 m

| | | | | |
|--------|----------------------------|------------|---------------|-----------|
| 3.09,8 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 21.1.1912 |
| 3.04,8 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Bi | 21.1.1912 |
| 3.00,3 | James Jamessen 1866 | 21.05.1866 | Kristiania Bi | 26.1.1913 |
| 2.56,9 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Bi | 26.1.1913 |
| 2.56,9 | Christopher Andresen Røed | 10.09.1865 | Kristiania Fr | 23.2.1913 |
| 2.54,0 | James Jamessen 1866 | 21.05.1866 | Kristiania Fr | 23.2.1913 |
| 2.50,7 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 23.2.1913 |

| | | | | |
|---------|-----------------------|------------|----------------|------------|
| 2.44,3 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 11.1.1920 |
| 2.43,4 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Fr | 12.2.1921 |
| 2.42,3 | Karinius Larsen-Stai | 17.08.1874 | Kristiania Dæ | 6.3.1921 |
| 2.39,4 | Fredrik Mikkelsen | 15.07.1901 | Oslo Jo | 6.2.1949 |
| 2.35,6 | Erling Meisingset | 27.09.1903 | Oslo Jo | 6.2.1949 |
| 2.23,8 | Odd Lundberg | 03.10.1917 | Arendal | 13.1.1963 |
| 2.23,3 | Willy Leong Nilsen | 25.12.1923 | Oslo Fr | 24.2.1972 |
| 2.21,7 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 18.3.1978 |
| 2.18,6 | Asbjørn Bergli | 28.03.1935 | Oslo Bi | 16.1.1980 |
| 2.18,5 | Bjørnar Jenssen | 05.06.1939 | Narvik | 26.1.1986 |
| 2.10,98 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 21.1.1987 |
| 2.10,54 | Knut Harald Nesse | 08.08.1942 | Calgary | 10.3.1988 |
| 2.08,5 | Knut Harald Nesse | 08.08.1942 | Medeo | 15.3.1991 |
| 2.06,2 | Kai Roger Olsen | 28.01.1948 | Hamar V | 10.1.1993 |
| 2.04,88 | Geir Hestad | 27.03.1954 | Hamar V | 6.3.1999 |
| 2.04,10 | Pål Agdestein | 26.05.1957 | Hamar V | 26.1.2002 |
| 2.03,90 | Ivar Martin Dahl | 25.07.1955 | Hamar V | 26.1.2002 |
| 2.02,88 | Geir Hestad | 27.03.1954 | Hamar V | 26.1.2002 |
| 2.02,52 | Espen Hansen | 03.01.1956 | Hamar V | 26.1.2002 |
| 2.02,23 | John Arthur Olafsen | 22.06.1960 | Hamar V | 22.10.2006 |
| 2.00,13 | John Arthur Olafsen | 22.06.1960 | Salt Lake City | 10.2.2007 |
| 2.00,09 | Morten Henriksen 1958 | 03.12.1958 | Calgary | 23.2.2007 |
| 1.56,92 | John Arthur Olafsen | 22.06.1960 | Calgary | 23.2.2007 |

3000 m

| | | | | |
|---------|----------------------|------------|----------------|------------|
| 7.20,7 | Sigurd Larsen 1879 | 1879 | Trondhjem Ro | 15.1.1928 |
| 7.20,0 | Olaf Pettersen 1886 | 1886 | Trondheim Ro | 26.2.1933 |
| 6.58,7 | Arvid Eide | 1887 | Trondheim Ro | 26.2.1933 |
| 6.46,0 | Ludvik Kleveland | 23.03.1901 | Bromma | 10.3.1946 |
| 5.58,9 | Harald Aaser | 1899 | Trøgstad | 26.1.1947 |
| 5.55,6 | Harald Aaser | 1899 | Trøgstad | 26.2.1947 |
| 5.54,5 | Oskar Olsrud | 17.03.1904 | Jevnaker | 23.2.1950 |
| 5.40,7 | Kristian Fjeld | 08.09.1902 | Lillestrøm | 25.2.1950 |
| 5.32,6 | Oddmund Tonning | 15.01.1912 | Olden | 24.2.1957 |
| 5.04,7 | Odd Lundberg | 03.10.1917 | Arendal | 12.1.1963 |
| 5.03,2 | Odd Lundberg | 03.10.1917 | Molde | 16.2.1963 |
| 5.02,3 | Odd Lundberg | 03.10.1917 | Oslo Fr | 20.2.1963 |
| 5.00,6 | Asbjørn Bergli | 28.03.1935 | Oslo Bi | 9.2.1980 |
| 5.00,3 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 20.2.1980 |
| 5.00,2 | Asbjørn Bergli | 28.03.1935 | Oslo Fr | 10.2.1981 |
| 4.58,0 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 11.1.1982 |
| 4.55,7 | Bjørnar Jenssen | 05.06.1939 | Tromsø | 21.12.1983 |
| 4.54,3 | Bjørnar Jenssen | 05.06.1939 | Tromsø | 21.1.1984 |
| 4.47,4 | Fred Anton Maier | 15.12.1938 | Tønsberg | 26.2.1986 |
| 4.44,07 | Per Willy Guttormsen | 11.06.1942 | Oslo Fr | 14.1.1987 |
| 4.38,89 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 20.1.1987 |
| 4.37,65 | Knut Harald Nesse | 08.08.1942 | Calgary | 7.3.1988 |
| 4.36,0 | Knut Harald Nesse | 08.08.1942 | Medeo | 16.3.1991 |
| 4.21,8 | Kai Roger Olsen | 28.01.1948 | Hamar V | 9.1.1993 |
| 4.20,25 | Ragnvald Næss | 05.07.1954 | Berlin S | 25.2.2000 |
| 4.19,82 | Pål Agdestein | 26.05.1957 | Hamar V | 26.1.2002 |
| 4.18,46 | Ragnvald Næss | 05.07.1954 | Hamar V | 26.1.2002 |
| 4.17,94 | Espen Hansen | 03.01.1956 | Hamar V | 26.1.2002 |
| 4.17,92 | Ivar Martin Dahl | 25.07.1955 | Hamar V | 26.1.2002 |
| 4.15,96 | John Arthur Olafsen | 22.06.1960 | Hamar V | 22.1.2006 |
| 4.13,50 | John Arthur Olafsen | 22.06.1960 | Salt Lake City | 17.2.2007 |
| 4.09,63 | John Arthur Olafsen | 22.06.1960 | Calgary | 22.2.2007 |

5000 m

| | | | | |
|---------|----------------------------|------------|---------------|-----------|
| 10.49,8 | Christopher Andresen Røed | 10.09.1865 | Kristiania Bi | 26.1.1913 |
| 10.20,5 | James Jamessen 1866 | 21.05.1866 | Kristiania Bi | 26.1.1913 |
| 10.10,0 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Bi | 26.1.1913 |

| | | | | |
|---------|----------------------|------------|------------|------------|
| 9.40,9 | Kristian Fjeld | 08.09.1902 | Lillestrøm | 26.2.1950 |
| 8.26,1 | Odd Lundberg | 03.10.1917 | Arendal | 13.1.1963 |
| 8.22,9 | Odd Lundberg | 03.10.1917 | Hønefoss | 29.1.1963 |
| 7.42,9 | Per Willy Guttormsen | 11.06.1942 | Oslo VH | 10.12.1986 |
| 7.35,2 | Kai Roger Olsen | 28.01.1948 | Hamar V | 10.1.1993 |
| 7.28,78 | Anders Ruud 1951 | 20.05.1951 | Berlin S | 26.2.2000 |
| 7.21,55 | Ragnvald Næss | 05.07.1954 | Berlin S | 26.2.2000 |
| 7.18,47 | Espen Hansen | 03.01.1956 | Hamar V | 27.1.2002 |
| 7.12,95 | John Arthur Olafsen | 22.06.1960 | Calgary | 24.2.2007 |
| 7.08,50 | Atle Vårvik | 12.12.1965 | Calgary | 26.2.2011 |

10000 m

| | | | | |
|----------|---------------------|------------|----------------|------------|
| 20.40,4 | Peter Sinnerud | 05.01.1876 | Hamar S | 25.1.1923 |
| 19.34,0 | Peter Sinnerud | 05.01.1876 | Hamar S | 31.1.1924 |
| 18.28,0 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 9.3.1981 |
| 18.13,5 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 15.2.1984 |
| 17.40,3 | Ole Støen | 24.03.1939 | Oslo VH | 15.2.1984 |
| 17.30,7 | Ole Støen | 24.03.1939 | Oslo Bi | 26.2.1986 |
| 16.47,08 | Knut Harald Nesse | 08.08.1942 | Calgary | 14.3.1988 |
| 16.32,0 | Klaus Vikeså | 07.09.1943 | Savalen | 10.3.1991 |
| 16.23,6 | Klaus Vikeså | 07.09.1943 | Savalen | 10.3.1992 |
| 16.21,7 | Kai Roger Olsen | 28.01.1948 | Hamar V | 11.3.1993 |
| 15.53,6 | Klaus Vikeså | 07.09.1943 | Hamar V | 21.3.1993 |
| 15.42,8 | Anders Ruud 1951 | 20.05.1951 | Hamar V | 23.1.2000 |
| 15.35,0 | Ragnvald Næss | 05.07.1954 | Hamar V | 23.1.2000 |
| 15.29,53 | Ragnvald Næss | 05.07.1954 | Hamar V | 21.1.2001 |
| 15.22,63 | John Arthur Olafsen | 22.06.1960 | Hamar V | 12.11.2006 |
| 15.14,26 | Jon Kjetil Gauslaa | 10.01.1962 | Salt Lake City | 2.3.2011 |

Menn (M-50)

500 m

| | | | | |
|-------|----------------------------|------------|---------------|------------|
| 61,2 | Bernhard Chr Bjørnstad | 1860 | Eidsberg | 29.1.1911 |
| 57,4 | Bernhard Chr Bjørnstad | 1860 | Kristiania Bi | 21.1.1912 |
| 57,4 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 4.1.1914 |
| 56,1 | Hjalmar August Johannessen | 31.08.1863 | Horten | 1.2.1914 |
| 55,2 | Hjalmar August Johannessen | 31.08.1863 | Hamar | 25.2.1917 |
| 54,6 | Johannes H Flagstad | 1876 | Hamar S | 10.12.1925 |
| 51,6 | Peter Sinnerud | 05.01.1876 | Hamar S | 10.12.1925 |
| 51,3 | Peter Sinnerud | 05.01.1876 | Hamar S | 26.1.1927 |
| 51,2 | Einar Hansen 1896 | 24.05.1896 | Oslo Jo | .1.1946 |
| 50,1 | Eugen Berntzen | 23.08.1896 | Oslo Bi | 13.1.1948 |
| 49,8 | Eugen Berntzen | 23.08.1896 | Oslo Jo | 5.2.1949 |
| 48,9 | Oskar Olsrud | 17.03.1904 | Jevnaker | 13.3.1956 |
| 48,6 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 5.1.1965 |
| 47,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Jo | 21.1.1965 |
| 47,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Jo | 2.2.1967 |
| 46,8 | Odd Lundberg | 03.10.1917 | Oslo Fr | 23.1.1968 |
| 46,8 | Willy Leong Nilsen | 25.12.1923 | Oslo VH | 22.1.1974 |
| 46,1 | Willy Leong Nilsen | 25.12.1923 | Oslo VH | 25.2.1974 |
| 45,2 | Martin Haakon Fagna | 16.01.1932 | Oslo Bi | 13.1.1982 |
| 45,0 | Martin Haakon Fagna | 16.01.1932 | Oslo Fr | 27.1.1982 |
| 44,6 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 10.3.1986 |
| 44,3 | Bjørnar Jenssen | 05.06.1939 | Hol | 4.3.1989 |
| 43,9 | Bjørnar Jenssen | 05.06.1939 | Heerenveen | 22.3.1989 |
| 43,9 | Svein-Erik Stiansen | 06.05.1942 | Oslo VH | 9.11.1991 |
| 43,6 | Bjørnar Jenssen | 05.06.1939 | Medeo | 10.3.1992 |
| 43,5 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 15.2.1993 |
| 43,2 | Knut Harald Nesse | 08.08.1942 | Hamar V | 15.1.1994 |
| 43,1 | Leif Harry Hansen | 22.02.1944 | Hamar V | 15.1.1994 |
| 42,1 | Asbjørn Hildrum | 20.05.1944 | Hamar V | 15.1.1994 |
| 41,96 | Rolf Pedersen 1949 | 08.10.1949 | Hamar V | 25.1.2002 |

| | | | | |
|-------|-----------------------|------------|-----------------|------------|
| 41,9 | Geir Hestad | 27.03.1954 | Harstad | 7.2.2004 |
| 41,61 | Geir Hestad | 27.03.1954 | Hamar V | 21.2.2004 |
| 41,54 | Erik Vea | 11.06.1951 | Calgary | 10.3.2004 |
| 41,3 | Arne Stenhaug | 16.06.1955 | Oslo VH | 27.1.2007 |
| 41,25 | Arne Stenhaug | 16.06.1955 | Calgary | 18.2.2007 |
| 41,22 | Arne Stenhaug | 16.06.1955 | Calgary | 22.2.2007 |
| 41,17 | Rolf Svan Amundsen | 03.07.1955 | Calgary | 22.2.2007 |
| 41,1 | Geir Hestad | 27.03.1954 | Harstad | 30.1.2008 |
| 40,96 | Morten Henriksen 1958 | 03.12.1958 | Hamar V | 4.1.2009 |
| 40,58 | Morten Henriksen 1958 | 03.12.1958 | Calgary | 21.3.2009 |
| 38,63 | Ivar Njøs | 22.10.1965 | Hamar V | 21.11.2015 |
| 38,55 | Ivar Njøs | 22.10.1965 | Stavanger SA | 13.2.2016 |
| 38,47 | Ivar Njøs | 22.10.1965 | Baselga di Piné | 27.2.2016 |
| 38,38 | Ivar Njøs | 22.10.1965 | Stavanger SA | 13.3.2016 |
| 38,21 | Ivar Njøs | 22.10.1965 | Hamar V | 26.11.2016 |

1000 m

| | | | | |
|---------|------------------------|------------|---------------|------------|
| 2.16,4 | Jørgen Jensen | 04.03.1858 | Kristiania Bi | 31.1.1909 |
| 2.10,6 | Johan Frederik Hansen | 24.01.1856 | Kristiania Bi | 31.1.1909 |
| 2.04,4 | Bernhard Chr Bjørnstad | 1860 | Kristiania Bi | 23.1.1910 |
| 1.58,2 | Andreas Thomassen | 1860 | Kristiania Bi | 23.1.1910 |
| 1.57,4 | Bernhard Chr Bjørnstad | 1860 | Kristiania Bi | 19.2.1911 |
| 1.54,6 | Bernhard Chr Bjørnstad | 1860 | Kristiania Fr | 25.2.1912 |
| 1.47,9 | Einar Hansen 1896 | 24.05.1896 | Oslo Jo | 19.2.1946 |
| 1.47,1 | Eugen Berntzen | 23.08.1896 | Oslo Bi | 7.2.1948 |
| 1.43,4 | Oskar Olsrud | 17.03.1904 | Trondheim St | 27.2.1954 |
| 1.40,4 | Oskar Olsrud | 17.03.1904 | Jevnaker | 13.3.1956 |
| 1.40,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Jo | 28.1.1965 |
| 1.38,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Jo | 2.2.1967 |
| 1.35,3 | Martin Haakon Fagna | 16.01.1932 | Oslo Bi | 20.1.1982 |
| 1.34,2 | Martin Haakon Fagna | 16.01.1932 | Oslo Fr | 27.1.1982 |
| 1.32,6 | Asbjørn Bergli | 28.03.1935 | Oslo Fr | 29.1.1985 |
| 1.32,02 | Lars B O Eskeland | 23.01.1932 | Savalen | 5.3.1986 |
| 1.31,6 | Knut Valvatne | 03.12.1938 | Geithus | 7.12.1988 |
| 1.31,2 | Knut Valvatne | 03.12.1938 | Geithus | 19.1.1989 |
| 1.31,1 | Bjørnar Jenssen | 05.06.1939 | Harstad | 11.2.1989 |
| 1.29,2 | Bjørnar Jenssen | 05.06.1939 | Heerenveen | 22.3.1989 |
| 1.27,9 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 11.2.1993 |
| 1.26,3 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 9.3.1994 |
| 1.26,09 | Knut Harald Nesse | 08.08.1942 | Hamar V | 28.1.1995 |
| 1.25,19 | Alf Gjølga | 01.04.1946 | Hamar V | 7.3.1999 |
| 1.24,74 | Bjørn Sveheim | 21.04.1946 | Hamar V | 7.3.1999 |
| 1.23,99 | Rolf Pedersen 1949 | 08.10.1949 | Hamar V | 26.1.2003 |
| 1.23,97 | Geir Hestad | 27.03.1954 | Oslo VH | 18.1.2004 |
| 1.23,94 | Øyvind Tveter | 28.03.1954 | Oslo VH | 18.1.2004 |
| 1.22,35 | Øyvind Tveter | 28.03.1954 | Hamar V | 21.2.2004 |
| 1.22,33 | Brynjulf Måkestad | 17.12.1951 | Calgary | 25.3.2006 |
| 1.21,93 | Geir Hestad | 27.03.1954 | Hamar V | 14.1.2007 |
| 1.19,92 | Geir Hestad | 27.03.1954 | Calgary | 18.2.2007 |
| 1.19,88 | Morten Henriksen 1958 | 03.12.1958 | Calgary | 22.3.2009 |
| 1.19,41 | Ivar Njøs | 22.10.1965 | Hamar V | 21.11.2015 |
| 1.19,22 | Ivar Njøs | 22.10.1965 | Hamar V | 28.11.2015 |
| 1.18,63 | Ivar Njøs | 22.10.1965 | Stavanger SA | 13.2.2016 |
| 1.17,87 | Ivar Njøs | 22.10.1965 | Stavanger SA | 14.2.2016 |
| 1.17,71 | Ivar Njøs | 22.10.1965 | Stavanger SA | 12.3.2016 |
| 1.17,47 | Ivar Njøs | 22.10.1965 | Stavanger SA | 13.3.2016 |

1500 m

| | | | | |
|--------|------------------------|------------|---------------|------------|
| 2.57,8 | Bernhard Chr Bjørnstad | 1860 | Kristiania Bi | 21.1.1912 |
| 2.57,0 | Johannes H Flagstad | 1876 | Hamar S | 13.12.1925 |
| 2.50,3 | Peter Sinnerud | 05.01.1876 | Hamar S | 13.12.1925 |
| 2.42,9 | Alf Olsen 1883 | 1883 | Oslo Bi | 27.1.1935 |

| | | | | |
|---------|------------------------|------------|------------|------------|
| 2.42,4 | Kristian Fjeld | 08.09.1902 | Lillestrøm | 6.2.1954 |
| 2.42,0 | Oddmund Tønning | 15.01.1912 | Olden | 10.3.1962 |
| 2.41,4 | Sverre Haraldsen | 28.01.1910 | Fana Sa | .1.1963 |
| 2.37,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 20.12.1964 |
| 2.35,6 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 6.1.1965 |
| 2.31,7 | Odd Lundberg | 03.10.1917 | Oslo VH | 15.12.1967 |
| 2.26,4 | Odd Lundberg | 03.10.1917 | Oslo Fr | 23.1.1968 |
| 2.25,3 | Willy Leong Nilsen | 25.12.1923 | Oslo VH | 22.1.1974 |
| 2.24,2 | Lars B O Eskeland | 23.01.1932 | Gol | 4.3.1984 |
| 2.22,6 | Asbjørn Bergli | 28.03.1935 | Oslo Fr | 26.1.1985 |
| 2.20,25 | Lars B O Eskeland | 23.01.1932 | Savalen | 5.3.1985 |
| 2.17,4 | Bjørnar Jenssen | 05.06.1939 | Heerenveen | 20.3.1989 |
| 2.14,5 | Knut Harald Nesse | 08.08.1942 | Hamar V | 10.1.1993 |
| 2.13,5 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 10.1.1993 |
| 2.13,4 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 10.2.1993 |
| 2.11,6 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 16.1.1994 |
| 2.10,6 | Knut Harald Nesse | 08.08.1942 | Hamar V | 16.1.1994 |
| 2.09,9 | Asbjørn Hildrum | 20.05.1944 | Hamar V | 16.1.1994 |
| 2.09,07 | Kåre Kristoffersen | 17.08.1948 | Calgary | 21.3.1999 |
| 2.08,97 | Erik Vea | 11.06.1951 | Oslo VH | 12.1.2002 |
| 2.08,13 | Rolf Pedersen 1949 | 08.10.1949 | Hamar V | 26.1.2002 |
| 2.07,92 | Arne Henry Kristiansen | 17.01.1950 | Hamar V | 26.1.2002 |
| 2.05,95 | Ivar Amundsen 1952 | 24.01.1952 | Hamar V | 26.1.2002 |
| 2.05,07 | Erik Vea | 11.06.1951 | Hamar V | 26.1.2002 |
| 2.04,85 | Erik Vea | 11.06.1951 | Hamar V | 9.2.2002 |
| 2.04,31 | Geir Hestad | 27.03.1954 | Hamar V | 22.2.2004 |
| 2.01,48 | Erik Vea | 11.06.1951 | Calgary | 12.3.2004 |
| 2.00,46 | Morten Henriksen 1958 | 03.12.1958 | Calgary | 19.3.2009 |

3000 m

| | | | | |
|---------|----------------------|------------|-------------------|------------|
| 7.43,6 | Sigurd Larsen 1879 | 1879 | Nidaros | 8.2.1930 |
| 7.30,0 | Sigurd Larsen 1879 | 1879 | Nidaros Rosenborg | 25.1.1931 |
| 6.41,7 | Tor Myre | 03.12.1891 | Bromma | 10.3.1946 |
| 6.18,0 | Ludvik Kleveland | 23.03.1901 | Nesbyen | 30.3.1952 |
| 5.37,4 | Oddmund Tønning | 15.01.1912 | Olden | 11.3.1962 |
| 5.25,8 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 5.1.1965 |
| 5.22,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 6.1.1966 |
| 5.19,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 15.2.1967 |
| 5.17,8 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 18.2.1983 |
| 5.12,6 | Lars B O Eskeland | 23.01.1932 | Kongsberg | 27.2.1983 |
| 5.11,3 | Lars B O Eskeland | 23.01.1932 | Geithus | 12.2.1984 |
| 5.10,2 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 18.2.1984 |
| 5.08,5 | Lars B O Eskeland | 23.01.1932 | Kongsberg | 25.2.1984 |
| 5.03,6 | Lars B O Eskeland | 23.01.1932 | Hol | 29.2.1984 |
| 5.01,0 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 4.12.1985 |
| 4.58,6 | Bjørnar Jenssen | 05.06.1939 | Hol | 4.3.1989 |
| 4.53,0 | Bjørnar Jenssen | 05.06.1939 | Heerenveen | 22.3.1989 |
| 4.49,5 | Knut Harald Nesse | 08.08.1942 | Hamar V | 9.1.1993 |
| 4.36,9 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 9.1.1993 |
| 4.35,9 | Asbjørn Hildrum | 20.05.1944 | Hamar V | 15.1.1994 |
| 4.34,8 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 15.1.1994 |
| 4.32,77 | Kai Roger Olsen | 28.01.1948 | Hamar V | 15.12.1998 |
| 4.32,58 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 7.3.1999 |
| 4.24,15 | Kåre Kristoffersen | 17.08.1948 | Calgary | 19.3.1999 |
| 4.23,92 | Ivar Amundsen 1952 | 24.01.1952 | Hamar V | 26.1.2002 |
| 4.22,86 | Erik Vea | 11.06.1951 | Hamar V | 26.1.2002 |
| 4.21,25 | Kåre Kristoffersen | 17.08.1948 | Calgary | 15.3.2003 |
| 4.20,94 | Erik Vea | 11.06.1951 | Inzell | 28.2.2004 |
| 4.12,40 | Erik Vea | 11.06.1951 | Calgary | 11.3.2004 |
| 4.10,34 | Frode Eidsmo | 18.01.1959 | Calgary | 24.2.2011 |

5000 m

| | | | | |
|---------|------------------------|------------|--------------|------------|
| 10.48,0 | Bernhard Chr Bjørnstad | 1860 | Eidsberg | 29.1.1911 |
| 10.23,6 | Kristian Fjeld | 08.09.1902 | Setskog | 24.1.1954 |
| 10.07,4 | Kristian Fjeld | 08.09.1902 | Blaker | 27.2.1955 |
| 9.37,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 24.2.1966 |
| 9.20,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 22.1.1967 |
| 9.17,2 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 4.3.1967 |
| 9.17,1 | Martin Haakon Fagna | 16.01.1932 | Oslo Bi | 7.2.1982 |
| 9.13,9 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 25.2.1982 |
| 8.53,8 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 19.2.1983 |
| 8.48,8 | Lars B O Eskeland | 23.01.1932 | Geithus | 11.2.1984 |
| 8.47,9 | Lars B O Eskeland | 23.01.1932 | Kongsberg | 26.2.1984 |
| 8.43,3 | Lars B O Eskeland | 23.01.1932 | Gol | 4.3.1984 |
| 8.40,74 | Lars B O Eskeland | 23.01.1932 | Stavanger Sø | 3.2.1985 |
| 8.35,6 | Ole Støen | 24.03.1939 | Oslo VH | 30.11.1988 |
| 8.13,8 | Bjørnar Jenssen | 05.06.1939 | Heerenveen | 21.3.1989 |
| 8.08,6 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 10.1.1993 |
| 7.59,9 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 15.2.1993 |
| 7.58,0 | Klaus Vikeså | 07.09.1943 | Hamar V | 16.1.1994 |
| 7.44,0 | Klaus Vikeså | 07.09.1943 | Hamar V | 24.2.1995 |
| 7.42,5 | Kai Roger Olsen | 28.01.1948 | Hamar V | 2.2.1999 |
| 7.40,37 | Kåre Kristoffersen | 17.08.1948 | Calgary | 20.3.1999 |
| 7.39,30 | Ivar Amundsen 1952 | 24.01.1952 | Hamar V | 27.1.2002 |
| 7.37,05 | Rolf Pedersen 1949 | 08.10.1949 | Hamar V | 27.1.2002 |
| 7.36,76 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 27.1.2002 |
| 7.34,48 | Erik Vea | 11.06.1951 | Hamar V | 27.1.2002 |
| 7.31,77 | Arne Henry Kristiansen | 17.01.1950 | Hamar V | 27.1.2002 |
| 7.27,12 | Kåre Kristoffersen | 17.08.1948 | Calgary | 19.3.2003 |
| 7.20,85 | Erik Vea | 11.06.1951 | Calgary | 12.3.2004 |
| 7.20,35 | Ragnvald Næss | 05.07.1954 | Hamar V | 9.2.2008 |
| 7.19,21 | Ragnvald Næss | 05.07.1954 | Erfurt | 2.3.2008 |
| 7.16,57 | Ragnvald Næss | 05.07.1954 | Kolomna | 9.3.2008 |
| 7.03,62 | Frode Eidsmo | 18.01.1959 | Calgary | 26.2.2011 |

10000 m

| | | | | |
|----------|---------------------|------------|--------------|------------|
| 18.08,8 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 20.2.1982 |
| 18.03,5 | Lars B O Eskeland | 23.01.1932 | Gol | 6.3.1983 |
| 17.31,2 | Lars B O Eskeland | 23.01.1932 | Hol | 2.3.1984 |
| 17.29,5 | Ole Støen | 24.03.1939 | Oslo VH | 14.12.1988 |
| 17.09,9 | Ole Støen | 24.03.1939 | Oslo VH | 18.12.1991 |
| 17.07,1 | Harald Paulsen | 08.06.1943 | Hamar V | 7.3.1993 |
| 17.01,0 | Ole Støen | 24.03.1939 | Hamar V | 11.3.1993 |
| 16.43,8 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 11.3.1993 |
| 16.26,6 | Klaus Vikeså | 07.09.1943 | Hamar V | 13.3.1994 |
| 16.15,29 | Klaus Vikeså | 07.09.1943 | Hamar V | 17.1.1995 |
| 15.53,69 | Kåre Kristoffersen | 17.08.1948 | Calgary | 30.3.1999 |
| 15.53,68 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 26.1.2003 |
| 15.53,49 | Karl Johan Eliassen | 22.01.1949 | Hamar V | 26.1.2003 |
| 15.42,89 | Kåre Kristoffersen | 17.08.1948 | Calgary | 20.3.2003 |
| 15.40,83 | Ragnvald Næss | 05.07.1954 | Hamar V | 20.2.2005 |
| 15.34,45 | Ragnvald Næss | 05.07.1954 | Hamar V | 8.1.2006 |
| 15.29,10 | Ragnvald Næss | 05.07.1954 | Hamar V | 14.1.2007 |
| 15.09,94 | Ragnvald Næss | 05.07.1954 | Hamar V | 13.1.2008 |
| 15.06,54 | Ragnvald Næss | 05.07.1954 | Hamar V | 10.2.2008 |
| 15.05,31 | Ragnvald Næss | 05.07.1954 | Kolomna | 8.4.2008 |
| 15.01,47 | Ragnvald Næss | 05.07.1954 | Hamar V | 11.1.2009 |

Menn (M-55)

500 m

| | | | | |
|------|---------------------|------------|---------------|-----------|
| 77,8 | Svend Schwenningsen | 23.02.1843 | Kristiania Fr | 27.1.1901 |
| 77,0 | Svend Schwenningsen | 23.02.1843 | Kristiania Fr | 17.2.1901 |
| 73,0 | Svend Schwenningsen | 23.02.1843 | Kristiania Fr | 19.1.1902 |

| | | | | |
|--------------|----------------------------|-------------------|-------------------|-------------------|
| 59,7 | Bernhard Chr Bjørnstad | 1860 | Kristiania Fr | 4.2.1917 |
| 56,2 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 5.1.1919 |
| 55,2 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 13.2.1921 |
| 55,0 | Bjørn Kraabøl | 12.07.1874 | Lillehammer Mjøsa | 28.2.1932 |
| 54,9 | Bjørn Kraabøl | 12.07.1874 | Lillehammer | 20.3.1932 |
| 54,7 | Peter Sinnerud | 05.01.1876 | Våler Tøråssjøen | 5.3.1933 |
| 53,3 | Kristian Fjeld | 08.09.1902 | Sørum | 5.1.1958 |
| 51,5 | Oskar Olsrud | 17.03.1904 | Fagernes | 14.3.1959 |
| 49,8 | Hans Engnestangen | 28.03.1908 | Jevnaker | 14.2.1964 |
| 49,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 14.1.1970 |
| 49,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 2.2.1971 |
| 48,9 | Ivar Stensrud | 21.07.1919 | Oslo VH | 12.2.1975 |
| 46,8 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 3.12.1986 |
| 45,5 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 28.1.1987 |
| 45,2 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 21.2.1987 |
| 43,9 | Martin Haakon Fagna | 16.01.1932 | Medeo | 9.3.1987 |
| 43,2 | Martin Haakon Fagna | 16.01.1932 | Medeo | 13.3.1987 |
| 42,53 | Leif Harry Hansen | 22.02.1944 | Hamar V | 6.3.1999 |
| 42,45 | Leif Harry Hansen | 22.02.1944 | Hamar V | 7.3.1999 |
| 42,1 | Leif Harry Hansen | 22.02.1944 | Hamar V | 15.2.2000 |
| 41,9 | Leif Harry Hansen | 22.02.1944 | Hamar V | 20.2.2001 |
| 41,89 | Brynjulf Måkestad | 17.12.1951 | Hamar V | 13.1.2007 |
| 41,80 | Erik Vea | 11.06.1951 | Hamar V | 13.1.2007 |
| 41,8 | Brynjulf Måkestad | 17.12.1951 | Hamar V | 22.1.2008 |
| 41,27 | Brynjulf Måkestad | 17.12.1951 | Calgary | 15.3.2008 |
| 41,14 | Rolf Svan Amundsen | 03.07.1955 | Salt Lake City | 4.3.2011 |
| 40,11 | Ivar Njøs | 22.10.1965 | Hamar V | 24.10.2020 |

1000 m

| | | | | |
|---------|----------------------------|------------|----------------|------------|
| 2.24,0 | Hans Krattebølsæter | 1852 | Kristiania Bi | 19.2.1911 |
| 2.10,0 | Bernhard Chr Bjørnstad | 1860 | Horten | 5.3.1916 |
| 2.00,6 | Hjalmar August Johannessen | 31.08.1863 | Hamar S | 8.1.1922 |
| 2.00,3 | Peter Sinnerud | 05.01.1876 | Lillehammer | 27.1.1935 |
| 1.57,3 | Hans Berger 1891 | 07.10.1891 | Oslo Fr | 9.2.1947 |
| 1.56,9 | Eugen Berntzen | 23.08.1896 | Oslo Tr | 10.3.1952 |
| 1.49,4 | Oskar Olsrud | 17.03.1904 | Fagernes | 14.3.1959 |
| 1.46,6 | Ole Saugerud | 1911 | Rjukan | 16.1.1966 |
| 1.45,8 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 5.3.1971 |
| 1.43,3 | Jon Sletteberg | 12.11.1916 | Oslo VH | 12.2.1973 |
| 1.40,3 | Jon Sletteberg | 12.11.1916 | Oslo VH | 26.11.1973 |
| 1.33,5 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 19.11.1986 |
| 1.29,3 | Martin Haakon Fagna | 16.01.1932 | Medeo | 9.3.1987 |
| 1.28,2 | Sven-Åge Svensson | 08.07.1942 | Oslo VH | 4.2.1998 |
| 1.27,3 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 21.2.1998 |
| 1.26,4 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 24.2.1998 |
| 1.25,95 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 7.3.1999 |
| 1.25,86 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 20.2.2005 |
| 1.24,57 | Rolf Pedersen 1949 | 08.10.1949 | Erfurt | 26.11.2005 |
| 1.24,44 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 7.1.2006 |
| 1.23,65 | Ivar Amundsen 1952 | 24.01.1952 | Hamar V | 13.1.2007 |
| 1.23,65 | Brynjulf Måkestad | 17.12.1951 | Calgary | 18.2.2007 |
| 1.23,07 | Brynjulf Måkestad | 17.12.1951 | Calgary | 10.2.2008 |
| 1.22,69 | Ivar Amundsen 1952 | 24.01.1952 | Hamar V | 10.2.2008 |
| 1.22,15 | Brynjulf Måkestad | 17.12.1951 | Calgary | 15.3.2008 |
| 1.21,98 | Arne Stenhaug | 16.06.1955 | Salt Lake City | 31.1.2010 |
| 1.20,59 | Rolf Svan Amundsen | 03.07.1955 | Salt Lake City | 6.3.2011 |

1500 m

| | | | | |
|--------|----------------------------|------------|---------------|-----------|
| 3.07,1 | Bernhard Chr Bjørnstad | 1860 | Kristiania Fr | 4.2.1917 |
| 2.58,6 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 5.1.1919 |
| 2.58,2 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Fr | 9.2.1919 |
| 2.57,3 | Hjalmar August Johannessen | 31.08.1863 | Kristiania Dæ | 16.2.1919 |

| | | | | |
|---------|----------------------------|------------|-----------------|------------|
| 2.49,3 | Hjalmar August Johannessen | 31.08.1863 | Hamar | 9.3.1919 |
| 2.43,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 19.12.1969 |
| 2.37,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 14.1.1970 |
| 2.35,8 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Jo | 3.2.1971 |
| 2.33,6 | Jon Sletteberg | 12.11.1916 | Oslo VH | 19.2.1973 |
| 2.32,5 | Jon Sletteberg | 12.11.1916 | Oslo VH | 3.12.1973 |
| 2.28,22 | Lars B O Eskeland | 23.01.1932 | Stavanger Sø | 3.1.1987 |
| 2.24,8 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 22.2.1987 |
| 2.20,3 | Martin Haakon Fagna | 16.01.1932 | Medeo | 12.3.1987 |
| 2.18,2 | Martin Haakon Fagna | 16.01.1932 | Medeo | 13.3.1987 |
| 2.17,9 | Martin Haakon Fagna | 16.01.1932 | Medeo | 26.2.1989 |
| 2.16,9 | Asbjørn Bergli | 28.03.1935 | Hamar V | 16.1.1994 |
| 2.14,76 | Sven-Åge Svensson | 08.07.1942 | Baselga di Pine | 23.1.1998 |
| 2.11,42 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 22.2.1998 |
| 2.10,95 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 6.3.1999 |
| 2.09,72 | Kåre Kristoffersen | 17.08.1948 | Berlin S | 14.3.2004 |
| 2.09,10 | Rolf Pedersen 1949 | 08.10.1949 | Erfurt | 26.11.2005 |
| 2.06,80 | Erik Vea | 11.06.1951 | Hamar V | 8.1.2006 |
| 2.04,85 | Erik Vea | 11.06.1951 | Hamar V | 14.1.2007 |
| 2.04,07 | Ivar Amundsen 1952 | 24.01.1952 | Calgary | 23.2.2007 |
| 2.02,60 | Erik Vea | 11.06.1951 | Calgary | 23.2.2007 |
| 2.01,73 | Frode Eidsmo | 18.01.1959 | Calgary | 7.2.2015 |

3000 m

| | | | | |
|---------|----------------------|------------|-----------------|------------|
| 5.50,4 | Arne Rygg | 1904 | Levanger | 20.2.1960 |
| 5.48,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 14.1.1970 |
| 5.32,7 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 26.2.1970 |
| 5.23,1 | Jon Sletteberg | 12.11.1916 | Oslo VH | 17.12.1973 |
| 5.21,5 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 22.1.1987 |
| 5.02,54 | Lars B O Eskeland | 23.01.1932 | Savalen | 3.3.1987 |
| 5.01,8 | Asbjørn Bergli | 28.03.1935 | Savalen | 17.2.1990 |
| 4.52,6 | Asbjørn Bergli | 28.03.1935 | Hamar V | 9.1.1993 |
| 4.50,3 | Asbjørn Bergli | 28.03.1935 | Hamar V | 15.1.1994 |
| 4.50,0 | Sven-Åge Svensson | 08.07.1942 | Oslo VH | 10.2.1998 |
| 4.49,9 | Knut Harald Nesse | 08.08.1942 | Hamar V | 21.2.1998 |
| 4.46,7 | Harald Paulsen | 08.06.1943 | Hamar V | 21.2.1998 |
| 4.45,04 | Harald Paulsen | 08.06.1943 | Hamar V | 15.12.1998 |
| 4.38,15 | Ivar Aandahl | 02.03.1943 | Hamar V | 7.3.1999 |
| 4.35,73 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 7.3.1999 |
| 4.29,79 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 21.2.2004 |
| 4.27,66 | Karl Johan Eliassen | 22.01.1949 | Inzell | 28.2.2004 |
| 4.27,10 | Rolf Pedersen 1949 | 08.10.1949 | Baselga di Pine | 26.2.2005 |
| 4.26,66 | Erik Vea | 11.06.1951 | Hamar V | 7.1.2006 |
| 4.22,04 | Erik Vea | 11.06.1951 | Hamar V | 13.1.2007 |
| 4.17,94 | Erik Vea | 11.06.1951 | Calgary | 22.2.2007 |
| 4.17,83 | Ragnvald Næss | 05.07.1954 | Calgary | 24.2.2011 |
| 4.14,64 | Ragnvald Næss | 05.07.1954 | Salt Lake City | 4.3.2011 |
| 4.12,13 | Frode Eidsmo | 18.01.1959 | Calgary | 6.2.2015 |

5000 m

| | | | | |
|---------|----------------------|------------|----------------|------------|
| 13.45,0 | Ole Syversen | 21.10.1830 | Kristiania Frk | 7.3.1886 |
| 12.23,4 | Ole Syversen | 21.10.1830 | Kristiania V | 21.2.1887 |
| 10.38,0 | Bjørn Kraabøl | 12.07.1874 | Lillehammer | 14.2.1932 |
| 9.40,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 11.3.1970 |
| 9.39,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 24.2.1972 |
| 9.30,0 | Jon Sletteberg | 12.11.1916 | Oslo VH | 2.3.1972 |
| 9.30,0 | Finn Lenschow | 14.03.1932 | Oslo VH | 10.12.1986 |
| 9.28,0 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 10.12.1986 |
| 9.26,4 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 22.2.1987 |
| 8.56,1 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 24.2.1987 |
| 8.55,4 | Lars B O Eskeland | 23.01.1932 | Hovden | 20.3.1988 |
| 8.42,8 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 4.2.1990 |

| | | | | |
|---------|---------------------|------------|----------|------------|
| 8.41,3 | Asbjørn Bergli | 28.03.1935 | Savalen | 18.2.1990 |
| 8.21,9 | Asbjørn Bergli | 28.03.1935 | Hamar V | 10.1.1993 |
| 8.17,5 | Asbjørn Bergli | 28.03.1935 | Hamar V | 16.1.1994 |
| 8.11,7 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 13.1.1998 |
| 8.07,86 | Harald Paulsen | 08.06.1943 | Hamar V | 22.2.1998 |
| 8.04,4 | Harald Paulsen | 08.06.1943 | Hamar V | 2.2.1999 |
| 7.56,7 | Ivar Aandahl | 02.03.1943 | Hamar V | 2.2.1999 |
| 7.43,7 | Kåre Kristoffersen | 17.08.1948 | Hamar V | 9.12.2003 |
| 7.42,87 | Karl Johan Eliassen | 22.01.1949 | Hamar V | 21.2.2004 |
| 7.39,85 | Kåre Kristoffersen | 17.08.1948 | Berlin S | 14.3.2004 |
| 7.36,92 | Erik Veia | 11.06.1951 | Hamar V | 14.1.2007 |
| 7.35,7 | Erik Veia | 11.06.1951 | Hamar V | 25.1.2007 |
| 7.34,50 | Egil Bokn | 23.03.1950 | Calgary | 24.2.2007 |
| 7.33,55 | Ivar Amundsen 1952 | 24.01.1952 | Calgary | 24.2.2007 |
| 7.27,37 | Karl Johan Eliassen | 22.01.1949 | Calgary | 24.2.2007 |
| 7.19,73 | Ragnvald Næss | 05.07.1954 | Hamar V | 29.11.2009 |
| 7.16,96 | Ragnvald Næss | 05.07.1954 | Hamar V | 23.1.2010 |
| 7.14,06 | Ragnvald Næss | 05.07.1954 | Kolomna | 2.4.2010 |
| 7.06,51 | Ragnvald Næss | 05.07.1954 | Calgary | 26.2.2011 |
| 7.06,31 | Frode Eidsmo | 18.01.1959 | Calgary | 8.2.2015 |

10000 m

| | | | | |
|----------|---------------------|------------|--------------|-----------|
| 22.16,4 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 5.3.1975 |
| 21.04,6 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 26.1.1976 |
| 19.57,4 | Jon Sletteberg | 12.11.1916 | Oslo VH | 26.1.1976 |
| 19.46,6 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 26.2.1979 |
| 17.57,8 | Lars B O Eskeland | 23.01.1932 | Kristiansand | 19.2.1987 |
| 17.16,3 | Ole Støen | 24.03.1939 | Hamar V | 11.3.1994 |
| 16.23,8 | Harald Paulsen | 08.06.1943 | Hamar V | 17.1.1998 |
| 15.49,46 | Karl Johan Eliassen | 22.01.1949 | Hamar V | 22.2.2004 |
| 15.36,15 | Kåre Kristoffersen | 17.08.1948 | Heerenveen | 23.3.2004 |
| 15.16,19 | Ragnvald Næss | 05.07.1954 | Erfurt | 3.1.2010 |
| 14.56,94 | Ragnvald Næss | 05.07.1954 | Hamar V | 24.1.2010 |
| 14.55,21 | Ragnvald Næss | 05.07.1954 | Kolomna | 3.4.2010 |

Menn (M-60)

500 m

| | | | | |
|-------|------------------------|------------|---------------|------------|
| 53,7 | Bernhard Chr Bjørnstad | 1860 | Kristiania Dæ | 4.2.1923 |
| 51,3 | Peter Sinnerud | 05.01.1876 | Stange | 15.1.1939 |
| 51,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 13.1.1975 |
| 51,2 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 22.1.1975 |
| 50,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 12.2.1975 |
| 49,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 8.12.1975 |
| 49,1 | Jon Sletteberg | 12.11.1916 | Oslo Bi | 19.1.1977 |
| 49,1 | Ivar Stensrud | 21.07.1919 | Oslo Fr | 7.1.1981 |
| 48,4 | Ivar Stensrud | 21.07.1919 | Oslo Bi | 13.1.1981 |
| 48,1 | Ivar Stensrud | 21.07.1919 | Oslo VH | 2.2.1981 |
| 47,4 | Ivar Stensrud | 21.07.1919 | Oslo Fr | 9.2.1981 |
| 47,2 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 22.1.1986 |
| 46,7 | Gunnar Konsmo | 13.06.1922 | Oslo Bi | 15.2.1986 |
| 46,4 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 19.2.1992 |
| 46,2 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 9.1.1993 |
| 46,0 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 7.3.1993 |
| 45,6 | Helge Haave | 03.03.1942 | Hamar V | 4.12.2001 |
| 45,4 | Helge Haave | 03.03.1942 | Hamar V | 18.12.2001 |
| 45,2 | Ivar Aandahl | 02.03.1943 | Trondheim L | 16.12.2002 |
| 44,2 | Ivar Aandahl | 02.03.1943 | Hamar V | 15.1.2003 |
| 43,7 | Leif Harry Hansen | 22.02.1944 | Hamar V | 27.1.2004 |
| 43,35 | Leif Harry Hansen | 22.02.1944 | Hamar V | 20.2.2005 |
| 42,94 | Alf Gjølga | 01.04.1946 | Trondheim L | 5.3.2006 |
| 42,35 | Alf Gjølga | 01.04.1946 | Hamar V | 9.2.2008 |

| | | | | | |
|---------------|---------|------------------------|------------|---------------|------------|
| | 42,07 | Onar Westerheim | 15.03.1948 | Calgary | 22.3.2009 |
| | 41,82 | Brynjulf Måkestad | 17.12.1951 | Calgary | 10.3.2012 |
| | 41,43 | Brynjulf Måkestad | 17.12.1951 | Calgary | 15.3.2012 |
| 1000 m | | | | | |
| | 1.57,7 | Bjørn Kraabøl | 12.07.1874 | Lillehammer | 27.1.1935 |
| | 1.51,5 | Karsten Olsen 1890 | 1890 | Oslo Jo | 1.3.1950 |
| | 1.48,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 7.1.1975 |
| | 1.45,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 13.1.1976 |
| | 1.42,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 3.2.1976 |
| | 1.41,9 | Jon Sletteberg | 12.11.1916 | Oslo VH | 20.11.1978 |
| | 1.41,0 | Ivar Stensrud | 21.07.1919 | Oslo Bi | 28.1.1981 |
| | 1.39,4 | Ivar Stensrud | 21.07.1919 | Oslo Fr | 10.2.1981 |
| | 1.35,4 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 20.11.1985 |
| | 1.34,0 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 10.1.1993 |
| | 1.31,81 | Asbjørn Bergli | 28.03.1935 | Hamar V | 27.1.1995 |
| | 1.29,6 | Sven-Åge Svensson | 08.07.1942 | Hamar V | 11.12.2002 |
| | 1.29,11 | Knut Harald Nesse | 08.08.1942 | Hamar V | 25.1.2003 |
| | 1.27,13 | Ivar Aandahl | 02.03.1943 | Hamar V | 25.1.2003 |
| | 1.26,77 | Knut Harald Nesse | 08.08.1942 | Calgary | 18.2.2007 |
| | 1.25,28 | Alf Gjølga | 01.04.1946 | Hamar V | 10.2.2008 |
| | 1.24,63 | Onar Westerheim | 15.03.1948 | Calgary | 21.3.2009 |
| | 1.24,07 | Onar Westerheim | 15.03.1948 | Calgary | 22.3.2009 |
| | 1.23,66 | Erik Vea | 11.06.1951 | Inzell | 29.1.2012 |
| | 1.23,50 | Brynjulf Måkestad | 17.12.1951 | Calgary | 17.3.2012 |
| 1500 m | | | | | |
| | 2.58,7 | Bernhard Chr Bjørnstad | 1860 | Kristiania Dæ | 4.2.1923 |
| | 2.50,8 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 13.1.1975 |
| | 2.48,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 22.1.1975 |
| | 2.44,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 27.1.1975 |
| | 2.42,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 12.2.1975 |
| | 2.38,2 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 26.2.1975 |
| | 2.35,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 19.1.1976 |
| | 2.32,1 | Gunnar Konsmo | 13.06.1922 | Oslo Bi | 7.1.1986 |
| | 2.32,0 | Gunnar Konsmo | 13.06.1922 | Oslo Fr | 9.2.1986 |
| | 2.31,4 | Gunnar Konsmo | 13.06.1922 | Oslo Bi | 16.2.1986 |
| | 2.29,92 | Martin Haakon Fagna | 16.01.1932 | Savalen | 9.2.1992 |
| | 2.24,1 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 9.1.1993 |
| | 2.22,0 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 11.1.1995 |
| | 2.21,84 | Asbjørn Bergli | 28.03.1935 | Savalen | 25.2.1995 |
| | 2.18,9 | Ivar Aandahl | 02.03.1943 | Trondheim L | 14.12.2002 |
| | 2.16,65 | Knut Harald Nesse | 08.08.1942 | Hamar V | 26.1.2003 |
| | 2.10,82 | Ivar Aandahl | 02.03.1943 | Hamar V | 26.1.2003 |
| | 2.10,26 | Knut Harald Nesse | 08.08.1942 | Calgary | 25.2.2007 |
| | 2.09,35 | Onar Westerheim | 15.03.1948 | Calgary | 19.3.2009 |
| | 2.06,05 | Erik Vea | 11.06.1951 | Calgary | 27.2.2011 |
| 3000 m | | | | | |
| | 6.19,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 5.3.1975 |
| | 5.42,9 | Ingvar Dahl Eldegard | 03.10.1914 | Savalen | 8.3.1975 |
| | 5.27,6 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 8.12.1975 |
| | 5.15,7 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 4.12.1985 |
| | 5.12,2 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 10.1.1993 |
| | 5.02,1 | Asbjørn Bergli | 28.03.1935 | Oslo VH | 11.2.1995 |
| | 4.49,3 | Asbjørn Bergli | 28.03.1935 | Hamar V | 2.3.1995 |
| | 4.45,0 | Ivar Aandahl | 02.03.1943 | Hamar V | 15.1.2003 |
| | 4.39,04 | Ivar Aandahl | 02.03.1943 | Hamar V | 25.1.2003 |
| | 4.36,20 | Ivar Aandahl | 02.03.1943 | Calgary | 24.2.2007 |
| | 4.31,00 | Knut Harald Nesse | 08.08.1942 | Calgary | 24.2.2007 |
| | 4.29,41 | Egil Bokn | 23.03.1950 | Calgary | 26.2.2011 |
| | 4.20,09 | Erik Vea | 11.06.1951 | Calgary | 26.2.2011 |
| 5000 m | | | | | |

| | | | | |
|---------|----------------------|------------|------------|------------|
| 11.45,8 | Karl Asmund Svendsen | 1860 | Sandefjord | 6.2.1921 |
| 9.42,0 | Ingvar Dahl Eldegard | 03.10.1914 | Savalen | 9.3.1975 |
| 9.17,5 | Jon Sletteberg | 12.11.1916 | Oslo VH | 20.12.1976 |
| 8.55,4 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 6.3.1993 |
| 8.36,2 | Ole Støen | 24.03.1939 | Hamar V | 10.11.1998 |
| 8.28,8 | Ole Støen | 24.03.1939 | Hamar V | 6.1.1999 |
| 8.18,67 | Harald Paulsen | 08.06.1943 | Hamar V | 25.1.2003 |
| 8.15,18 | Ivar Aandahl | 02.03.1943 | Hamar V | 26.1.2003 |
| 8.06,87 | Per Nygård 1946 | 08.02.1946 | Heerenveen | 21.3.2006 |
| 7.59,29 | Ivar Nilssen | 08.03.1947 | Calgary | 25.2.2007 |
| 7.58,77 | Harald Paulsen | 08.06.1943 | Calgary | 25.2.2007 |
| 7.57,93 | Knut Harald Nesse | 08.08.1942 | Calgary | 25.2.2007 |
| 7.57,53 | Per Nygård 1946 | 08.02.1946 | Calgary | 25.2.2007 |
| 7.56,35 | Onar Westerheim | 15.03.1948 | Calgary | 19.3.2009 |
| 7.44,85 | Egil Bokn | 23.03.1950 | Hamar V | 23.1.2010 |
| 7.43,25 | Kåre Kristoffersen | 17.08.1948 | Calgary | 27.2.2011 |
| 7.40,76 | Erik Vea | 11.06.1951 | Hamar V | 25.2.2012 |
| 7.37,44 | Geir Hestad | 27.03.1954 | Calgary | 8.2.2015 |
| 7.28,73 | Frode Eidsmo | 18.01.1959 | Berlin | 24.2.2019 |

10000 m

| | | | | |
|----------|----------------------|------------|----------------|------------|
| 19.26,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 21.2.1977 |
| 19.16,0 | Jon Sletteberg | 12.11.1916 | Oslo VH | 21.2.1977 |
| 18.50,2 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 16.2.1981 |
| 17.52,9 | Ole Støen | 24.03.1939 | Oslo VH | 16.12.1998 |
| 17.50,5 | Ole Støen | 24.03.1939 | Hamar V | 4.1.2000 |
| 17.35,44 | Odd Larsen 1943 | 21.04.1943 | Hamar V | 26.1.2003 |
| 16.43,41 | Harald Paulsen | 08.06.1943 | Hamar V | 26.1.2003 |
| 16.09,10 | Egil Bokn | 23.03.1950 | Hamar V | 24.1.2010 |
| 16.04,39 | Egil Bokn | 23.03.1950 | Salt Lake City | 2.3.2011 |
| 16.01,63 | Erik Vea | 11.06.1951 | Hamar V | 26.2.2012 |
| 15.55,29 | Ragnvald Næss | 05.07.1954 | Erfurt | 5.10.2014 |
| 15.53,44 | Ragnvald Næss | 05.07.1954 | Kolomna | 29.3.2015 |
| 15.38,90 | Ragnvald Næss | 05.07.1954 | Erfurt | 5.10.2015 |

Menn (M-65)

500 m

| | | | | |
|-------|------------------------|------------|------------------|------------|
| 61,0 | Petter Kristian Nilsen | 24.12.1864 | Oslo Jo | 5.3.1931 |
| 60,8 | Hans Amundsen | 29.07.1865 | Flisa | 3.3.1935 |
| 59,5 | Hans Amundsen | 29.07.1865 | Hurum Knivsfjell | 10.3.1935 |
| 57,6 | Johan Bast | 1882 | Hamar S | 7.3.1947 |
| 53,8 | Martin Sæterhaug | 13.08.1882 | Trondheim | 17.2.1948 |
| 53,8 | Ingvar Dahl Eldegard | 03.10.1914 | Skreia | 18.12.1979 |
| 51,8 | Ingvar Dahl Eldegard | 03.10.1914 | Geithus | 26.12.1979 |
| 51,6 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 9.2.1981 |
| 48,5 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 10.12.1986 |
| 47,2 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 28.1.1987 |
| 46,3 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 7.2.1987 |
| 45,78 | Knut Harald Nesse | 08.08.1942 | Erfurt | 24.11.2007 |
| 45,3 | Svein Bruket | 06.10.1942 | Hamar V | 17.1.2008 |
| 45,08 | Knut Harald Nesse | 08.08.1942 | Calgary | 9.2.2008 |
| 44,39 | Svein Bruket | 06.10.1942 | Calgary | 12.3.2008 |
| 43,82 | Svein Bruket | 06.10.1942 | Calgary | 15.3.2008 |
| 43,72 | Leif Harry Hansen | 22.02.1944 | Hamar V | 21.2.2010 |
| 43,48 | Alf Gjølga | 01.04.1946 | Berlin S | 23.1.2011 |
| 43,27 | Alf Gjølga | 01.04.1946 | Calgary | 19.2.2011 |
| 42,47 | Alf Gjølga | 01.04.1946 | Calgary | 25.2.2011 |

1000 m

| | | | | |
|--------|----------------------|------------|---------|------------|
| 1.44,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 19.11.1979 |
| 1.39,1 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 28.1.1987 |
| 1.38,6 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 18.11.1987 |

| | | | | |
|---------|--------------------|------------|-------------------|------------|
| 1.37,9 | Arne Kjell Foldvik | 17.12.1934 | Trondheim L | 28.12.2002 |
| 1.35,85 | Helge Haave | 03.03.1942 | Calgary | 18.2.2007 |
| 1.29,37 | Knut Harald Nesse | 08.08.1942 | Erfurt | 25.11.2007 |
| 1.29,24 | Knut Harald Nesse | 08.08.1942 | Erfurt | 1.3.2008 |
| 1.28,23 | Knut Harald Nesse | 08.08.1942 | Kolomna | 9.3.2008 |
| 1.27,81 | Alf Gjølga | 01.04.1946 | Bjugn Fosenhallen | 9.1.2011 |
| 1.27,38 | Alf Gjølga | 01.04.1946 | Berlin S | 22.1.2011 |
| 1.26,87 | Alf Gjølga | 01.04.1946 | Berlin S | 23.1.2011 |
| 1.26,22 | Alf Gjølga | 01.04.1946 | Calgary | 20.2.2011 |
| 1.23,04 | Alf Gjølga | 01.04.1946 | Calgary | 27.2.2011 |

1500 m

| | | | | |
|---------|------------------------|------------|------------------|------------|
| 3.26,0 | Petter Kristian Nilsen | 24.12.1864 | Oslo Jo | 5.3.1931 |
| 3.16,2 | Hans Amundsen | 29.07.1865 | Flisa | 3.3.1935 |
| 3.13,2 | Hans Amundsen | 29.07.1865 | Hurum Knivsfjell | 10.3.1935 |
| 3.04,7 | Martin Sæterhaug | 13.08.1882 | Trondheim | 18.2.1948 |
| 2.47,2 | Ingvar Dahl Eldegard | 03.10.1914 | Skreia | 18.12.1979 |
| 2.45,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 9.1.1980 |
| 2.44,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 16.1.1980 |
| 2.43,9 | Ingvar Dahl Eldegard | 03.10.1914 | Hønefoss | 23.2.1980 |
| 2.41,6 | Gunnar Konsmo | 13.06.1922 | Oslo Fr | 20.1.1987 |
| 2.35,5 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 22.2.1987 |
| 2.35,24 | Lars B O Eskeland | 23.01.1932 | Savalen | 27.2.1998 |
| 2.34,7 | Lars B O Eskeland | 23.01.1932 | Dølemo | 9.2.1999 |
| 2.28,31 | Lars B O Eskeland | 23.01.1932 | Hamar V | 6.3.1999 |
| 2.26,66 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 26.1.2002 |
| 2.23,88 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 26.1.2003 |
| 2.22,31 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 22.2.2004 |
| 2.17,41 | Knut Harald Nesse | 08.08.1942 | Erfurt | 24.11.2007 |
| 2.13,98 | Knut Harald Nesse | 08.08.1942 | Calgary | 9.2.2008 |
| 2.13,71 | Knut Harald Nesse | 08.08.1942 | Kolomna | 8.3.2008 |
| 2.08,28 | Alf Gjølga | 01.04.1946 | Calgary | 26.2.2011 |

3000 m

| | | | | |
|---------|----------------------|------------|-------------|------------|
| 6.27,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 3.12.1979 |
| 5.55,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 9.2.1980 |
| 5.51,2 | Ingvar Dahl Eldegard | 03.10.1914 | Hønefoss | 24.2.1980 |
| 5.47,8 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 10.2.1981 |
| 5.45,5 | Jon Sletteberg | 12.11.1916 | Oslo VH | 30.11.1981 |
| 5.40,4 | Ivar S Løften | 09.11.1919 | Trondheim L | 7.1.1985 |
| 5.32,8 | Gunnar Konsmo | 13.06.1922 | Oslo VH | 26.11.1986 |
| 5.32,6 | Hans Martin Hølaas | 22.06.1927 | Hamar V | 10.1.1993 |
| 5.32,5 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 12.1.1997 |
| 5.30,42 | Lars B O Eskeland | 23.01.1932 | Savalen | 17.1.1999 |
| 5.27,3 | Lars B O Eskeland | 23.01.1932 | Dølemo | 2.2.1999 |
| 5.16,45 | Lars B O Eskeland | 23.01.1932 | Hamar V | 7.3.1999 |
| 5.05,79 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 26.1.2002 |
| 5.02,00 | Arne Kjell Foldvik | 17.12.1934 | Alkmaar | 18.3.2003 |
| 4.45,69 | Knut Harald Nesse | 08.08.1942 | Erfurt | 25.11.2007 |
| 4.44,83 | Knut Harald Nesse | 08.08.1942 | Erfurt | 2.3.2008 |
| 4.44,26 | Knut Harald Nesse | 08.08.1942 | Kolomna | 9.3.2008 |
| 4.33,96 | Alf Gjølga | 01.04.1946 | Calgary | 27.2.2011 |

5000 m

| | | | | |
|---------|----------------------|------------|--------------|-----------|
| 10.03,0 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 10.2.1980 |
| 9.44,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 9.2.1981 |
| 9.38,0 | Ivar S Løften | 09.11.1919 | Trondheim L | 3.2.1986 |
| 9.30,4 | Ivar S Løften | 09.11.1919 | Trondheim L | 7.2.1988 |
| 9.28,06 | Lars B O Eskeland | 23.01.1932 | Stavanger Sø | 9.1.2000 |
| 9.22,0 | Lars B O Eskeland | 23.01.1932 | Dølemo | 22.2.2000 |
| 8.57,05 | Lars B O Eskeland | 23.01.1932 | Berlin S | 27.2.2000 |
| 8.41,57 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 27.1.2002 |
| 8.33,69 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 25.1.2003 |

| | | | | |
|---------|-----------------|------------|---------|------------|
| 8.22,9 | Harald Paulsen | 08.06.1943 | Hamar V | 13.11.2007 |
| 8.14,6 | Harald Paulsen | 08.06.1943 | Hamar V | 17.1.2008 |
| 8.13,27 | Harald Paulsen | 08.06.1943 | Hamar V | 9.2.2008 |
| 8.10,55 | Harald Paulsen | 08.06.1943 | Kolomna | 9.3.2008 |
| 8.03,54 | Harald Paulsen | 08.06.1943 | Calgary | 19.3.2009 |
| 8.02,09 | Onar Westerheim | 15.03.1948 | Hamar V | 11.11.2012 |

10000 m

| | | | | |
|----------|----------------------|------------|--------------|-----------|
| 19.48,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 3.3.1980 |
| 18.43,8 | Lars B O Eskeland | 23.01.1932 | Hamar V | 23.1.2000 |
| 18.32,4 | Arne Kjell Foldvik | 17.12.1934 | Trondheim L | 4.2.2002 |
| 17.34,27 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 26.1.2003 |
| 16.58,67 | Harald Paulsen | 08.06.1943 | Hamar V | 10.2.2008 |
| 16.53,61 | Harald Paulsen | 08.06.1943 | Heerenveen | 19.3.2008 |
| 16.44,64 | Harald Paulsen | 08.06.1943 | Hamar V | 25.1.2009 |
| 16.34,60 | Onar Westerheim | 15.03.1948 | Stavanger SA | 20.1.2013 |

Menn (M-70)

500 m

| | | | | |
|-------|---------------------|------------|---------------|------------|
| 60,4 | Hans Amundsen | 29.07.1865 | Skarnes Glåma | 20.2.1938 |
| 56,4 | Viggo Larsen | 1894 | Tromsø | 1.2.1967 |
| 54,3 | Viggo Larsen | 1894 | Tromsø | 22.2.1967 |
| 53,8 | Viggo Larsen | 1894 | Tromsø | 3.1.1968 |
| 52,0 | Viggo Larsen | 1894 | Narvik | 7.1.1968 |
| 51,5 | Viggo Larsen | 1894 | Tromsø | 18.2.1968 |
| 51,0 | Arne Svanberg | 01.06.1924 | Hamar V | 15.1.1994 |
| 50,9 | Arne Svanberg | 01.06.1924 | Skien | 10.1.1995 |
| 50,69 | Arne Svanberg | 01.06.1924 | Savalen | 25.2.1995 |
| 49,5 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 9.1.2002 |
| 49,4 | Lars B O Eskeland | 23.01.1932 | Hamar V | 15.1.2002 |
| 49,37 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 25.1.2002 |
| 48,7 | Lars B O Eskeland | 23.01.1932 | Hamar V | 6.2.2002 |
| 48,24 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 19.2.2005 |
| 47,60 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 19.2.2005 |
| 47,12 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 23.2.2007 |
| 47,11 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 9.2.2008 |
| 46,39 | Svein Bruket | 06.10.1942 | Hamar V | 26.11.2012 |
| 45,99 | Svein Bruket | 06.10.1942 | Hamar V | 14.1.2013 |
| 45,43 | Svein Bruket | 06.10.1942 | Hamar V | 2.3.2013 |
| 45,43 | Leif Harry Hansen | 22.02.1944 | Hamar V | 19.1.2014 |
| 45,43 | Svein Bruket | 06.10.1942 | Hamar V | 10.2.2014 |
| 44,98 | Leif Harry Hansen | 22.02.1944 | Inzell | 22.2.2014 |
| 44,56 | Leif Harry Hansen | 22.02.1944 | Hamar V | 17.1.2015 |
| 44,51 | Leif Harry Hansen | 22.02.1944 | Inzell | 25.1.2015 |

1000 m

| | | | | |
|---------|---------------------|------------|----------------|------------|
| 2.39,0 | Th Thommesen | 1835 | Kristiania Bi | 31.1.1909 |
| 2.19,3 | Bjørn Kraabøl | 12.07.1874 | Lillehammer | 7.3.1946 |
| 1.54,4 | Kristian Holthe | 18.07.1887 | Holmestrand | 22.2.1962 |
| 1.49,8 | Viggo Larsen | 1894 | Tromsø | 3.1.1968 |
| 1.47,2 | Viggo Larsen | 1894 | Tromsø | 17.1.1968 |
| 1.46,9 | Arne Svanberg | 01.06.1924 | Hamar V | 21.2.1998 |
| 1.44,65 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 13.1.2002 |
| 1.44,07 | Lars B O Eskeland | 23.01.1932 | Oslo VH | 13.1.2002 |
| 1.40,14 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 26.1.2002 |
| 1.38,64 | Lars B O Eskeland | 23.01.1932 | Hamar V | 26.1.2002 |
| 1.37,02 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 28.11.2004 |
| 1.35,76 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 26.11.2005 |
| 1.34,38 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 18.2.2007 |
| 1.31,78 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 24.2.2007 |
| 1.31,54 | Svein Bruket | 06.10.1942 | Salt Lake City | 16.3.2013 |
| 1.31,52 | Svein Bruket | 06.10.1942 | Hamar V | 10.2.2014 |

| | | | | | |
|----------------|----------|----------------------|------------|---------------|------------|
| | 1.30,37 | Alf Gjølga | 01.04.1946 | Inzell | 21.1.2017 |
| | 1.30,36 | Onar Westerheim | 15.03.1948 | Moskva Kry | 4.3.2018 |
| 1500 m | 3.17,5 | Hans Amundsen | 29.07.1865 | Skarnes Glåma | 20.2.1938 |
| | 3.15,4 | Oskar Olsrud | 17.03.1904 | Oslo VH | 18.3.1978 |
| | 3.10,3 | Ingvar Dahl Eldegard | 03.10.1914 | Geithus | 30.12.1984 |
| | 3.07,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 7.1.1985 |
| | 3.06,9 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 17.1.1985 |
| | 3.05,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Bi | 7.1.1986 |
| | 3.02,3 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 9.2.1986 |
| | 3.01,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 8.2.1987 |
| | 2.56,0 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 13.12.1989 |
| | 2.55,5 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 4.2.1990 |
| | 2.55,0 | Ivar S Løften | 09.11.1919 | Trondheim L | 12.2.1990 |
| | 2.51,8 | Asbjørn Paulsen | 06.05.1920 | Hamar V | 9.1.1993 |
| | 2.48,1 | Helge Holstad | 08.03.1922 | Hamar V | 9.1.1993 |
| | 2.47,4 | Arne Svanberg | 01.06.1924 | Hamar V | 15.1.1994 |
| | 2.44,9 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 18.12.2001 |
| | 2.40,6 | Lars B O Eskeland | 23.01.1932 | Dølemo | 5.1.2002 |
| | 2.34,96 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 26.1.2002 |
| | 2.29,07 | Lars B O Eskeland | 23.01.1932 | Hamar V | 26.1.2002 |
| | 2.26,63 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 20.2.2005 |
| | 2.25,21 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 8.1.2006 |
| | 2.23,96 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 14.1.2007 |
| | 2.22,41 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 23.2.2007 |
| | 2.22,02 | Ivar Aandahl | 02.03.1943 | Stavanger SA | 19.1.2013 |
| | 2.21,88 | Svein Bruket | 06.10.1942 | Stavanger SA | 19.1.2013 |
| | 2.20,19 | Ivar Aandahl | 02.03.1943 | Inzell | 22.2.2013 |
| | 2.19,95 | Knut Harald Nesse | 08.08.1942 | Inzell | 22.2.2013 |
| 3000 m | 6.45,8 | Ingvar Dahl Eldegard | 03.10.1914 | Geithus | 30.12.1984 |
| | 6.22,7 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 6.3.1985 |
| | 6.15,1 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 4.12.1985 |
| | 6.03,0 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 29.11.1989 |
| | 6.02,8 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 10.2.1990 |
| | 6.01,2 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 14.2.1990 |
| | 6.00,8 | Asbjørn Paulsen | 06.05.1920 | Savalen | 18.2.1990 |
| | 6.00,6 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 5.12.1990 |
| | 5.57,2 | Asbjørn Paulsen | 06.05.1920 | Hamar V | 10.1.1993 |
| | 5.40,1 | Helge Holstad | 08.03.1922 | Hamar V | 10.1.1993 |
| | 5.34,4 | Lars B O Eskeland | 23.01.1932 | Dølemo | 22.12.2001 |
| | 5.16,97 | Lars B O Eskeland | 23.01.1932 | Hamar V | 27.1.2002 |
| | 5.05,77 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 28.11.2004 |
| | 5.04,70 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 27.11.2005 |
| | 5.02,73 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 7.1.2006 |
| | 4.54,57 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 25.2.2007 |
| 5000 m | 10.41,4 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo Fr | 9.2.1986 |
| | 10.14,7 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 4.2.1990 |
| | 9.04,0 | Lars B O Eskeland | 23.01.1932 | Hamar V | 15.1.2002 |
| | 8.39,26 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 19.2.2005 |
| | 8.33,53 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 13.1.2007 |
| | 8.33,23 | Harald Westerheim | 27.09.1945 | Stavanger SA | 12.3.2016 |
| 10000 m | 20.55,4 | Asbjørn Paulsen | 06.05.1920 | Oslo VH | 20.12.1989 |
| | 20.11,3 | Asbjørn Paulsen | 06.05.1920 | Hamar V | 11.3.1993 |
| | 20.03,74 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 26.1.2003 |
| | 18.54,46 | Lars B O Eskeland | 23.01.1932 | Hamar V | 26.1.2003 |
| | 18.18,92 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 20.2.2005 |
| | 17.47,98 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 14.1.2007 |

| | | | | |
|----------|-------------------|------------|--------------|-----------|
| 17.47,73 | Harald Westerheim | 27.09.1945 | Stavanger SA | 13.3.2016 |
|----------|-------------------|------------|--------------|-----------|

Menn (M-75)

500 m

| | | | | |
|-------|---------------------|------------|----------|------------|
| 58,3 | Lars Nordraak | 1880 | Dokka | 22.1.1957 |
| 57,3 | Lars Nordraak | 1880 | Fagernes | 10.3.1957 |
| 57,2 | Oskar Olsrud | 17.03.1904 | Hol | 25.3.1979 |
| 55,51 | Arne Svanberg | 01.06.1924 | Savalen | 16.1.1999 |
| 53,5 | Arne Svanberg | 01.06.1924 | Skien | 30.1.1999 |
| 53,17 | Arne Svanberg | 01.06.1924 | Hamar V | 25.1.2002 |
| 51,59 | Lars B O Eskeland | 23.01.1932 | Erfurt | 25.11.2006 |
| 51,2 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 21.12.2006 |
| 50,87 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 13.1.2007 |
| 50,84 | Martin Haakon Fagna | 16.01.1932 | Berlin S | 17.2.2007 |
| 48,43 | Martin Haakon Fagna | 16.01.1932 | Calgary | 23.2.2007 |
| 48,42 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 23.1.2010 |
| 48,05 | Svein Bruket | 06.10.1942 | Hamar V | 12.8.2017 |
| 46,95 | Svein Bruket | 06.10.1942 | Hamar V | 18.11.2017 |
| 46,87 | Svein Bruket | 06.10.1942 | Hamar V | 15.1.2018 |
| 46,16 | Svein Bruket | 06.10.1942 | Hamar V | 19.1.2019 |

1000 m

| | | | | |
|---------|---------------------|------------|---------------|------------|
| 3.02,4 | Ole Syversen | 21.10.1830 | Kristiania Bi | 31.1.1909 |
| 2.03,9 | Ragnvald Johansen | 05.04.1880 | Kristiansand | 5.2.1959 |
| 1.57,05 | Arne Svanberg | 01.06.1924 | Savalen | 17.1.1999 |
| 1.52,4 | Arne Svanberg | 01.06.1924 | Skien | 30.1.1999 |
| 1.52,06 | Arne Svanberg | 01.06.1924 | Hamar V | 26.1.2002 |
| 1.44,76 | Lars B O Eskeland | 23.01.1932 | Erfurt | 26.11.2006 |
| 1.43,81 | Martin Haakon Fagna | 16.01.1932 | Inzell | 27.1.2007 |
| 1.42,36 | Martin Haakon Fagna | 16.01.1932 | Berlin S | 18.2.2007 |
| 1.37,14 | Martin Haakon Fagna | 16.01.1932 | Calgary | 24.2.2007 |
| 1.35,95 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 26.2.2011 |
| 1.33,61 | Svein Bruket | 06.10.1942 | Hamar V | 20.1.2019 |

1500 m

| | | | | |
|---------|----------------------|------------|----------|------------|
| 3.21,0 | Oskar Olsrud | 17.03.1904 | Hønefoss | 23.2.1980 |
| 3.18,6 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 21.2.1990 |
| 3.13,2 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 28.2.1990 |
| 3.03,33 | Arne Svanberg | 01.06.1924 | Savalen | 16.1.1999 |
| 2.41,12 | Lars B O Eskeland | 23.01.1932 | Erfurt | 25.11.2006 |
| 2.38,16 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 14.1.2007 |
| 2.37,02 | Martin Haakon Fagna | 16.01.1932 | Berlin S | 17.2.2007 |
| 2.31,32 | Martin Haakon Fagna | 16.01.1932 | Calgary | 23.2.2007 |
| 2.26,38 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 24.1.2010 |

3000 m

| | | | | |
|---------|----------------------|------------|-----------------|------------|
| 12.09,5 | Per Bache-Wiig | 1908 | Oslo Fr | 8.2.1986 |
| 10.34,9 | Per Bache-Wiig | 1908 | Oslo Bi | 15.2.1986 |
| 7.20,2 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 3.2.1990 |
| 6.41,1 | Ingvar Dahl Eldegard | 03.10.1914 | Savalen | 18.2.1990 |
| 5.37,82 | Lars B O Eskeland | 23.01.1932 | Erfurt | 26.11.2006 |
| 5.35,44 | Lars B O Eskeland | 23.01.1932 | Berlin S | 18.2.2007 |
| 5.33,59 | Martin Haakon Fagna | 16.01.1932 | Berlin S | 18.2.2007 |
| 5.33,05 | Arne Kjell Foldvik | 17.12.1934 | Trondheim L | 16.11.2009 |
| 5.20,04 | Arne Kjell Foldvik | 17.12.1934 | Baselga di Pine | 28.2.2010 |
| 5.08,13 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 27.2.2011 |

5000 m

| | | | | |
|---------|----------------------|------------|-------------|-----------|
| 17.10,4 | Per Bache-Wiig | 1908 | Oslo Fr | 9.2.1986 |
| 11.46,5 | Ingvar Dahl Eldegard | 03.10.1914 | Oslo VH | 4.2.1990 |
| 9.46,13 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 14.1.2007 |
| 9.34,33 | Lars B O Eskeland | 23.01.1932 | Hamar V | 9.2.2008 |
| 9.13,74 | Arne Kjell Foldvik | 17.12.1934 | Trondheim L | 7.12.2009 |
| 8.42,67 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 23.1.2010 |

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|----------------|----------|--------------------|------------|---------|-----------|
| 10000 m | 19.37,85 | Lars B O Eskeland | 23.01.1932 | Hamar V | 10.2.2008 |
| | 17.57,52 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 24.1.2010 |

Menn (M-80)

| | | | | | |
|--------------|--------------------|---------------------|------------|----------------|-----------|
| 500 m | 57,3 | Erik Nordhagen | 20.08.1884 | Brandbu | 3.2.1966 |
| | 56,20 | Arne Svanberg | 01.06.1924 | Hamar V | 22.2.2004 |
| | 54,76 | Martin Haakon Fagna | 16.01.1932 | Hamar V | 13.8.2011 |
| | 54,50 | Martin Haakon Fagna | 16.01.1932 | Inzell | 2.2.2013 |
| | 54,23 | Martin Haakon Fagna | 16.01.1932 | Salt Lake City | 16.3.2013 |
| | 52,62 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 6.12.2014 |
| | 51,26 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 17.1.2015 |
| | 50,33 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 31.1.2015 |
| 49,98 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 6.2.2015 | |

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|---------------|---------|---------------------|------------|---------|-----------|
| 1000 m | 2.21,4 | Johan Hovland | 08.04.1896 | Oslo VH | 17.3.1979 |
| | 2.16,8 | Johan Hovland | 08.04.1896 | Hol | 24.3.1979 |
| | 2.05,93 | Arne Svanberg | 01.06.1924 | Oslo VH | 18.1.2004 |
| | 2.04,19 | Arne Svanberg | 01.06.1924 | Hamar V | 21.2.2004 |
| | 1.57,79 | Arne Svanberg | 01.06.1924 | Hamar V | 22.2.2004 |
| | 1.56,86 | Martin Haakon Fagna | 16.01.1932 | Inzell | 29.1.2012 |
| | 1.55,14 | Martin Haakon Fagna | 16.01.1932 | Erfurt | 10.3.2012 |
| | 1.52,85 | Martin Haakon Fagna | 16.01.1932 | Inzell | 2.2.2013 |
| | 1.51,71 | Martin Haakon Fagna | 16.01.1932 | Inzell | 23.2.2013 |
| | 1.48,90 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 7.12.2014 |
| | 1.45,56 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 31.1.2015 |
| | 1.42,68 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 7.2.2015 |

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|---------------|---------|---------------------|------------|--------------|-----------|
| 1500 m | 3.35,8 | Johan Hovland | 08.04.1896 | Hønefoss | 23.2.1980 |
| | 3.18,76 | Arne Svanberg | 01.06.1924 | Inzell | 27.2.2004 |
| | 3.13,45 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 7.1.2012 |
| | 3.05,46 | Martin Haakon Fagna | 16.01.1932 | Erfurt | 9.3.2012 |
| | 2.55,49 | Martin Haakon Fagna | 16.01.1932 | Stavanger Sø | 20.1.2013 |
| | 2.49,82 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 6.12.2014 |
| | 2.47,10 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 18.1.2015 |
| | 2.36,81 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 7.2.2015 |

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|---------------|---------|---------------------|------------|----------|-----------|
| 3000 m | 7.12,92 | Arne Svanberg | 01.06.1924 | Inzell | 29.2.2004 |
| | 6.51,59 | Martin Haakon Fagna | 16.01.1932 | Oslo VH | 8.1.2012 |
| | 6.38,57 | Martin Haakon Fagna | 16.01.1932 | Berlin S | 10.2.2013 |
| | 6.29,53 | Martin Haakon Fagna | 16.01.1932 | Inzell | 23.2.2013 |
| | 5.52,28 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 7.12.2014 |
| | 5.31,52 | Arne Kjell Foldvik | 17.12.1934 | Calgary | 8.2.2015 |

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|---------------|----------|---------------------|------------|--------------|-----------|
| 5000 m | 11.36,43 | Martin Haakon Fagna | 16.01.1932 | Stavanger Sø | 19.1.2013 |
| | 9.44,28 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 17.1.2015 |

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|----------------|----------|---------------------|------------|--------------|-----------|
| 10000 m | 23.21,60 | Martin Haakon Fagna | 16.01.1932 | Stavanger Sø | 20.1.2013 |
| | 20.27,21 | Arne Kjell Foldvik | 17.12.1934 | Hamar V | 18.1.2015 |

Menn (M-85)

| | | | | | |
|--------------|-------|--------------------|------------|---------|------------|
| 500 m | 67,8 | Johan Hovland | 08.04.1896 | Hundorp | 22.3.1981 |
| | 59,95 | Arne Kjell Foldvik | 17.12.1934 | Bjugn | 16.10.2019 |
| | 58,94 | Arne Kjell Foldvik | 17.12.1934 | Bjugn | 30.10.2019 |
| | 58,12 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 7.12.2019 |
| | 55,12 | Arne Kjell Foldvik | 17.12.1934 | Hamar | 4.1.2020 |
| | 54,76 | Arne Kjell Foldvik | 17.12.1934 | Inzell | 11.1.2020 |
| | 54,19 | Arne Kjell Foldvik | 17.12.1934 | Inzell | 12.1.2020 |

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|----------------|----------|--------------------|------------|-------------|------------|
| 1000 m | 2.27,2 | Johan Hovland | 08.04.1896 | Hundorp | 22.3.1981 |
| | 2.10,95 | Arne Kjell Foldvik | 17.12.1934 | Bjugn | 30.10.2019 |
| | 2.00,20 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 8.12.2019 |
| | 1.59,02 | Arne Kjell Foldvik | 17.12.1934 | Hamar | 5.1.2020 |
| | 1.52,11 | Arne Kjell Foldvik | 17.12.1934 | Inzell | 11.1.2020 |
| 1500 m | 3.47,1 | Johan Hovland | 08.04.1896 | Oslo VH | 17.1.1983 |
| | 3.29,91 | Arne Kjell Foldvik | 17.12.1934 | Bjugn | 27.11.2019 |
| | 3.15,41 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 7.12.2019 |
| | 3.08,19 | Arne Kjell Foldvik | 17.12.1934 | Hamar | 4.1.2020 |
| | 3.00,48 | Arne Kjell Foldvik | 17.12.1934 | Collalbo | 24.1.2020 |
| 3000 m | 6.47,16 | Arne Kjell Foldvik | 17.12.1934 | Erfurt | 7.12.2019 |
| | 6.37,09 | Arne Kjell Foldvik | 17.12.1934 | Hamar | 5.1.2020 |
| | 6.34,32 | Arne Kjell Foldvik | 17.12.1934 | Collalbo | 26.1.2020 |
| 5000 m | 14.07,96 | Arne Kjell Foldvik | 17.12.1934 | Trondheim L | 16.12.2019 |
| | 12.33,84 | Arne Kjell Foldvik | 17.12.1934 | Berlin S | 23.2.2020 |
| | 11.43,27 | Arne Kjell Foldvik | 17.12.1934 | Heerenveen | 10.3.2020 |
| 10000 m | 25.06,72 | Arne Kjell Foldvik | 17.12.1934 | Heerenveen | 11.3.2020 |