Rank	Lane	Band	Pair	Name	Nat	AG	100m		Diff
				100m 1					
1	O	rd	8	AANNØ Thalita	NOR	D2	12.76 MT		-
2	I	wt	7	RØDSJØ Julian	NOR	E2	13.80 MT	**P**	+1.04
3	O	rd	7	AANNØ Freya	NOR	E2	15.03 MT		+2.27
4	I	wt	8	GJØLGA Alf Sigmund	NOR	M80	15.32 MT	**SB**	+2.56
5	O	rd	2	EIDSAUNE Sebastian Hovde	NOR	E2	16.08 MT	**P**	+3.32
	O	rd	6	MOEN Kasper Andre	NOR	E1	MT	**P**	
	O	rd	5	MOEN Ingrid Otelie	NOR	E1	MT		
	I	wt	6	OLSEN Leona Solberg	NOR	F1	MT	**P**	
	I	wt	2	HIRSCHHOLM Johanne	NOR	F2	MT		
	I	wt	5	MOGSTAD Sander Røstad	NOR	F1	MT		
	O	rd	4	PAULINO Benjamin	NOR	F1	MT	**P**	
	I	wt	4	MOEN Sander	NOR	F1	MT		
	O	rd	3	MOEN Aksel Johannes	NOR	F1	MT	**P**	
	I	wt	3	RØDSJØ Leonard	NOR	F1	MT	**P**	
	I	wt	1	ERVIK Rolf	NOR	F1	MT		
	O	rd	1	HUMSTAD WULLUM Mie	NOR	F1	MT	**P**	
				100m 2					
	I	wt	4	MOGSTAD Sander Røstad	NOR	F1	MT		
	I	wt	3	PAULINO Benjamin	NOR	F1	MT		
	O	rd	4	MOEN Sander	NOR	F1	MT		
	I	wt	2	RØDSJØ Leonard	NOR	F1	MT		
	I	wt	1	ERVIK Rolf	NOR	F1	MT		
	O	rd	1	HUMSTAD WULLUM Mie	NOR	F1	MT	**P**	
	O	rd	3	MOEN Aksel Johannes	NOR	F1	MT		
				500m					
1	O	rd	5	BRANDTSEGG Torbjørn	NOR	M65	50.10 MT		-
2	O	rd	4	AANNØ Thalita	NOR	D2	51.00 MT	**P**	+0.90
3	I	wt	3	OPHAUG Agnes	NOR	D1	53.71 MT		+3.61
4	I	wt	4	STEEN Marita Agnethe	NOR	M65	54.57 MT	**SB**	+4.47
5	O	rd	3	RØDSJØ Julian	NOR	E2	56.08 MT	**P**	+5.98
6	I	wt	5	GJØLGA Alf Sigmund	NOR	M80	58.27 MT	**SB**	+8.17
7	O	rd	1	AANNØ Freya	NOR	E2	1:08.31 MT		+18.21
8	I	wt	2	ROODBOL Lasse	NOR	E2	1:08.80 MT	**P**	+18.70
	I	wt	1	MOEN Kasper Andre	NOR	E1	MT		

Rank	Lane	Band	Pair	Name	Nat	AG	100m		Diff
				500m Protokoll					
1	O	rd	5	BRANDTSEGG Torbjørn	NOR	M65	50.10 MT		-
LAPS: 2 100m: - 500m: 00:50.10									
2	O	rd	4	AANNØ Thalita	NOR	D2	51.00 MT		+0.90
LAPS: 2 100m: - 500m: 00:51.00									
3	I	wt	3	OPHAUG Agnes	NOR	D1	53.71 MT		+3.61
LAPS: 2 100m: - 500m: 00:53.71									
4	I	wt	4	STEEN Marita Agnethe	NOR	M65	54.57 MT		+4.47
LAPS: 2 100m: - 500m: 00:54.57									
5	O	rd	3	RØDSJØ Julian	NOR	E2	56.08 MT		+5.98
LAPS: 2 100m: - 500m: 00:56.08									
6	I	wt	5	GJØLGA Alf Sigmund	NOR	M80	58.27 MT		+8.17
LAPS: 2 100m: - 500m: 00:58.27									
7	O	rd	1	AANNØ Freya	NOR	E2	1:08.31 MT		+18.21
LAPS: 2 100m: - 500m: 01:08.31									
8	I	wt	2	ROODBOL Lasse	NOR	E2	1:08.80 MT		+18.70
LAPS: 2 100m: - 500m: 01:08.80									
	I	wt	1	MOEN Kasper Andre	NOR	E1	MT		
LAPS: 2 100m: - 500m: 01:18.28									
				300m					
1	I	wt	3	OPHAUG Agnes	NOR	D1	34.01 MT		-
2	I	wt	1	EIDSAUNE Sebastian Hovde	NOR	E2	41.61 MT	**P**	+7.60
3	O	rd	3	ROODBOL Lasse	NOR	E2	42.07 MT		+8.06
	O	rd	1	MOEN Ingrid Otelie	NOR	E1	MT		
	I	wt	2	HIRSCHHOLM Johanne	NOR	F2	MT		
	O	rd	2	OLSEN Leona Solberg	NOR	F1	MT		
				1500m					
1	I	wt	1	BRANDTSEGG Torbjørn	NOR	M65	2:39.48 MT	**SB**	-
				1500m Protokoll					
1	I	wt	1	BRANDTSEGG Torbjørn	NOR	M65	2:39.48 MT		-
LAPS: 4 300m: - 700m: - 1100m: - 1500m: 02:39.48									