

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER KVINNER 5000M 21.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	106	Maria BIRKELI	Geithus IL	NOR	M40	9:37.57	-
2	108	Sara HEMMER	Aktiv SK	NOR	M65	MT10:33.89	56.32

Par	Indre Bane				Ytre Bane			
1	106.	Maria BIRKELI - Geithus IL			108.	Sara HEMMER - Aktiv SK		
	200	27.18	(27.18)	1	200	31.23	(31.23)	2
	600	1:10.49	(43.31)	1	600	1:19.61	(48.38)	2
	1000	1:54.38	(43.89)	1	1000	2:09.15	(49.54)	2
	1400	2:39.00	(44.62)	1	1400	2:59.57	(50.42)	2
	1800	3:24.51	(45.51)	1	1800	3:50.13	(50.56)	2
	2200	4:10.16	(45.65)	1	2200	4:41.27	(51.14)	2
	2600	4:56.34	(46.18)	1	2600	5:31.96	(50.69)	2
	3000	5:43.57	(47.23)	1	3000	6:21.93	(49.97)	2
	3400	6:30.68	(47.11)	1	3400	7:11.99	(50.06)	2
	3800	7:17.47	(46.79)	1	3800	8:02.49	(50.50)	2
	4200	8:04.41	(46.94)	1	4200	8:52.74	(50.25)	2
	4600	8:50.58	(46.17)	1	4600	9:42.78	(50.04)	2
	Final	9:37.57	(46.99)	1	Final	10:33.89	(51.11)	2

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MENN 5000M 21.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	321	Vegard RYE	SSSK	NOR	Neo	6:42.33	-
2	289	Oddbjørn MELLESTRAND	SSSK	NOR	Neo	6:44.37	02.04
3	292	Ivar NORHEIM	Fana IL	NOR	Neo	6:47.37	05.04
4	308	Runar Njåtun KRØYER	Asker SK	NOR	Senior	6:49.09	06.76
5	348	Sander TVETER	SSSK	NOR	Senior	6:54.24	11.91
6	282	Frederik GAJOS HAMRE	SSSK	NOR	A2	7:07.09	24.76
7	320	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	7:33.09	50.76
8	290	Marius MOEN	Drammen SK	NOR	Neo	7:47.16	1:04.83
9	189	Joakim HAARA	Austrått	NOR	A1	8:15.08	1:32.75
10	276	Magnus RØYRVIK	SSSK	NOR	M45	8:46.72	2:04.39
-	266	Octavian-Cornel MOGA	Sibiu	ROU	M55	DNS	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane					Ytre Bane						
1	189.	Joakim HAARA - Austrått					276.	Magnus RØYRVIK - SSSK				
		200	21.48	(21.48)	7		200	24.64	(24.64)	10		
		600	58.25	(36.77)	9		600	1:03.98	(39.34)	10		
		1000	1:37.59	(39.34)	9		1000	1:44.04	(40.06)	10		
		1400	2:17.04	(39.45)	9		1400	2:25.04	(41.00)	10		
		1800	2:55.95	(38.91)	9		1800	3:06.26	(41.22)	10		
		2200	3:34.90	(38.95)	9		2200	3:47.67	(41.41)	10		
		2600	4:14.89	(39.99)	9		2600	4:29.61	(41.94)	10		
		3000	4:54.69	(39.80)	9		3000	5:11.67	(42.06)	10		
		3400	5:34.52	(39.83)	9		3400	5:54.30	(42.63)	10		
		3800	-	(-)	-		3800	6:36.92	(42.62)	9		
		4200	6:54.75	(6:54.75)	9		4200	7:19.66	(42.74)	10		
		4600	7:35.43	(40.68)	9		4600	8:03.26	(43.60)	10		
		Final	8:15.08	(39.65)	9		Final	8:46.72	(43.46)	10		
2	266.	Octavian-Cornel MOGA - Sibiu					-. --					
		200	-	(-)	-							
		600	-	(-)	-							
		1000	-	(-)	-							
		1400	-	(-)	-							
		1800	-	(-)	-							
		2200	-	(-)	-							
		2600	-	(-)	-							
		3000	-	(-)	-							
		3400	-	(-)	-							
		3800	-	(-)	-							
		4200	-	(-)	-							
		4600	-	(-)	-							
		Final	-	(-)	-							
3	320.	Halvor Kjøsterud ERLINGSEN - Asker SK					290.	Marius MOEN - Drammen SK				
		200	21.69	(21.69)	8		200	22.24	(22.24)	9		
		600	56.79	(35.10)	8		600	56.32	(34.08)	7		
		1000	1:31.56	(34.77)	8		1000	1:31.48	(35.16)	7		
		1400	2:07.50	(35.94)	8		1400	2:06.96	(35.48)	7		
		1800	2:43.41	(35.91)	8		1800	2:43.35	(36.39)	7		
		2200	3:19.24	(35.83)	7		2200	3:19.98	(36.63)	8		
		2600	3:54.55	(35.31)	7		2600	3:55.06	(35.08)	8		
		3000	4:30.41	(35.86)	7		3000	4:33.54	(38.48)	8		
		3400	5:06.59	(36.18)	7		3400	5:10.96	(37.42)	8		
		3800	5:43.34	(36.75)	7		3800	5:49.29	(38.33)	8		
		4200	6:20.04	(36.70)	7		4200	6:27.67	(38.38)	8		
		4600	6:56.64	(36.60)	7		4600	7:07.12	(39.45)	8		
		Final	7:33.09	(36.45)	7		Final	7:47.16	(40.04)	8		
4	308.	Runar Njåtun KRØYER - Asker SK					282.	Frederik GAJOS HAMRE - SSSK				
		200	20.30	(20.30)	4		200	20.47	(20.47)	5		
		600	51.57	(31.27)	4		600	53.20	(32.73)	6		
		1000	1:22.99	(31.42)	3		1000	1:26.11	(32.91)	6		
		1400	1:54.60	(31.61)	3		1400	1:58.52	(32.41)	6		
		1800	2:26.09	(31.49)	3		1800	2:30.72	(32.20)	6		

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane			Ytre Bane			
	2200	2:57.49	(31.40)	3	2200	3:03.12	(32.40) 6
	2600	3:29.35	(31.86)	3	2600	3:37.46	(34.34) 6
	3000	4:01.62	(32.27)	3	3000	4:08.81	(31.35) 6
	3400	4:34.23	(32.61)	4	3400	4:42.94	(34.13) 6
	3800	5:07.38	(33.15)	4	3800	5:17.91	(34.97) 6
	4200	5:40.93	(33.55)	4	4200	5:53.51	(35.60) 6
	4600	6:14.72	(33.79)	4	4600	6:30.01	(36.50) 6
	Final	6:49.09	(34.37)	4	Final	7:07.09	(37.08) 6

5	321.	Vegard RYE - SSSK	292.	Ivar NORHEIM - Fana IL
	200	19.15 (19.15) 1		200 19.69 (19.69) 2
	600	50.00 (30.85) 1		600 50.32 (30.63) 2
	1000	1:21.38 (31.38) 1		1000 1:21.45 (31.13) 2
	1400	1:53.25 (31.87) 2		1400 1:52.89 (31.44) 1
	1800	2:24.80 (31.55) 2		1800 2:24.72 (31.83) 1
	2200	2:56.30 (31.50) 1		2200 2:56.54 (31.82) 2
	2600	3:27.66 (31.36) 1		2600 3:28.45 (31.91) 2
	3000	3:59.20 (31.54) 1		3000 4:00.71 (32.26) 2
	3400	4:31.06 (31.86) 1		3400 4:33.23 (32.52) 2
	3800	5:03.34 (32.28) 1		3800 5:06.43 (33.20) 3
	4200	5:35.81 (32.47) 1		4200 5:39.79 (33.36) 3
	4600	6:08.90 (33.09) 1		4600 6:13.57 (33.78) 3
	Final	6:42.33 (33.43) 1		Final 6:47.37 (33.80) 3

6	289.	Oddbjørn MELLESTRAND - SSSK	348.	Sander TVETER - SSSK
	200	19.89 (19.89) 3		200 20.52 (20.52) 6
	600	51.45 (31.56) 3		600 51.94 (31.42) 5
	1000	1:23.09 (31.64) 4		1000 1:23.77 (31.83) 5
	1400	1:55.08 (31.99) 4		1400 1:55.82 (32.05) 5
	1800	2:26.96 (31.88) 4		1800 2:27.86 (32.04) 5
	2200	2:58.86 (31.90) 4		2200 2:59.81 (31.95) 5
	2600	3:30.81 (31.95) 4		2600 3:32.22 (32.41) 5
	3000	4:01.90 (31.09) 4		3000 4:04.11 (31.89) 5
	3400	4:33.25 (31.35) 3		3400 4:36.21 (32.10) 5
	3800	5:05.30 (32.05) 2		3800 5:09.73 (33.52) 5
	4200	5:37.92 (32.62) 2		4200 5:43.97 (34.24) 5
	4600	6:11.04 (33.12) 2		4600 6:18.83 (34.86) 5
	Final	6:44.37 (33.33) 2		Final 6:54.24 (35.41) 5

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 10.000M 21.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	136	Ole BJORNSMOEN NAESS	Tynset	NOR	Senior	13:46.88	-
2	111	Erlend BELSVIK	Stord IL	NOR	Neo	14:27.50	40.62
3	305	Øystein GRØDUM	Arendal Sk	NOR	Senior	15:04.54	1:17.66
-	266	Octavian-Cornel MOGA	Sibiu	ROU	M55	DNS	-
4	340	Pernille Løvestad SKOLEM	HBSK	NOR	A2	17:49.83	4:02.95
5	261	Arne RIMMEREID	Arendal SK	NOR	M50	MT18:37.42	4:50.54
6	103	Alf HARBITZ	Tromsø SK	NOR	M70	MT19:34.09	5:47.21
7	188	Gaute Haftor SØRENSEN	Arendal SK	NOR	M55	MT19:38.82	5:51.94
8	108	Sara HEMMER	Aktiv SK	NOR	M65	21:05.05	7:18.17

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane			Ytre Bane			
1	108.	Sara HEMMER - Aktiv SK		-.	--		
		400	-	(-)	-		
		800	1:46.40	(1:46.40)	6		
		1200	2:37.47	(51.07)	6		
		1600	3:28.33	(50.86)	8		
		2000	4:18.92	(50.59)	8		
		2400	5:08.95	(50.03)	8		
		2800	5:58.93	(49.98)	8		
		3200	6:48.96	(50.03)	8		
		3600	7:38.59	(49.63)	8		
		4000	8:28.63	(50.04)	7		
		4400	9:19.23	(50.60)	8		
		4800	10:09.15	(49.92)	8		
		5200	10:58.91	(49.76)	7		
		5600	11:49.56	(50.65)	7		
		6000	12:39.33	(49.77)	8		
		6400	13:29.37	(50.04)	8		
		6800	14:19.43	(50.06)	8		
		7200	15:09.85	(50.42)	7		
		7600	15:59.72	(49.87)	8		
		8000	16:49.42	(49.70)	8		
		8400	17:39.55	(50.13)	9		
		8800	18:30.95	(51.40)	9		
		9200	19:21.65	(50.70)	8		
		9600	20:13.25	(51.60)	8		
		Final	21:05.05	(51.80)	9		
2	-.	--		-.	--		
3	188.	Gaute Haftor SØRENSEN - Arendal SK		103.	Alf HARBITZ - Tromsø SK		
		400	46.52	(46.52)	5	400	-
		800	1:13.67	(27.15)	3	800	1:30.13
		1200	-	(-)	-	1200	1:54.08
		1600	2:15.68	(2:15.68)	5	1600	2:14.27
		2000	3:01.04	(45.36)	6	2000	2:58.56
		2400	3:45.80	(44.76)	7	2400	3:43.25
		2800	4:32.01	(46.21)	7	2800	4:28.19
		3200	5:18.20	(46.19)	6	3200	5:32.03
		3600	6:05.83	(47.63)	6	3600	6:18.12
		4000	7:41.35	(1:35.52)	6	4000	7:35.32
		4400	8:29.22	(47.87)	6	4400	7:46.89
		4800	9:21.61	(52.39)	7	4800	8:17.54
		5200	10:09.82	(48.21)	6	5200	8:32.49
		5600	10:48.50	(38.68)	6	5600	9:23.19
		6000	11:45.06	(56.56)	7	6000	10:09.42
		6400	12:33.75	(48.69)	7	6400	10:55.45
		6800	13:06.71	(32.96)	7	6800	11:42.05
		7200	14:09.47	(1:02.76)	6	7200	-
		7600	14:57.61	(48.14)	7	7600	13:15.77
		8000	15:45.21	(47.60)	6	8000	-
		8400	16:08.56	(23.35)	6	8400	16:24.72

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane			
	8800	17:18.15	(1:09.59)	8	8800	17:11.58	(46.86)	7
	9200	18:07.04	(48.89)	7	9200	17:59.15	(47.57)	6
	9600	19:05.09	(58.05)	7	9600	18:46.73	(47.58)	6
	Final	19:38.82	(33.73)	8	Final	19:34.09	(47.36)	7

4 261. Arne RIMMEREID - Arendal SK 340. Pernille Løvestad SKOLEM - HBSK

400	19.58	(19.58)	2	400	45.80	(45.80)	4
800	-	(-)	-	800	-	(-)	-
1200	1:27.06	(1:27.06)	1	1200	-	(-)	-
1600	2:09.24	(42.18)	2	1600	2:08.96	(2:08.96)	1
2000	2:52.74	(43.50)	4	2000	2:51.42	(42.46)	3
2400	3:36.11	(43.37)	4	2400	3:33.95	(42.53)	3
2800	4:19.88	(43.77)	5	2800	4:16.44	(42.49)	4
3200	5:04.71	(44.83)	5	3200	4:58.66	(42.22)	4
3600	5:49.25	(44.54)	5	3600	5:41.62	(42.96)	4
4000	7:19.16	(1:29.91)	4	4000	-	(-)	-
4400	8:03.49	(44.33)	5	4400	8:32.32	(8:32.32)	7
4800	8:49.38	(45.89)	5	4800	9:14.75	(42.43)	6
5200	9:35.21	(45.83)	5	5200	-	(-)	-
5600	-	(-)	-	5600	10:29.13	(10:29.13)	5
6000	9:57.81	(9:57.81)	4	6000	10:40.60	(11.47)	6
6400	11:06.72	(1:08.91)	5	6400	11:25.13	(44.53)	6
6800	11:52.83	(46.11)	5	6800	12:09.40	(44.27)	6
7200	12:01.26	(08.43)	4	7200	12:51.60	(42.20)	5
7600	12:52.76	(51.50)	4	7600	13:33.20	(41.60)	6
8000	13:24.84	(32.08)	4	8000	14:15.31	(42.11)	5
8400	14:10.55	(45.71)	4	8400	14:57.52	(42.21)	5
8800	14:55.87	(45.32)	4	8800	16:21.65	(1:24.13)	5
9200	-	(-)	-	9200	17:05.12	(43.47)	5
9600	17:10.21	(17:10.21)	5	9600	-	(-)	-
Final	18:37.42	(1:27.21)	6	Final	17:49.83	(17:49.83)	5

5 305. Øystein GRØDUM - Arendal Sk 266. Octavian-Cornel MOGA - Sibiu

400	-	(-)	-	400	-	(-)	-
800	1:15.02	(1:15.02)	4	800	-	(-)	-
1200	1:51.20	(36.18)	4	1200	-	(-)	-
1600	2:26.90	(35.70)	7	1600	-	(-)	-
2000	3:02.66	(35.76)	7	2000	-	(-)	-
2400	3:38.67	(36.01)	5	2400	-	(-)	-
2800	4:14.82	(36.15)	3	2800	-	(-)	-
3200	4:49.82	(35.00)	3	3200	-	(-)	-
3600	5:24.62	(34.80)	3	3600	-	(-)	-
4000	5:59.41	(34.79)	3	4000	-	(-)	-
4400	6:34.70	(35.29)	3	4400	-	(-)	-
4800	7:10.52	(35.82)	3	4800	-	(-)	-
5200	7:46.44	(35.92)	3	5200	-	(-)	-
5600	8:22.49	(36.05)	3	5600	-	(-)	-
6000	8:58.62	(36.13)	3	6000	-	(-)	-
6400	9:34.96	(36.34)	3	6400	-	(-)	-
6800	10:11.63	(36.67)	3	6800	-	(-)	-
7200	10:48.28	(36.65)	3	7200	-	(-)	-
7600	11:25.01	(36.73)	3	7600	-	(-)	-
8000	12:01.50	(36.49)	3	8000	-	(-)	-
8400	12:38.46	(36.96)	3	8400	-	(-)	-
8800	13:15.14	(36.68)	3	8800	-	(-)	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane			
	9200	13:52.04	(36.90)	3	9200	-	(-)	-
	9600	14:28.32	(36.28)	3	9600	-	(-)	-
	Final	15:04.54	(36.22)	3	Final	-	(-)	-
6	136.	Ole BJORNSMOEN NAESS - Tynset				111.	Erlend BELSVIK - Stord IL	
	400	18.14	(18.14)	1	400	36.69	(36.69)	3
	800	1:10.21	(52.07)	2	800	1:09.15	(32.46)	1
	1200	1:43.37	(33.16)	3	1200	1:42.39	(33.24)	2
	1600	2:15.98	(32.61)	6	1600	2:15.45	(33.06)	4
	2000	2:48.72	(32.74)	2	2000	2:48.65	(33.20)	1
	2400	3:21.31	(32.59)	1	2400	3:22.00	(33.35)	2
	2800	3:54.03	(32.72)	1	2800	3:55.50	(33.50)	2
	3200	4:27.13	(33.10)	1	3200	4:29.01	(33.51)	2
	3600	5:00.08	(32.95)	1	3600	5:02.76	(33.75)	2
	4000	5:33.04	(32.96)	1	4000	5:36.43	(33.67)	2
	4400	6:05.96	(32.92)	1	4400	6:10.28	(33.85)	2
	4800	6:38.93	(32.97)	1	4800	6:44.05	(33.77)	2
	5200	7:12.02	(33.09)	1	5200	7:17.99	(33.94)	2
	5600	7:45.08	(33.06)	1	5600	7:52.11	(34.12)	2
	6000	8:18.28	(33.20)	1	6000	8:27.32	(35.21)	2
	6400	8:51.44	(33.16)	1	6400	9:02.75	(35.43)	2
	6800	9:24.43	(32.99)	1	6800	9:38.18	(35.43)	2
	7200	9:57.19	(32.76)	1	7200	10:14.36	(36.18)	2
	7600	10:29.93	(32.74)	1	7600	10:50.64	(36.28)	2
	8000	11:02.68	(32.75)	1	8000	11:26.47	(35.83)	2
	8400	11:35.36	(32.68)	1	8400	12:02.85	(36.38)	2
	8800	12:08.06	(32.70)	1	8800	12:39.72	(36.87)	2
	9200	12:40.68	(32.62)	1	9200	13:16.90	(37.18)	2
	9600	13:13.50	(32.82)	1	9600	13:52.73	(35.83)	2
	Final	13:46.88	(33.38)	1	Final	14:27.50	(34.77)	2

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 500M - 22.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	272	Bendik BECKER PEDERSEN	Fana IL	NOR	B2	37.16	-
2	282	Frederik GAJOS HAMRE	SSSK	NOR	A2	37.67	00.51
3	309	William VORVIK	TSK	NOR	A1	38.46	01.30
4	292	Ivar NORHEIM	Fana IL	NOR	Neo	MT38.77	01.61
5	321	Vegard RYE	SSSK	NOR	Neo	38.80	01.64
6	307	Kristoffer SONGSTAD	Fana IL	NOR	A2	39.25	02.09
7	341	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	40.65	03.49
8	320	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	40.66	03.50
9	335	Marcus Rasmussen KVARME	-	NOR	Senior	40.78	03.62
10	311	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	41.06	03.90
11	296	Lars ULVESETH	Fana IL	NOR	A2	41.17	04.01
12	194	Jonas BAAS	Dølemo IL	NOR	C2	41.47	04.31
13	295	Magnus RIAN MYRLI	Spk Falken	NOR	C2	41.84	04.68
14	310	Sebastian LACKNER	TSK	NOR	A1	42.02	04.86
15	189	Joakim HAARA	Austrått	NOR	A1	42.35	05.19
16	314	Ola BJELKEVIK FRIESINGER	Arendal SK	NOR	C2	43.06	05.90
17	107	Peter Grove KRISTENSEN	Fana IL	NOR	B1	43.45	06.29
18	150	Bo Oscar LILLETVEDT	Fana IL	NOR	A2	43.65	06.49
19	290	Marius MOEN	Drammen SK	NOR	Neo	43.78	06.62
20	181	Magnus Kvåle AASEN	Fana IL	NOR	C2	43.95	06.79
21	346	Åse DAHN	Fana IL	NOR	A2	44.04	06.88
22	281	Emil Christian NIELSEN	Danmark	DEN	Senior	44.39	07.23
23	345	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	44.69	07.53
24	293	Matias DALEN	Jevnaker	NOR	C1	44.78	07.62
25	288	Eskil MELLESTRAND	SSSK	NOR	C2	44.99	07.83
26	344	Sunniva ØVERJORDET	SFIL	NOR	C1	45.14	07.98
27	264	Ingeborg SJØTHUN	SSSK	NOR	B2	45.25	08.09
28	140	Oliver TROGSTAD RAUDBERGET	Gjøvik SK	NOR	C2	45.38	08.22
29	303	Sondre MYRMEL	Fana IL	NOR	B1	45.39	08.23
30	306	Hedda FINSLAND	Asker SK	NOR	B1	45.55	08.39
31	325	Magnus Sørheim NYLUND	Stord IL	NOR	C2	45.98	08.82
32	337	Sverre Solhaug FOLKESTAD	Fana IL	NOR	D2	46.74	09.58
33	313	Einar BJELKEVIK FRIESINGER	Arendal SK	NOR	D1	46.89	09.73
34	294	Snorre LERANG LUND	Austrått	NOR	B1	47.06	09.90
35	139	Victoria PAGAR	Gjøvik SK	EST	B1	47.59	10.43
36	312	Heine ASKILDSSEN-GUNNES	Arendal SK	NOR	C1	47.92	10.76
37	302	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	48.63	11.47
38	113	Martin EMBRE STIGEN	Gol IL	NOR	C1	48.95	11.79
39	332	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	49.52	12.36
40	263	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	49.83	12.67
41	297	Ingeborg INGULDSTAD	-	NOR	C2	49.93	12.77
42	165	Julian Bjerring LOHNE	Fana IL	NOR	C1	50.02	12.86
43	138	Lillian SPARBY	Gjøvik SK	NOR	D2	50.52	13.36
44	262	Viljar KANNELØNNING	Stord IL	NOR	E2	50.95	13.79
45	151	Ina NYGÅRD	Fana IL	NOR	C2	51.14	13.98

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
46	304	Tuva MYRMEL	Fana IL	NOR	D2	51.15	13.99
47	162	Esther Serina ANDERSEN	HBSK	NOR	C2	51.23	14.07
48	166	Hedda HUSØY	Fana IL	NOR	C1	51.45	14.29
49	120	Herman ROLFSNES	SSSK	NOR	D2	51.54	14.38
50	137	Johanne BRAATHEN	KSK	NOR	A2	51.72	14.56
51	157	Markus SKRETTING	SSSK	NOR	E2	51.89	14.73
52	145	Amalie Hui SAMUELSEN	Fana IL	NOR	E2	51.96	14.80
53	317	Kitty Marie Hurum NESSET	Arendal SK	NOR	B2	52.10	14.94
54	133	Geena Kjølén NAVEENAN	Fana IL	NOR	D2	52.22	15.06
55	298	Anthon Emill CASPERSEN	Tønsberg	NOR	D2	52.26	15.10
56	124	Isabelle Astrid HÅVARDSTUN	Fana	NOR	D2	52.40	15.24
57	268	Markus HURU	SSSK	NOR	E2	52.42	15.26
58	175	Karoline SØREIDE	SSSK	NOR	C1	52.61	15.45
59	274	Anique MULDER	Fana IL	NED	C1	53.00	15.84
60	206	Hedda NEDENES	Fana il	NOR	D2	53.06	15.90
61	323	Vemund Stautland BÅTSVIK	Stord IL	NOR	E2	53.46	16.30
62	220	Lykke Larsen NYBØ	SSSK	NOR	E2	53.85	16.69
63	159	Knut Samuel ANDERSEN	HBSK	NOR	D1	54.49	17.33
64	226	Saga DRARVIK	SSSK	NOR	E2	54.51	17.35
65	205	Benedikte Sola RØYRVIK	SSSK	NOR	D1	55.10	17.94
66	125	Olav JACOBSEN	SSSK	NOR	E2	56.27	19.11
67	134	Eira Egeland HAUG	Fana IL	NOR	C1	56.48	19.32
68	197	Lejla ZAVRAZHNOVA	SSSK	NOR	E2	56.60	19.44
69	132	Mathias Eie ALGRØY	SSSK	NOR	C1	56.86	19.70
70	269	Mali Michelsen HAUGEN	Fana IL	NOR	C2	58.17	21.01
71	177	Vimalin SØRSTRØMMEN	Hardanger	NOR	D2	59.38	22.22
72	153	Sunniva Solhaug FOLKESTAD	Fana IL	NOR	E2	1:00.86	23.70
73	114	Live EMBRE STIGEN	Gol IL	NOR	D2	1:00.88	23.72
74	267	Normann Leander JANKE-SELENIUS	Fana IL	NOR	E2	1:00.93	23.77
75	333	Hannah YNDESDAL	Stord IL	NOR	D1	1:02.01	24.85
76	183	Ida Djuve ROSNES	Fana IL	NOR	D2	1:02.45	25.29
77	154	Henrik WINGAARD	Fana IL	NOR	D1	1:05.46	28.30
78	319	Marie S. Fiane GRØDUM	Arendal SK	NOR	E2	1:05.80	28.64
79	244	Aizah Marie BUAT	Sandnes S	NOR	D2	1:05.81	28.65
80	176	Oline GJERDEVIK	Hardanger	NOR	D1	1:05.99	28.83
81	329	Othilie Kjøs HORNELAND	Stord IL	NOR	D2	1:06.06	28.90
82	324	Selmer HORNELAND	Stord IL	NOR	E2	1:07.45	30.29
83	278	Noah Marås HESVIK	-	NOR	D1	1:07.64	30.48
84	273	Maja Becker PEDERSEN	Fana IL	NOR	E2	1:08.59	31.43
85	131	Jakob Eie ALGRØY	SSSK	NOR	E2	1:10.47	33.31
86	285	Selma Agata Pheil VIKØY	Hardanger	NOR	D2	1:12.42	35.26
87	250	Vivan Prakash MAHICH	Sandnes S	NOR	E2	1:30.50	53.34
-	318	Nelly Nicoline Hurum NESSET	Arendal SK	NOR	C1	WDR	-
-	219	Oliver August KAADA LIE	SSSK	NOR	C2	DQ	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
1	250. Vivan Prakash MAHICH - Sandnes S 100 19.66 (19.66) 82 Final 1:30.50 (1:10.84) 87	154. Henrik WINGAARD - Fana IL 100 15.15 (15.15) 76 Final 1:05.46 (50.31) 77
2	176. Oline GJERDEVIK - Hardanger 100 15.67 (15.67) 79 Final 1:05.99 (50.32) 80	278. Noah Marås HESVIK - - 100 15.12 (15.12) 74 Final 1:07.64 (52.52) 83
3	273. Maja Becker PEDERSEN - Fana IL 100 16.83 (16.83) 81 Final 1:08.59 (51.76) 84	131. Jakob Eie ALGRØY - SSSK 100 15.66 (15.66) 78 Final 1:10.47 (54.81) 85
4	333. Hannah YNDESDAL - Stord IL 100 15.05 (15.05) 73 Final 1:02.01 (46.96) 75	153. Sunniva Solhaug FOLKESTAD - Fana IL 100 14.71 (14.71) 69 Final 1:00.86 (46.15) 72
5	267. Normann Leander JANKE-SELENIUS - Fana IL 100 15.14 (15.14) 75 Final 1:00.93 (45.79) 74	324. Selmer HORNELAND - Stord IL 100 15.39 (15.39) 77 Final 1:07.45 (52.06) 82
6	125. Olav JACOBSEN - SSSK 100 14.10 (14.10) 64 Final 56.27 (42.17) 66	205. Benedikte Sola RØYRVIK - SSSK 100 13.84 (13.84) 60 Final 55.10 (41.26) 65
7	145. Amalie Hui SAMUELSEN - Fana IL 100 13.10 (13.10) 44 Final 51.96 (38.86) 52	197. Lejla ZAVRAZHNOVA - SSSK 100 13.96 (13.96) 62 Final 56.60 (42.64) 68
8	323. Vemund Stautland BÅTSVIK - Stord IL 100 13.54 (13.54) 51 Final 53.46 (39.92) 61	319. Marie S. Fiane GRØDUM - Arendal SK 100 14.08 (14.08) 63 Final 1:05.80 (51.72) 78
9	220. Lykke Larsen NYBØ - SSSK 100 13.64 (13.64) 55 Final 53.85 (40.21) 62	157. Markus SKRETTING - SSSK 100 13.70 (13.70) 58 Final 51.89 (38.19) 51
10	268. Markus HURU - SSSK 100 13.45 (13.45) 49 Final 52.42 (38.97) 57	226. Saga DRARVIK - SSSK 100 13.82 (13.82) 59 Final 54.51 (40.69) 64
11	313. Einar BJELKEVIK FRIESINGER - Arendal SK 100 12.33 (12.33) 30 Final 46.89 (34.56) 33	262. Viljar KANNELØNNING - Stord IL 100 13.36 (13.36) 48 Final 50.95 (37.59) 44

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
12	297. Ingeborg INGULDSTAD - -	- -
	100 12.92 (12.92) 39	
	Final 49.93 (37.01) 41	
13	281. Emil Christian NIELSEN - Danmark	335. Marcus Rasmussen KVARME - -
	100 11.83 (11.83) 15	100 11.14 (11.14) 9
	Final 44.39 (32.56) 22	Final 40.78 (29.64) 9
14	183. Ida Djuve ROSNES - Fana IL	244. Aizah Marie BUAT - Sandnes S
	100 15.75 (15.75) 80	100 14.61 (14.61) 67
	Final 1:02.45 (46.70) 76	Final 1:05.81 (51.20) 79
15	329. Othilie Kjøs HORNELAND - Stord IL	177. Vimalin SØRSTRØMMEN - Hardanger
	100 14.73 (14.73) 70	100 14.90 (14.90) 72
	Final 1:06.06 (51.33) 81	Final 59.38 (44.48) 71
16	274. Anique MULDER - Fana IL	285. Selma Agata Pheil VIKØY - Hardanger
	100 12.99 (12.99) 40	100 14.52 (14.52) 66
	Final 53.00 (40.01) 59	Final 1:12.42 (57.90) 86
17	269. Mali Michelsen HAUGEN - Fana IL	114. Live EMBRE STIGEN - Gol IL
	100 14.67 (14.67) 68	100 14.75 (14.75) 71
	Final 58.17 (43.50) 70	Final 1:00.88 (46.13) 73
18	206. Hedda NEDENES - Fana il	134. Eira Egeland HAUG - Fana IL
	100 13.56 (13.56) 53	100 14.35 (14.35) 65
	Final 53.06 (39.50) 60	Final 56.48 (42.13) 67
19	124. Isabelle Astrid HÅVARDSTUN - Fana	133. Geena Kjølén NAVEENAN - Fana IL
	100 13.09 (13.09) 43	100 13.49 (13.49) 50
	Final 52.40 (39.31) 56	Final 52.22 (38.73) 54
20	175. Karoline SØREIDE - SSSK	318. Nelly Nicoline Hurum NESSET - Arendal SK
	100 13.65 (13.65) 56	100 - (-) -
	Final 52.61 (38.96) 58	Final - (-) -
21	120. Herman ROLFSNES - SSSK	304. Tuva MYRMEL - Fana IL
	100 12.60 (12.60) 32	100 13.00 (13.00) 41
	Final 51.54 (38.94) 49	Final 51.15 (38.15) 46
22	298. Anthon Emiil CASPERSEN - Tønsberg	159. Knut Samuel ANDERSEN - HBSK
	100 13.05 (13.05) 42	100 13.67 (13.67) 57
	Final 52.26 (39.21) 55	Final 54.49 (40.82) 63
23	263. Paul Norbert Ulrich EMMERHOFF - Stord IL	166. Hedda HUSØY - Fana IL

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
	100 12.61 (12.61) 33 Final 49.83 (37.22) 40	100 13.57 (13.57) 54 Final 51.45 (37.88) 48
24	151. Ina NYGÅRD - Fana IL 100 13.55 (13.55) 52 Final 51.14 (37.59) 45	138. Lillian SPARBY - Gjøvik SK 100 13.35 (13.35) 47 Final 50.52 (37.17) 43
25	162. Esther Serina ANDERSEN - HBSK 100 13.12 (13.12) 45 Final 51.23 (38.11) 47	165. Julian Bjerring LOHNE - Fana IL 100 13.27 (13.27) 46 Final 50.02 (36.75) 42
26	137. Johanne BRAATHEN - KSK 100 13.92 (13.92) 61 Final 51.72 (37.80) 50	- -
27	302. Mali Katesdatter SAGABRÅTEN - Gol IL 100 12.89 (12.89) 38 Final 48.63 (35.74) 37	332. Frida Stokken SALOMONSEN - Stord IL 100 12.79 (12.79) 36 Final 49.52 (36.73) 39
28	317. Kitty Marie Hurum NESSET - Arendal SK 100 13.82 (13.82) 59 Final 52.10 (38.28) 53	113. Martin EMBRE STIGEN - Gol IL 100 12.92 (12.92) 39 Final 48.95 (36.03) 38
29	294. Snorre LERANG LUND - Austrått 100 12.77 (12.77) 35 Final 47.06 (34.29) 34	312. Heine ASKILDSSEN-GUNNES - Arendal SK 100 12.14 (12.14) 26 Final 47.92 (35.78) 36
30	325. Magnus Sørheim NYLUND - Stord IL 100 12.13 (12.13) 25 Final 45.98 (33.85) 31	337. Sverre Solhaug FOLKESTAD - Fana IL 100 12.63 (12.63) 34 Final 46.74 (34.11) 32
31	293. Matias DALEN - Jevnaker 100 12.12 (12.12) 24 Final 44.78 (32.66) 24	140. Oliver TROGSTAD RAUDBERGET - Gjøvik SK 100 12.06 (12.06) 23 Final 45.38 (33.32) 28
32	288. Eskil MELLEMSTRAND - SSSK 100 11.92 (11.92) 19 Final 44.99 (33.07) 25	139. Victoria PAGAR - Gjøvik SK 100 12.83 (12.83) 37 Final 47.59 (34.76) 35
33	303. Sondre MYRMEL - Fana IL 100 11.88 (11.88) 18 Final 45.39 (33.51) 29	- -
34	181. Magnus Kvåle AASEN - Fana IL 100 11.98 (11.98) 22 Final 43.95 (31.97) 20	306. Hedda FINSLAND - Asker SK 100 12.18 (12.18) 27 Final 45.55 (33.37) 30

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
35	346. Åse DAHN - Fana IL	344. Sunniva ØVERJORDET - SFIL
	100 12.12 (12.12) 24	100 12.23 (12.23) 29
	Final 44.04 (31.92) 21	Final 45.14 (32.91) 26
36	264. Ingeborg SJØTHUN - SSSK	107. Peter Grove KRISTENSEN - Fana IL
	100 12.38 (12.38) 31	100 11.61 (11.61) 14
	Final 45.25 (32.87) 27	Final 43.45 (31.84) 17
37	345. Anine Haugnæs BJØRKLUND - Geithus IL	132. Mathias Eie ALGRØY - SSSK
	100 11.87 (11.87) 17	100 11.41 (11.41) 13
	Final 44.69 (32.82) 23	Final 56.86 (45.45) 69
38	150. Bo Oscar LILLETVEDT - Fana IL	290. Marius MOEN - Drammen SK
	100 11.86 (11.86) 16	100 12.19 (12.19) 28
	Final 43.65 (31.79) 18	Final 43.78 (31.59) 19
39	314. Ola BJELKEVIK FRIESINGER - Arendal SK	189. Joakim HAARA - Austrått
	100 11.94 (11.94) 20	100 11.39 (11.39) 12
	Final 43.06 (31.12) 16	Final 42.35 (30.96) 15
40	295. Magnus RIAN MYRLI - Spk Falken	310. Sebastian LACKNER - TSK
	100 11.35 (11.35) 11	100 11.95 (11.95) 21
	Final 41.84 (30.49) 13	Final 42.02 (30.07) 14
41	296. Lars ULVESETH - Fana IL	194. Jonas BAAS - Dølemlø IL
	100 11.61 (11.61) 14	100 11.13 (11.13) 8
	Final 41.17 (29.56) 11	Final 41.47 (30.34) 12
42	219. Oliver August KAADA LIE - SSSK	341. Sindre Heggelund LJUNGQUIST - KSK
	100 - (-) -	100 11.10 (11.10) 7
	Final - (-) -	Final 40.65 (29.55) 7
43	320. Halvor Kjøsterud ERLINGSEN - Asker SK	311. Øyvind RYEN-HERLAND - Fana IL
	100 11.10 (11.10) 7	100 11.33 (11.33) 10
	Final 40.66 (29.56) 8	Final 41.06 (29.73) 10
44	292. Ivar NORHEIM - Fana IL	307. Kristoffer SONGSTAD - Fana IL
	100 10.77 (10.77) 4	100 10.92 (10.92) 5
	Final 38.77 (28.00) 4	Final 39.25 (28.33) 6
45	309. William VORVIK - TSK	321. Vegard RYE - SSSK
	100 10.41 (10.41) 3	100 10.95 (10.95) 6
	Final 38.46 (28.05) 3	Final 38.80 (27.85) 5

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane					Ytre Bane						
46	272.	Bendik BECKER PEDERSEN - Fana IL					282.	Frederik GAJOS HAMRE - SSSK				
		100	10.21	(10.21)	1		100	10.38	(10.38)	2		
		Final	37.16	(26.95)	1		Final	37.67	(27.29)	2		

Protocol: MEN

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED VETERAN

500M 22.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	301	Gjermund STIGEN	Gol IL	NOR	M45	46.52	-
2	300	Atle HANDELAND	Gol IL	NOR	M35	48.99	02.47
3	188	Gaute Haftor SØRENSEN	Arendal SK	NOR	M55	50.39	03.87
4	103	Alf HARBITZ	Tromsø SK	NOR	M70	51.34	04.82
5	287	Terje RUGLAND	Stavanger	NOR	M65	53.43	06.91
6	149	Ingvar Kjell BJORLAND	SSSK	NOR	M80	54.32	07.80
7	106	Maria BIRKELI	Geithus IL	NOR	M40	55.03	08.51
8	224	Jan HENRIKSEN	Stord IL	NOR	M80	56.68	10.16
9	265	Kjell RØRVIK	Arendal Sk	NOR	M75	56.93	10.41
10	108	Sara HEMMER	Aktiv SK	NOR	M65	1:05.55	19.03
-	338	Heidi H. SKOTTE	SSSK	NOR	M65	WDR	-
-	342	Sverre MO	SSSK	NOR	M60	WDR	-

Par	Indre Bane	Ytre Bane
1	287. Terje RUGLAND - Stavanger	300. Atle HANDELAND - Gol IL
	100 14.45 (14.45) 6	100 12.82 (12.82) 2
	Final 53.43 (38.98) 5	Final 48.99 (36.17) 2
2	108. Sara HEMMER - Aktiv SK	301. Gjermund STIGEN - Gol IL
	100 17.08 (17.08) 10	100 12.53 (12.53) 1
	Final 1:05.55 (48.47) 10	Final 46.52 (33.99) 1
3	224. Jan HENRIKSEN - Stord IL	265. Kjell RØRVIK - Arendal Sk
	100 14.79 (14.79) 8	100 15.32 (15.32) 9
	Final 56.68 (41.89) 8	Final 56.93 (41.61) 9
4	106. Maria BIRKELI - Geithus IL	338. Heidi H. SKOTTE - SSSK
	100 14.66 (14.66) 7	100 - (-) -
	Final 55.03 (40.37) 7	Final - (-) -
5	103. Alf HARBITZ - Tromsø SK	149. Ingvar Kjell BJORLAND - SSSK
	100 13.69 (13.69) 4	100 14.40 (14.40) 5
	Final 51.34 (37.65) 4	Final 54.32 (39.92) 6
6	188. Gaute Haftor SØRENSEN - Arendal SK	342. Sverre MO - SSSK
	100 13.15 (13.15) 3	100 - (-) -
	Final 50.39 (37.24) 3	Final - (-) -

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 1500M - 22.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	308	Runar Njåtun KRØYER	Asker SK	NOR	Senior	1:51.10	-
2	321	Vegard RYE	SSSK	NOR	Neo	1:51.46	00.36
3	289	Oddbjørn MELLEMSTRAND	SSSK	NOR	Neo	1:51.49	00.39
4	292	Ivar NORHEIM	Fana IL	NOR	Neo	1:53.00	01.90
5	282	Frederik GAJOS HAMRE	SSSK	NOR	A2	1:53.40	02.30
6	272	Bendik BECKER PEDERSEN	Fana IL	NOR	B2	1:54.97	03.87
7	307	Kristoffer SONGSTAD	Fana IL	NOR	A2	1:56.42	05.32
8	348	Sander TVETER	SSSK	NOR	Senior	1:56.82	05.72
9	309	William VORVIK	TSK	NOR	A1	2:00.73	09.63
10	320	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	2:02.54	11.44
11	310	Sebastian LACKNER	TSK	NOR	A1	2:04.14	13.04
12	341	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	2:04.64	13.54
13	311	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	2:07.23	16.13
14	219	Oliver August KAADA LIE	SSSK	NOR	C2	2:07.88	16.78
15	296	Lars ULVESETH	Fana IL	NOR	A2	2:07.94	16.84
16	150	Bo Oscar LILLETVEDT	Fana IL	NOR	A2	2:09.28	18.18
17	290	Marius MOEN	Drammen SK	NOR	Neo	2:10.54	19.44
18	189	Joakim HAARA	Austrått	NOR	A1	2:11.87	20.77
19	314	Ola BJELKEVIK FRIESINGER	Arendal SK	NOR	C2	2:12.44	21.34
20	107	Peter Grove KRISTENSEN	Fana IL	NOR	B1	2:13.33	22.23
21	346	Åse DAHN	Fana IL	NOR	A2	2:13.67	22.57
22	181	Magnus Kvåle AASEN	Fana IL	NOR	C2	2:14.05	22.95
23	293	Matias DALEN	Jevnaker	NOR	C1	2:15.98	24.88
24	194	Jonas BAAS	Dølemlø IL	NOR	C2	2:16.25	25.15
25	132	Mathias Eie ALGRØY	SSSK	NOR	C1	2:16.56	25.46
26	295	Magnus RIAN MYRLI	Spk Falken	NOR	C2	MT2:17.16	26.06
27	288	Eskil MELLEMSTRAND	SSSK	NOR	C2	MT2:20.55	29.45
28	303	Sondre MYRMEL	Fana IL	NOR	B1	MT2:21.51	30.41
29	344	Sunniva ØVERJORDET	SFIL	NOR	C1	2:21.60	30.50
30	345	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	2:22.51	31.41
31	140	Oliver TROGSTAD RAUDBERGET	Gjøvik SK	NOR	C2	2:24.59	33.49
32	264	Ingeborg SJØTHUN	SSSK	NOR	B2	2:26.25	35.15
33	306	Hedda FINSLAND	Asker SK	NOR	B1	MT2:27.12	36.02
34	337	Sverre Solhaug FOLKESTAD	Fana IL	NOR	D2	2:27.45	36.35
35	313	Einar BJELKEVIK FRIESINGER	Arendal SK	NOR	D1	2:27.66	36.56
36	186	Marius KNAG SONGSTAD	Fana IL	NOR	C2	2:28.12	37.02
37	139	Victoria PAGAR	Gjøvik SK	EST	B1	2:29.30	38.20
38	294	Snorre LERANG LUND	Austrått	NOR	B1	2:30.18	39.08
39	113	Martin EMBRE STIGEN	Gol IL	NOR	C1	2:36.79	45.69
40	332	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	2:36.90	45.80
41	137	Johanne BRAATHEN	KSK	NOR	A2	2:38.71	47.61
42	165	Julian Bjerring LOHNE	Fana IL	NOR	C1	2:39.45	48.35
43	151	Ina NYGÅRD	Fana IL	NOR	C2	2:40.09	48.99
44	138	Lillian SPARBY	Gjøvik SK	NOR	D2	2:41.18	50.08
45	298	Anthon Emil CASPERSEN	Tønsberg	NOR	D2	2:44.32	53.22
46	124	Isabelle Astrid HÅVARDSTUN	Fana	NOR	D2	2:44.47	53.37

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
47	133	Geena Kjølen NAVEENAN	Fana IL	NOR	D2	2:45.58	54.48
48	263	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	2:46.09	54.99
49	166	Hedda HUSØY	Fana IL	NOR	C1	2:46.93	55.83
50	162	Esther Serina ANDERSEN	HBSK	NOR	C2	2:47.38	56.28
51	175	Karoline SØREIDE	SSSK	NOR	C1	2:47.87	56.77
52	205	Benedikte Sola RØYRVIK	SSSK	NOR	D1	2:48.68	57.58
53	302	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	2:51.05	59.95
54	304	Tuva MYRMEL	Fana IL	NOR	D2	2:51.29	1:00.19
55	206	Hedda NEDENES	Fana il	NOR	D2	2:52.21	1:01.11
56	134	Eira Egeland HAUG	Fana IL	NOR	C1	3:01.00	1:09.90
57	274	Anique MULDER	Fana IL	NED	C1	MT3:02.45	1:11.35
58	269	Mali Michelsen HAUGEN	Fana IL	NOR	C2	3:10.95	1:19.85
59	114	Live EMBRE STIGEN	Gol IL	NOR	D2	MT3:17.44	1:26.34
60	174	Karoline MYKLEBUST	Sandnes S	NOR	D1	MT3:20.05	1:28.95
61	329	Othilie Kjøs HORNELAND	Stord IL	NOR	D2	3:36.93	1:45.83
62	116	Olav MELLESTRAND- PAULSEN	SSSK	NOR	D1	MT3:44.01	1:52.91
-	281	Emil Christian NIELSEN	Danmark	DEN	Senior	DNF	-
-	299	Edvard BRÅTEN	Gol IL	NOR	C1	WDR	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane			
1	281.	Emil Christian NIELSEN - Danmark				-.	--	
		300	-	(-)	-			
		700	-	(-)	-			
		1100	-	(-)	-			
		Final	-	(-)	-			
2	-.	--				-.	--	
3	114.	Live EMBRE STIGEN - Gol IL				274.	Anique MULDER - Fana IL	
		300	39.84	(39.84)	57		300	35.98 (35.98) 53
		700	1:30.95	(51.11)	59		700	1:20.19 (44.21) 56
		1100	2:25.36	(54.41)	59		1100	2:07.93 (47.74) 56
		Final	3:17.44	(52.08)	59		Final	3:02.45 (54.52) 57
4	174.	Karoline MYKLEBUST - Sandnes S				116.	Olav MELLEMSTRAND-PAULSEN - SSSK	
		300	39.52	(39.52)	56		300	42.08 (42.08) 59
		700	1:32.88	(53.36)	60		700	1:39.77 (57.69) 62
		1100	2:28.00	(55.12)	60		1100	2:37.78 (58.01) 61
		Final	3:20.05	(52.05)	60		Final	3:44.01 (1:06.23) 62
5	269.	Mali Michelsen HAUGEN - Fana IL				329.	Othilie Kjøs HORNELAND - Stord IL	
		300	39.14	(39.14)	55		300	41.74 (41.74) 58
		700	1:27.84	(48.70)	58		700	1:39.13 (57.39) 61
		1100	2:19.09	(51.25)	58		1100	2:38.00 (58.87) 62
		Final	3:10.95	(51.86)	58		Final	3:36.93 (58.93) 61
6	134.	Eira Egeland HAUG - Fana IL				206.	Hedda NEDENES - Fana il	
		300	38.34	(38.34)	54		300	35.02 (35.02) 49
		700	1:25.27	(46.93)	57		700	1:19.77 (44.75) 55
		1100	2:13.55	(48.28)	57		1100	2:06.45 (46.68) 55
		Final	3:01.00	(47.45)	56		Final	2:52.21 (45.76) 55
7	304.	Tuva MYRMEL - Fana IL				175.	Karoline SØREIDE - SSSK	
		300	33.86	(33.86)	44		300	33.74 (33.74) 42
		700	1:17.93	(44.07)	53		700	1:16.23 (42.49) 48
		1100	2:05.05	(47.12)	54		1100	2:01.39 (45.16) 48
		Final	2:51.29	(46.24)	54		Final	2:47.87 (46.48) 51
8	205.	Benedikte Sola RØYRVIK - SSSK				133.	Geena Kjølén NAVEENAN - Fana IL	
		300	35.42	(35.42)	51		300	35.15 (35.15) 50
		700	1:18.52	(43.10)	54		700	1:17.45 (42.30) 51
		1100	2:04.37	(45.85)	53		1100	2:01.48 (44.03) 49
		Final	2:48.68	(44.31)	52		Final	2:45.58 (44.10) 47

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

9	298.	Anthøn Emiil CASPERSEN - Tønsberg	124.	Isabelle Astrid HÅVARDSTUN - Fana
		300 33.01 (33.01) 39		300 33.14 (33.14) 40
		700 1:14.91 (41.90) 45		700 1:14.29 (41.15) 43
		1100 1:59.62 (44.71) 46		1100 1:59.50 (45.21) 45
		Final 2:44.32 (44.70) 45		Final 2:44.47 (44.97) 46
10	302.	Mali Katesdatter SAGABRÅTEN - Gol IL	166.	Hedda HUSØY - Fana IL
		300 34.07 (34.07) 45		300 35.47 (35.47) 52
		700 1:16.31 (42.24) 49		700 1:17.81 (42.34) 52
		1100 2:03.19 (46.88) 52		1100 2:02.27 (44.46) 51
		Final 2:51.05 (47.86) 53		Final 2:46.93 (44.66) 49
11	299.	Edvard BRÅTEN - Gol IL	263.	Paul Norbert Ulrich EMMERHOFF - Stord IL
		300 - (-) -		300 33.55 (33.55) 41
		700 - (-) -		700 1:15.92 (42.37) 47
		1100 - (-) -		1100 2:01.24 (45.32) 47
		Final - (-) -		Final 2:46.09 (44.85) 48
12	138.	Lillian SPARBY - Gjøvik SK	151.	Ina NYGÅRD - Fana IL
		300 33.81 (33.81) 43		300 33.81 (33.81) 43
		700 1:13.53 (39.72) 40		700 1:13.77 (39.96) 42
		1100 1:57.36 (43.83) 43		1100 1:56.51 (42.74) 42
		Final 2:41.18 (43.82) 44		Final 2:40.09 (43.58) 43
13	113.	Martin EMBRE STIGEN - Gol IL	162.	Esther Serina ANDERSEN - HBSK
		300 32.79 (32.79) 38		300 34.18 (34.18) 47
		700 1:13.66 (40.87) 41		700 1:16.42 (42.24) 50
		1100 1:56.30 (42.64) 41		1100 2:02.16 (45.74) 50
		Final 2:36.79 (40.49) 39		Final 2:47.38 (45.22) 50
14	332.	Frida Stokken SALOMONSEN - Stord IL	313.	Einar BJELKEVIK FRIESINGER - Arendal SK
		300 32.28 (32.28) 37		300 30.65 (30.65) 31
		700 1:11.98 (39.70) 39		700 1:09.14 (38.49) 38
		1100 1:54.40 (42.42) 39		1100 1:48.93 (39.79) 38
		Final 2:36.90 (42.50) 40		Final 2:27.66 (38.73) 35
15	137.	Johanne BRAATHEN - KSK	165.	Julian Bjerring LOHNE - Fana IL
		300 34.11 (34.11) 46		300 34.50 (34.50) 48
		700 1:14.34 (40.23) 44		700 1:15.69 (41.19) 46
		1100 1:56.06 (41.72) 40		1100 1:57.82 (42.13) 44
		Final 2:38.71 (42.65) 41		Final 2:39.45 (41.63) 42
16	132.	Mathias Eie ALGRØY - SSSK	337.	Sverre Solhaug FOLKESTAD - Fana IL
		300 28.44 (28.44) 17		300 30.98 (30.98) 33
		700 1:03.67 (35.23) 25		700 1:08.61 (37.63) 36
		1100 1:40.42 (36.75) 26		1100 1:48.00 (39.39) 34
		Final 2:16.56 (36.14) 25		Final 2:27.45 (39.45) 34

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

17	294.	Snorre LERANG LUND - Austrått	140.	Oliver TROGSTAD RAUDBERGET - Gjøvik SK
		300 31.14 (31.14) 35		300 30.99 (30.99) 34
		700 1:08.42 (37.28) 35		700 1:07.82 (36.83) 33
		1100 1:48.75 (40.33) 36		1100 1:46.37 (38.55) 33
		Final 2:30.18 (41.43) 38		Final 2:24.59 (38.22) 31
18	186.	Marius KNAG SONGSTAD - Fana IL	139.	Victoria PAGAR - Gjøvik SK
		300 31.56 (31.56) 36		300 30.82 (30.82) 32
		700 1:08.90 (37.34) 37		700 1:07.95 (37.13) 34
		1100 1:48.01 (39.11) 35		1100 1:48.79 (40.84) 37
		Final 2:28.12 (40.11) 36		Final 2:29.30 (40.51) 37
19	306.	Hedda FINSLAND - Asker SK	288.	Eskil MELLEMSTRAND - SSSK
		300 29.84 (29.84) 25		300 30.18 (30.18) 28
		700 1:05.88 (36.04) 31		700 1:05.27 (35.09) 29
		1100 1:45.41 (39.53) 31		1100 1:43.11 (37.84) 29
		Final 2:27.12 (41.71) 33		Final 2:20.55 (37.44) 27
20	303.	Sondre MYRMEL - Fana IL	295.	Magnus RIAN MYRLI - Spk Falken
		300 29.24 (29.24) 22		300 28.44 (28.44) 17
		700 1:04.78 (35.54) 27		700 1:02.52 (34.08) 22
		1100 1:42.54 (37.76) 27		1100 1:39.47 (36.95) 25
		Final 2:21.51 (38.97) 28		Final 2:17.16 (37.69) 26
21	264.	Ingeborg SJØTHUN - SSSK	345.	Anine Haugnæs BJØRKLUND - Geithus IL
		300 30.31 (30.31) 29		300 29.73 (29.73) 24
		700 1:06.55 (36.24) 32		700 1:05.70 (35.97) 30
		1100 1:45.46 (38.91) 32		1100 1:44.01 (38.31) 30
		Final 2:26.25 (40.79) 32		Final 2:22.51 (38.50) 30
22	107.	Peter Grove KRISTENSEN - Fana IL	293.	Matias DALEN - Jevnaker
		300 29.18 (29.18) 21		300 29.93 (29.93) 26
		700 1:02.61 (33.43) 23		700 1:03.62 (33.69) 24
		1100 1:37.50 (34.89) 21		1100 1:39.18 (35.56) 24
		Final 2:13.33 (35.83) 20		Final 2:15.98 (36.80) 23
23	194.	Jonas BAAS - Dølemo IL	344.	Sunniva ØVERJORDET - SFIL
		300 28.07 (28.07) 15		300 30.12 (30.12) 27
		700 1:01.33 (33.26) 18		700 1:05.22 (35.10) 28
		1100 1:38.02 (36.69) 22		1100 1:42.85 (37.63) 28
		Final 2:16.25 (38.23) 24		Final 2:21.60 (38.75) 29
24	314.	Ola BJELKEVIK FRIESINGER - Arendal SK	189.	Joakim HAARA - Austrått
		300 28.46 (28.46) 18		300 28.39 (28.39) 16
		700 1:00.76 (32.30) 16		700 1:01.57 (33.18) 20
		1100 1:35.94 (35.18) 18		1100 1:36.81 (35.24) 19
		Final 2:12.44 (36.50) 19		Final 2:11.87 (35.06) 18

Rekordløpet 2025 **Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025**

25	-	-							181.	Magnus Kvåle AASEN - Fana IL										
												300	30.36	(30.36)		30				
												700	1:04.62	(34.26)		26				
												1100	1:38.86	(34.24)		23				
												Final	2:14.05	(35.19)		22				
26	290.	Marius MOEN - Drammen SK							346.	Åse DAHN - Fana IL										
			300	28.96	(28.96)	20						300	29.40	(29.40)		23				
			700	1:01.02	(32.06)	17						700	1:01.95	(32.55)		21				
			1100	1:34.90	(33.88)	16						1100	1:36.86	(34.91)		20				
			Final	2:10.54	(35.64)	17						Final	2:13.67	(36.81)		21				
27	296.	Lars ULVESETH - Fana IL							150.	Bo Oscar LILLETVEDT - Fana IL										
			300	27.73	(27.73)	14						300	28.77	(28.77)		19				
			700	59.57	(31.84)	14						700	1:01.37	(32.60)		19				
			1100	1:33.32	(33.75)	15						1100	1:35.04	(33.67)		17				
			Final	2:07.94	(34.62)	15						Final	2:09.28	(34.24)		16				
28	341.	Sindre Heggelund LJUNGQUIST - KSK							311.	Øyvind RYEN-HERLAND - Fana IL										
			300	27.41	(27.41)	10						300	27.67	(27.67)		13				
			700	59.78	(32.37)	15						700	58.64	(30.97)		12				
			1100	1:31.70	(31.92)	12						1100	1:31.73	(33.09)		13				
			Final	2:04.64	(32.94)	12						Final	2:07.23	(35.50)		13				
29	219.	Oliver August KAADA LIE - SSSK							310.	Sebastian LACKNER - TSK										
			300	27.47	(27.47)	11						300	27.48	(27.48)		12				
			700	58.95	(31.48)	13						700	57.81	(30.33)		11				
			1100	1:32.17	(33.22)	14						1100	1:30.05	(32.24)		11				
			Final	2:07.88	(35.71)	14						Final	2:04.14	(34.09)		11				
30	309.	William VORVIK - TSK							320.	Halvor Kjøsterud ERLINGSEN - Asker SK										
			300	25.78	(25.78)	6						300	26.94	(26.94)		9				
			700	56.13	(30.35)	9						700	57.25	(30.31)		10				
			1100	1:28.00	(31.87)	9						1100	1:29.09	(31.84)		10				
			Final	2:00.73	(32.73)	9						Final	2:02.54	(33.45)		10				
31	272.	Bendik BECKER PEDERSEN - Fana IL							307.	Kristoffer SONGSTAD - Fana IL										
			300	24.68	(24.68)	1						300	25.87	(25.87)		7				
			700	52.69	(28.01)	1						700	54.57	(28.70)		7				
			1100	1:22.87	(30.18)	6						1100	1:24.52	(29.95)		7				
			Final	1:54.97	(32.10)	6						Final	1:56.42	(31.90)		7				
32	348.	Sander TVETER - SSSK							308.	Runar Njåtun KRØYER - Asker SK										
			300	25.95	(25.95)	8						300	25.40	(25.40)		4				
			700	54.83	(28.88)	8						700	52.94	(27.54)		3				
			1100	1:24.86	(30.03)	8						1100	1:21.35	(28.41)		1				
			Final	1:56.82	(31.96)	8						Final	1:51.10	(29.75)		1				

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

33	282.	Frederik GAJOS HAMRE - SSSK	292.	Ivar NORHEIM - Fana IL
	300	25.14 (25.14) 3		300 25.55 (25.55) 5
	700	53.12 (27.98) 4		700 53.57 (28.02) 6
	1100	1:22.20 (29.08) 4		1100 1:22.74 (29.17) 5
	Final	1:53.40 (31.20) 5		Final 1:53.00 (30.26) 4
34	289.	Oddbjørn MELLESTRAND - SSSK	321.	Vegard RYE - SSSK
	300	25.01 (25.01) 2		300 25.40 (25.40) 4
	700	52.90 (27.89) 2		700 53.37 (27.97) 5
	1100	1:21.75 (28.85) 2		1100 1:22.10 (28.73) 3
	Final	1:51.49 (29.74) 3		Final 1:51.46 (29.36) 2

Protocol: MEN

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED VETERAN 1500M 22.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	283	Frank Erik TINDVIK	HBSK	NOR	M40	2:06.25	-
2	356	Einar MATHIASSEN	-	NOR	M45	2:11.55	05.30
3	301	Gjermund STIGEN	Gol IL	NOR	M45	2:32.11	25.86
4	103	Alf HARBITZ	Tromsø SK	NOR	M70	2:36.24	29.99
5	300	Atle HANDELAND	Gol IL	NOR	M35	2:38.42	32.17
6	106	Maria BIRKELI	Geithus IL	NOR	M40	2:39.00	32.75
7	188	Gaute Haftor SØRENSEN	Arendal SK	NOR	M55	2:41.09	34.84
8	287	Terje RUGLAND	Stavanger	NOR	M65	2:47.99	41.74
9	265	Kjell RØRVIK	Arendal Sk	NOR	M75	2:58.53	52.28
10	108	Sara HEMMER	Aktiv SK	NOR	M65	3:06.95	1:00.70
11	224	Jan HENRIKSEN	Stord IL	NOR	M80	3:13.17	1:06.92

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
1	265. Kjell RØRVIK - Arendal Sk	- -
	300 39.08 (39.08) 10	
	700 1:23.67 (44.59) 9	
	1100 2:10.54 (46.87) 9	
	Final 2:58.53 (47.99) 9	
2	300. Atle HANDELAND - Gol IL	287. Terje RUGLAND - Stavanger
	300 32.98 (32.98) 6	300 36.27 (36.27) 8
	700 1:12.54 (39.56) 6	700 1:18.86 (42.59) 8
	1100 1:55.05 (42.51) 5	1100 2:03.35 (44.49) 8
	Final 2:38.42 (43.37) 5	Final 2:47.99 (44.64) 8
3	224. Jan HENRIKSEN - Stord IL	301. Gjermund STIGEN - Gol IL
	300 38.27 (38.27) 9	300 31.42 (31.42) 3
	700 1:29.96 (51.69) 11	700 1:09.03 (37.61) 3
	1100 2:19.91 (49.95) 11	1100 1:49.77 (40.74) 3
	Final 3:13.17 (53.26) 11	Final 2:32.11 (42.34) 3
4	106. Maria BIRKELI - Geithus IL	108. Sara HEMMER - Aktiv SK
	300 35.19 (35.19) 7	300 40.90 (40.90) 11
	700 1:15.37 (40.18) 7	700 1:28.47 (47.57) 10
	1100 1:56.68 (41.31) 6	1100 2:17.64 (49.17) 10
	Final 2:39.00 (42.32) 6	Final 3:06.95 (49.31) 10
5	103. Alf HARBITZ - Tromsø SK	188. Gaute Haftor SØRENSEN - Arendal SK
	300 32.13 (32.13) 4	300 32.46 (32.46) 5
	700 1:10.86 (38.73) 4	700 1:11.79 (39.33) 5
	1100 1:52.67 (41.81) 4	1100 1:56.93 (45.14) 7
	Final 2:36.24 (43.57) 4	Final 2:41.09 (44.16) 7
6	283. Frank Erik TINDVIK - HBSK	356. Einar MATHIASSEN - -
	300 27.94 (27.94) 1	300 29.47 (29.47) 2
	700 58.95 (31.01) 1	700 1:02.00 (32.53) 2
	1100 1:31.69 (32.74) 1	1100 1:36.10 (34.10) 2
	Final 2:06.25 (34.56) 1	Final 2:11.55 (35.45) 2

Protocol: MEN

Protocol: LADIES

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 500M - 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	272	Bendik BECKER PEDERSEN	Fana IL	NOR	B2	36.81	-
2	309	William VORVIK	TSK	NOR	A1	38.40	01.59
3	311	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	40.75	03.94
4	335	Marcus Rasmussen KVARME	-	NOR	Senior	40.78	03.97
5	296	Lars ULVESETH	Fana IL	NOR	A2	40.89	04.08
6	295	Magnus RIAN MYRLI	Spk Falken	NOR	C2	41.60	04.79
7	194	Jonas BAAS	Dølemo IL	NOR	C2	41.70	04.89
8	314	Ola BJELKEVIK FRIESINGER	Arendal SK	NOR	C2	42.78	05.97
9	132	Mathias Eie ALGRØY	SSSK	NOR	C1	43.76	06.95
10	345	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	43.98	07.17
11	264	Ingeborg SJØTHUN	SSSK	NOR	B2	44.72	07.91
12	325	Magnus Sørheim NYLUND	Stord IL	NOR	C2	45.18	08.37
13	306	Hedda FINSLAND	Asker SK	NOR	B1	45.65	08.84
14	313	Einar BJELKEVIK FRIESINGER	Arendal SK	NOR	D1	47.20	10.39
15	312	Heine ASKILDSSEN-GUNNES	Arendal SK	NOR	C1	48.18	11.37
16	113	Martin EMBRE STIGEN	Gol IL	NOR	C1	48.74	11.93
17	302	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	48.76	11.95
18	262	Viljar KANNELØNNING	Stord IL	NOR	E2	50.27	13.46
19	268	Markus HURU	SSSK	NOR	E2	50.75	13.94
20	298	Anthon Emil CASPERSEN	Tønsberg	NOR	D2	51.30	14.49
21	120	Herman ROLFSNES	SSSK	NOR	D2	51.33	14.52
22	317	Kitty Marie Hurum NESSET	Arendal SK	NOR	B2	51.53	14.72
23	175	Karoline SØREIDE	SSSK	NOR	C1	51.70	14.89
24	157	Markus SKRETTING	SSSK	NOR	E2	51.86	15.05
25	162	Esther Serina ANDERSEN	HBSK	NOR	C2	51.88	15.07
26	145	Amalie Hui SAMUELSEN	Fana IL	NOR	E2	51.90	15.09
27	220	Lykke Larsen NYBØ	SSSK	NOR	E2	52.37	15.56
28	274	Anique MULDER	Fana IL	NED	C1	52.39	15.58
29	323	Vemund Stautland BÅTSVIK	Stord IL	NOR	E2	52.93	16.12
30	206	Hedda NEDENES	Fana il	NOR	D2	53.67	16.86
31	318	Nelly Nicoline Hurum NESSET	Arendal SK	NOR	C1	54.43	17.62
32	159	Knut Samuel ANDERSEN	HBSK	NOR	D1	54.91	18.10
33	134	Eira Egeland HAUG	Fana IL	NOR	C1	56.69	19.88
34	319	Marie S. Fiane GRØDUM	Arendal SK	NOR	E2	57.06	20.25
35	197	Lejla ZAVRAZHNOVA	SSSK	NOR	E2	57.37	20.56
36	205	Benedikte Sola RØYRVIK	SSSK	NOR	D1	57.39	20.58
37	269	Mali Michelsen HAUGEN	Fana IL	NOR	C2	58.11	21.30
38	177	Vimalin SØRSTRØMMEN	Hardanger	NOR	D2	58.74	21.93
39	153	Sunniva Solhaug FOLKESTAD	Fana IL	NOR	E2	59.72	22.91
40	114	Live EMBRE STIGEN	Gol IL	NOR	D2	1:00.16	23.35
41	267	Normann Leander JANKE-SELENIUS	Fana IL	NOR	E2	1:00.22	23.41
42	174	Karoline MYKLEBUST	Sandnes S	NOR	D1	1:00.37	23.56
43	285	Selma Agata Pheil VIKØY	Hardanger	NOR	D2	1:01.64	24.83
44	333	Hannah YNDESDAL	Stord IL	NOR	D1	1:02.48	25.67
45	244	Aizah Marie BUAT	Sandnes S	NOR	D2	MT1:04.07	27.26
46	329	Othilie Kjøs HORNELAND	Stord IL	NOR	D2	1:04.36	27.55
47	331	Ingeborg KVAMME	Stord IL	NOR	E2	1:04.49	27.68

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
48	275	Elvira Hasani KVERNELAND	SSSK	NOR	D2	1:05.45	28.64
49	278	Noah Marås HESVIK	-	NOR	D1	1:06.05	29.24
50	336	Vincent PERSSON	Fana IL	NOR	D1	1:15.06	38.25
51	142	Johann SJØTHUN	SSSK	NOR	E2	1:32.33	55.52
-	281	Emil Christian NIELSEN	Danmark	DEN	Senior	WDR	-
-	183	Ida Djuve ROSNES	Fana IL	NOR	D2	DQ	-
-	299	Edvard BRÅTEN	Gol IL	NOR	C1	WDR	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
1	336. Vincent PERSSON - Fana IL 100 16.14 (16.14) 49 Final 1:15.06 (58.92) 50	-. - -
2	278. Noah Marås HESVIK - - 100 15.26 (15.26) 45 Final 1:06.05 (50.79) 49	142. Johann SJØTHUN - SSSK 100 20.08 (20.08) 50 Final 1:32.33 (1:12.25) 51
3	331. Ingeborg KVAMME - Stord IL 100 14.86 (14.86) 40 Final 1:04.49 (49.63) 47	153. Sunniva Solhaug FOLKESTAD - Fana IL 100 14.50 (14.50) 34 Final 59.72 (45.22) 39
4	267. Normann Leander JANKE-SELENIUS - Fana IL 100 14.92 (14.92) 41 Final 1:00.22 (45.30) 41	333. Hannah YNDESDAL - Stord IL 100 15.15 (15.15) 43 Final 1:02.48 (47.33) 44
5	205. Benedikte Sola RØYRVIK - SSSK 100 14.27 (14.27) 33 Final 57.39 (43.12) 36	174. Karoline MYKLEBUST - Sandnes S 100 14.61 (14.61) 37 Final 1:00.37 (45.76) 42
6	145. Amalie Hui SAMUELSEN - Fana IL 100 13.05 (13.05) 21 Final 51.90 (38.85) 26	197. Lejla ZAVRAZHNOVA - SSSK 100 13.85 (13.85) 30 Final 57.37 (43.52) 35
7	323. Vemund Stautland BÅTSVIK - Stord IL 100 13.25 (13.25) 22 Final 52.93 (39.68) 29	319. Marie S. Fiane GRØDUM - Arendal SK 100 14.15 (14.15) 32 Final 57.06 (42.91) 34
8	220. Lykke Larsen NYBØ - SSSK 100 13.63 (13.63) 26 Final 52.37 (38.74) 27	157. Markus SKRETTING - SSSK 100 13.77 (13.77) 29 Final 51.86 (38.09) 24
9	262. Viljar KANNELØNNING - Stord IL 100 12.95 (12.95) 18 Final 50.27 (37.32) 18	159. Knut Samuel ANDERSEN - HBSK 100 13.72 (13.72) 28 Final 54.91 (41.19) 32
10	313. Einar BJELKEVIK FRIESINGER - Arendal SK 100 12.34 (12.34) 14 Final 47.20 (34.86) 14	268. Markus HURU - SSSK 100 13.02 (13.02) 19 Final 50.75 (37.73) 19

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

11	335.	Marcus Rasmussen KVARME - -	281.	Emil Christian NIELSEN - Danmark
		100 11.20 (11.20) 4		100 - (-) -
		Final 40.78 (29.58) 4		Final - (-) -
12	-. - -		275.	Elvira Hasani KVERNELAND - SSSK
				100 15.89 (15.89) 48
				Final 1:05.45 (49.56) 48
13	183.	Ida Djuve ROSNES - Fana IL	244.	Aizah Marie BUAT - Sandnes S
		100 15.73 (15.73) 47		100 14.52 (14.52) 35
		Final - (-) -		Final 1:04.07 (49.55) 45
14	329.	Othilie Kjøs HORNELAND - Stord IL	177.	Vimalin SØRSTRØMMEN - Hardanger
		100 14.81 (14.81) 39		100 15.17 (15.17) 44
		Final 1:04.36 (49.55) 46		Final 58.74 (43.57) 38
15	274.	Anique MULDER - Fana IL	285.	Selma Agata Pheil VIKØY - Hardanger
		100 12.95 (12.95) 18		100 15.42 (15.42) 46
		Final 52.39 (39.44) 28		Final 1:01.64 (46.22) 43
16	269.	Mali Michelsen HAUGEN - Fana IL	114.	Live EMBRE STIGEN - Gol IL
		100 14.72 (14.72) 38		100 14.94 (14.94) 42
		Final 58.11 (43.39) 37		Final 1:00.16 (45.22) 40
17	206.	Hedda NEDENES - Fana il	134.	Eira Egeland HAUG - Fana IL
		100 13.64 (13.64) 27		100 14.00 (14.00) 31
		Final 53.67 (40.03) 30		Final 56.69 (42.69) 33
18	175.	Karoline SØREIDE - SSSK	318.	Nelly Nicoline Hurum NESSET - Arendal SK
		100 13.45 (13.45) 24		100 14.56 (14.56) 36
		Final 51.70 (38.25) 23		Final 54.43 (39.87) 31
19	298.	Anthon Emiil CASPERSEN - Tønsberg	120.	Herman ROLFSNES - SSSK
		100 13.04 (13.04) 20		100 12.84 (12.84) 16
		Final 51.30 (38.26) 20		Final 51.33 (38.49) 21
20	113.	Martin EMBRE STIGEN - Gol IL	162.	Esther Serina ANDERSEN - HBSK
		100 12.92 (12.92) 17		100 13.42 (13.42) 23
		Final 48.74 (35.82) 16		Final 51.88 (38.46) 25
21	302.	Mali Katesdatter SAGABRÅTEN - Gol IL	299.	Edvard BRÅTEN - Gol IL
		100 12.54 (12.54) 15		100 - (-) -
		Final 48.76 (36.22) 17		Final - (-) -

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

22	312.	Heine ASKILDSSEN-GUNNES - Arendal SK	317.	Kitty Marie Hurum NESSET - Arendal SK
		100 12.20 (12.20) 12		100 13.55 (13.55) 25
		Final 48.18 (35.98) 15		Final 51.53 (37.98) 22
23	306.	Hedda FINSLAND - Asker SK	325.	Magnus Sørheim NYLUND - Stord IL
		100 12.28 (12.28) 13		100 12.06 (12.06) 10
		Final 45.65 (33.37) 13		Final 45.18 (33.12) 12
24	132.	Mathias Eie ALGRØY - SSSK	264.	Ingeborg SJØTHUN - SSSK
		100 11.51 (11.51) 7		100 12.09 (12.09) 11
		Final 43.76 (32.25) 9		Final 44.72 (32.63) 11
25	314.	Ola BJELKEVIK FRIESINGER - Arendal SK	345.	Anine Haugnæs BJØRKLUND - Geithus IL
		100 11.71 (11.71) 8		100 11.91 (11.91) 9
		Final 42.78 (31.07) 8		Final 43.98 (32.07) 10
26	194.	Jonas BAAS - Dølemlø IL	295.	Magnus RIAN MYRLI - Spk Falken
		100 11.19 (11.19) 3		100 11.31 (11.31) 5
		Final 41.70 (30.51) 7		Final 41.60 (30.29) 6
27	311.	Øyvind RYEN-HERLAND - Fana IL	296.	Lars ULVESETH - Fana IL
		100 11.20 (11.20) 4		100 11.32 (11.32) 6
		Final 40.75 (29.55) 3		Final 40.89 (29.57) 5
28	272.	Bendik BECKER PEDERSEN - Fana IL	309.	William VORVIK - TSK
		100 10.18 (10.18) 1		100 10.41 (10.41) 2
		Final 36.81 (26.63) 1		Final 38.40 (27.99) 2

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED VETERAN 500M 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	301	Gjermund STIGEN	Gol IL	NOR	M45	46.13	-
2	261	Arne RIMMEREID	Arendal SK	NOR	M50	46.93	00.80
3	300	Atle HANDELAND	Gol IL	NOR	M35	48.11	01.98
4	188	Gaute Haftor SØRENSEN	Arendal SK	NOR	M55	49.80	03.67
5	149	Ingvar Kjell BJORLAND	SSSK	NOR	M80	53.92	07.79
6	224	Jan HENRIKSEN	Stord IL	NOR	M80	55.91	09.78

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane					Ytre Bane						
1	300.	Atle HANDELAND - Gol IL					301.	Gjermund STIGEN - Gol IL				
		100	12.48	(12.48)	2		100	12.34	(12.34)	1		
		Final	48.11	(35.63)	3		Final	46.13	(33.79)	1		
2	149.	Ingvar Kjell BJORLAND - SSSK					224.	Jan HENRIKSEN - Stord IL				
		100	14.48	(14.48)	5		100	14.69	(14.69)	6		
		Final	53.92	(39.44)	5		Final	55.91	(41.22)	6		
3	261.	Arne RIMMEREID - Arendal SK					188.	Gaute Haftor SØRENSEN - Arendal SK				
		100	12.69	(12.69)	4		100	12.56	(12.56)	3		
		Final	46.93	(34.24)	2		Final	49.80	(37.24)	4		

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 1000M 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	272	Bendik BECKER PEDERSEN	Fana IL	NOR	B2	1:13.87	-
2	307	Kristoffer SONGSTAD	Fana IL	NOR	A2	1:16.40	02.53
3	309	William VORVIK	TSK	NOR	A1	1:17.43	03.56
4	320	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	1:19.53	05.66
5	310	Sebastian LACKNER	TSK	NOR	A1	1:20.18	06.31
6	341	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	1:21.64	07.77
7	296	Lars ULVESETH	Fana IL	NOR	A2	1:22.33	08.46
8	219	Oliver August KAADA LIE	SSSK	NOR	C2	1:23.01	09.14
9	150	Bo Oscar LILLETVEDT	Fana IL	NOR	A2	1:24.87	11.00
10	314	Ola BJELKEVIK FRIESINGER	Arendal SK	NOR	C2	1:25.16	11.29
11	194	Jonas BAAS	Dølemo IL	NOR	C2	1:25.33	11.46
12	290	Marius MOEN	Drammen SK	NOR	Neo	1:25.48	11.61
13	295	Magnus RIAN MYRLI	Spk Falken	NOR	C2	1:25.51	11.64
14	189	Joakim HAARA	Austrått	NOR	A1	1:25.64	11.77
15	181	Magnus Kvåle AASEN	Fana IL	NOR	C2	1:25.84	11.97
16	107	Peter Grove KRISTENSEN	Fana IL	NOR	B1	1:26.90	13.03
17	346	Åse DAHN	Fana IL	NOR	A2	1:27.25	13.38
18	132	Mathias Eie ALGRØY	SSSK	NOR	C1	1:28.72	14.85
19	303	Sondre MYRMEL	Fana IL	NOR	B1	1:29.40	15.53
20	293	Matias DALEN	Jevnaker	NOR	C1	1:29.68	15.81
21	288	Eskil MELLESTRAND	SSSK	NOR	C2	1:30.27	16.40
22	345	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	1:30.61	16.74
23	344	Sunniva ØVERJORDET	SFIL	NOR	C1	1:31.70	17.83
24	140	Oliver TROGSTAD RAUDBERGET	Gjøvik SK	NOR	C2	MT1:32.44	18.57
25	264	Ingeborg SJØTHUN	SSSK	NOR	B2	1:32.47	18.60
26	325	Magnus Sørheim NYLUND	Stord IL	NOR	C2	MT1:33.05	19.18
27	337	Sverre Solhaug FOLKESTAD	Fana IL	NOR	D2	MT1:33.50	19.63
28	139	Victoria PAGAR	Gjøvik SK	EST	B1	MT1:34.11	20.24
29	294	Snorre LERANG LUND	Austrått	NOR	B1	1:35.88	22.01
30	313	Einar BJELKEVIK FRIESINGER	Arendal SK	NOR	D1	1:36.08	22.21
31	186	Marius KNAG SONGSTAD	Fana IL	NOR	C2	MT1:36.63	22.76
32	165	Julian Bjerring LOHNE	Fana IL	NOR	C1	1:40.66	26.79
33	113	Martin EMBRE STIGEN	Gol IL	NOR	C1	1:40.78	26.91
34	262	Viljar KANNELØNNING	Stord IL	NOR	E2	1:41.10	27.23
35	332	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	1:41.29	27.42
36	157	Markus SKRETTING	SSSK	NOR	E2	1:41.94	28.07
37	137	Johanne BRAATHEN	KSK	NOR	A2	1:42.16	28.29
38	312	Heine ASKILDSSEN-GUNNES	Arendal SK	NOR	C1	1:42.41	28.54
39	151	Ina NYGÅRD	Fana IL	NOR	C2	1:42.72	28.85
40	297	Ingeborg INGOLDSTAD	-	NOR	C2	1:42.97	29.10
41	138	Lillian SPARBY	Gjøvik SK	NOR	D2	1:43.12	29.25
42	317	Kitty Marie Hurum NESSET	Arendal SK	NOR	B2	1:43.53	29.66
43	268	Markus HURU	SSSK	NOR	E2	1:43.80	29.93
44	263	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	1:46.24	32.37
45	302	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	1:46.32	32.45

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
46	133	Geena Kjølén NAVEENAN	Fana IL	NOR	D2	1:46.44	32.57
47	162	Esther Serina ANDERSEN	HBSK	NOR	C2	1:46.97	33.10
48	298	Anthon Emil CASPERSEN	Tønsberg	NOR	D2	1:47.00	33.13
49	175	Karoline SØREIDE	SSSK	NOR	C1	1:47.30	33.43
50	166	Hedda HUSØY	Fana IL	NOR	C1	1:47.77	33.90
51	304	Tuva MYRMEL	Fana IL	NOR	D2	1:47.91	34.04
52	220	Lykke Larsen NYBØ	SSSK	NOR	E2	1:49.53	35.66
53	323	Vemund Stautland BÅTSVIK	Stord IL	NOR	E2	1:49.68	35.81
54	145	Amalie Hui SAMUELSEN	Fana IL	NOR	E2	1:50.30	36.43
55	205	Benedikte Sola RØYRVIK	SSSK	NOR	D1	1:52.30	38.43
56	159	Knut Samuel ANDERSEN	HBSK	NOR	D1	1:54.03	40.16
57	319	Marie S. Fiane GRØDUM	Arendal SK	NOR	E2	1:55.23	41.36
58	125	Olav JACOBSEN	SSSK	NOR	E2	MT1:59.07	45.20
59	269	Mali Michelsen HAUGEN	Fana IL	NOR	C2	2:02.33	48.46
60	124	Isabelle Astrid HÅVARDSTUN	Fana	NOR	D2	F2:02.39	48.52
61	285	Selma Agata Pheil VIKØY	Hardanger	NOR	D2	2:04.15	50.28
62	174	Karoline MYKLEBUST	Sandnes S	NOR	D1	2:05.82	51.95
63	114	Live EMBRE STIGEN	Gol IL	NOR	D2	2:06.32	52.45
64	177	Vimalin SØRSTRØMMEN	Hardanger	NOR	D2	2:11.79	57.92
65	154	Henrik WINGAARD	Fana IL	NOR	D1	2:12.39	58.52
66	116	Olav MELLESTRAND-PAULSEN	SSSK	NOR	D1	MT2:13.07	59.20
67	333	Hannah YNDESDAL	Stord IL	NOR	D1	2:13.19	59.32
68	324	Selmer HORNELAND	Stord IL	NOR	E2	2:15.77	1:01.90
69	153	Sunniva Solhaug FOLKESTAD	Fana IL	NOR	E2	2:18.14	1:04.27
70	329	Othilie Kjøs HORNELAND	Stord IL	NOR	D2	2:18.80	1:04.93
71	244	Aizah Marie BUAT	Sandnes S	NOR	D2	2:19.31	1:05.44
72	183	Ida Djuve ROSNES	Fana IL	NOR	D2	MT2:19.88	1:06.01
73	278	Noah Marås HESVIK	-	NOR	D1	MT2:25.76	1:11.89
74	131	Jakob Eie ALGRØY	SSSK	NOR	E2	2:32.69	1:18.82
-	226	Saga DRARVIK	SSSK	NOR	E2	WDR	-
-	318	Nelly Nicoline Hurum NESSET	Arendal SK	NOR	C1	WDR	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane					Ytre Bane						
1	116.	Olav MELLEMSTRAND-PAULSEN - SSSK					125.	Olav JACOBSEN - SSSK				
		200	26.94	(26.94)	57		200	-	(-)	-		
		600	-	(-)	-		600	-	(-)	-		
		Final	2:13.07	(2:13.07)	66		Final	1:59.07	(1:59.07)	58		
2	183.	Ida Djuve ROSNES - Fana IL					278.	Noah Marås HESVIK - -				
		200	-	(-)	-		200	-	(-)	-		
		600	-	(-)	-		600	-	(-)	-		
		Final	2:19.88	(2:19.88)	72		Final	2:25.76	(2:25.76)	73		
3	131.	Jakob Eie ALGRØY - SSSK					154.	Henrik WINGAARD - Fana IL				
		200	30.97	(30.97)	68		200	28.55	(28.55)	63		
		600	1:29.99	(59.02)	69		600	1:19.57	(51.02)	63		
		Final	2:32.69	(1:02.70)	74		Final	2:12.39	(52.82)	65		
4	323.	Vemund Stautland BÅTSVIK - Stord IL					324.	Selmer HORNELAND - Stord IL				
		200	24.68	(24.68)	49		200	28.98	(28.98)	65		
		600	1:06.41	(41.73)	54		600	1:20.82	(51.84)	66		
		Final	1:49.68	(43.27)	53		Final	2:15.77	(54.95)	68		
5	153.	Sunniva Solhaug FOLKESTAD - Fana IL					333.	Hannah YNDESDAL - Stord IL				
		200	28.01	(28.01)	61		200	29.55	(29.55)	67		
		600	1:17.51	(49.50)	62		600	1:20.13	(50.58)	64		
		Final	2:18.14	(1:00.63)	69		Final	2:13.19	(53.06)	67		
6	145.	Amalie Hui SAMUELSEN - Fana IL					174.	Karoline MYKLEBUST - Sandnes S				
		200	24.45	(24.45)	48		200	27.75	(27.75)	59		
		600	1:05.98	(41.53)	52		600	1:14.85	(47.10)	60		
		Final	1:50.30	(44.32)	54		Final	2:05.82	(50.97)	62		
7	205.	Benedikte Sola RØYRVIK - SSSK					319.	Marie S. Fiane GRØDUM - Arendal SK				
		200	25.32	(25.32)	52		200	25.95	(25.95)	55		
		600	1:08.04	(42.72)	56		600	1:09.79	(43.84)	57		
		Final	1:52.30	(44.26)	55		Final	1:55.23	(45.44)	57		
8	159.	Knut Samuel ANDERSEN - HBSK					268.	Markus HURU - SSSK				
		200	24.78	(24.78)	50		200	23.45	(23.45)	36		
		600	1:07.42	(42.64)	55		600	1:03.00	(39.55)	41		
		Final	1:54.03	(46.61)	56		Final	1:43.80	(40.80)	43		
9	220.	Lykke Larsen NYBØ - SSSK					226.	Saga DRARVIK - SSSK				
		200	23.99	(23.99)	44		200	-	(-)	-		
		600	1:05.24	(41.25)	49		600	-	(-)	-		
		Final	1:49.53	(44.29)	52		Final	-	(-)	-		

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane			
10	262.	Viljar KANNELØNNING - Stord IL				157.	Markus SKRETTING - SSSK	
		200	23.41	(23.41)	35		200	24.41 (24.41) 47
		600	1:03.23	(39.82)	44		600	1:03.10 (38.69) 43
		Final	1:41.10	(37.87)	34		Final	1:41.94 (38.84) 36
11	297.	Ingeborg INGULDSTAD - -				318.	Nelly Nicoline Hurum NESSET - Arendal SK	
		200	22.56	(22.56)	30		200	- (-) -
		600	1:00.35	(37.79)	32		600	- (-) -
		Final	1:42.97	(42.62)	40		Final	- (-) -
12	177.	Vimalin SØRSTRØMMEN - Hardanger				244.	Aizah Marie BUAT - Sandnes S	
		200	27.85	(27.85)	60		200	28.88 (28.88) 64
		600	1:20.79	(52.94)	65		600	1:23.20 (54.32) 68
		Final	2:11.79	(51.00)	64		Final	2:19.31 (56.11) 71
13	285.	Selma Agata Pheil VIKØY - Hardanger				329.	Othilie Kjøs HORNELAND - Stord IL	
		200	26.82	(26.82)	56		200	29.41 (29.41) 66
		600	1:13.36	(46.54)	58		600	1:22.20 (52.79) 67
		Final	2:04.15	(50.79)	61		Final	2:18.80 (56.60) 70
14	114.	Live EMBRE STIGEN - Gol IL				269.	Mali Michelsen HAUGEN - Fana IL	
		200	27.59	(27.59)	58		200	28.28 (28.28) 62
		600	1:15.55	(47.96)	61		600	1:14.17 (45.89) 59
		Final	2:06.32	(50.77)	63		Final	2:02.33 (48.16) 59
15	263.	Paul Norbert Ulrich EMMERHOFF - Stord IL				175.	Karoline SØREIDE - SSSK	
		200	23.09	(23.09)	34		200	24.89 (24.89) 51
		600	1:03.77	(40.68)	46		600	1:04.61 (39.72) 48
		Final	1:46.24	(42.47)	44		Final	1:47.30 (42.69) 49
16	304.	Tuva MYRMEL - Fana IL				133.	Geena Kjølén NAVEENAN - Fana IL	
		200	23.85	(23.85)	40		200	25.33 (25.33) 53
		600	1:05.73	(41.88)	51		600	1:05.45 (40.12) 50
		Final	1:47.91	(42.18)	51		Final	1:46.44 (40.99) 46
17	298.	Anthon Emil CASPERSEN - Tønsberg				124.	Isabelle Astrid HÅVARDSTUN - Fana	
		200	23.69	(23.69)	38		200	36.90 (36.90) 69
		600	1:03.52	(39.83)	45		600	1:20.13 (43.23) 64
		Final	1:47.00	(43.48)	48		Final	2:02.39 (42.26) 60
18	302.	Mali Katesdatter SAGABRÅTEN - Gol IL				166.	Hedda HUSØY - Fana IL	
		200	23.88	(23.88)	42		200	25.71 (25.71) 54
		600	1:03.06	(39.18)	42		600	1:06.36 (40.65) 53
		Final	1:46.32	(43.26)	45		Final	1:47.77 (41.41) 50

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
19	332. Frida Stokken SALOMONSEN - Stord IL	151. Ina NYGÅRD - Fana IL
	200 22.95 (22.95) 33	200 23.87 (23.87) 41
	600 1:01.71 (38.76) 36	600 1:02.30 (38.43) 38
	Final 1:41.29 (39.58) 35	Final 1:42.72 (40.42) 39
20	113. Martin EMBRE STIGEN - Gol IL	162. Esther Serina ANDERSEN - HBSK
	200 22.83 (22.83) 32	200 23.90 (23.90) 43
	600 1:00.52 (37.69) 34	600 1:03.86 (39.96) 47
	Final 1:40.78 (40.26) 33	Final 1:46.97 (43.11) 47
21	165. Julian Bjerring LOHNE - Fana IL	138. Lillian SPARBY - Gjøvik SK
	200 23.46 (23.46) 37	200 24.10 (24.10) 45
	600 1:01.35 (37.89) 35	600 1:02.55 (38.45) 39
	Final 1:40.66 (39.31) 32	Final 1:43.12 (40.57) 41
22	137. Johanne BRAATHEN - KSK	312. Heine ASKILDTSEN-GUNNES - Arendal SK
	200 24.22 (24.22) 46	200 21.98 (21.98) 28
	600 1:02.92 (38.70) 40	600 1:00.40 (38.42) 33
	Final 1:42.16 (39.24) 37	Final 1:42.41 (42.01) 38
23	186. Marius KNAG SONGSTAD - Fana IL	317. Kitty Marie Hurum NESSET - Arendal SK
	200 22.42 (22.42) 29	200 23.82 (23.82) 39
	600 58.58 (36.16) 31	600 1:01.87 (38.05) 37
	Final 1:36.63 (38.05) 31	Final 1:43.53 (41.66) 42
24	337. Sverre Solhaug FOLKESTAD - Fana IL	294. Snorre LERANG LUND - Austrått
	200 21.58 (21.58) 26	200 22.58 (22.58) 31
	600 56.47 (34.89) 29	600 - (-) -
	Final 1:33.50 (37.03) 27	Final 1:35.88 (-) 29
25	139. Victoria PAGAR - Gjøvik SK	132. Mathias Eie ALGRØY – SSSK
	200 21.58 (21.58) 26	200 20.53 (20.53) 13
	600 56.36 (34.78) 27	600 54.28 (33.75) 21
	Final 1:34.11 (37.75) 28	Final 1:28.72 (34.44) 18
26	325. Magnus Sørheim NYLUND - Stord IL	140. Oliver TROGSTAD RAUDBERGET - Gjøvik SK
	200 21.07 (21.07) 20	200 21.50 (21.50) 25
	600 56.45 (35.38) 28	600 - (-) -
	Final 1:33.05 (36.60) 26	Final 1:32.44 (-) 24
27	313. Einar BJELKEVIK FRIESINGER - Arendal SK	288. Eskil MELLESTRAND - SSSK
	200 21.91 (21.91) 27	200 21.16 (21.16) 21
	600 57.64 (35.73) 30	600 54.98 (33.82) 25
	Final 1:36.08 (38.44) 30	Final 1:30.27 (35.29) 21

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane					Ytre Bane						
28	303.	Sondre MYRMEL - Fana IL					290.	Marius MOEN - Drammen SK				
		200	20.61	(20.61)	16		200	20.87	(20.87)	17		
		600	53.83	(33.22)	20		600	52.46	(31.59)	16		
		Final	1:29.40	(35.57)	19		Final	1:25.48	(33.02)	12		
29	345.	Anine Haugnæs BJØRKLUND - Geithus IL					293.	Matias DALEN - Jevnaker				
		200	20.56	(20.56)	14		200	21.30	(21.30)	24		
		600	54.36	(33.80)	22		600	54.59	(33.29)	23		
		Final	1:30.61	(36.25)	22		Final	1:29.68	(35.09)	20		
30	264.	Ingeborg SJØTHUN - SSSK					107.	Peter Grove KRISTENSEN - Fana IL				
		200	21.24	(21.24)	23		200	20.58	(20.58)	15		
		600	54.92	(33.68)	24		600	53.19	(32.61)	18		
		Final	1:32.47	(37.55)	25		Final	1:26.90	(33.71)	16		
31	181.	Magnus Kvåle AASEN - Fana IL					189.	Joakim HAARA - Austrått				
		200	20.90	(20.90)	18		200	19.96	(19.96)	11		
		600	53.22	(32.32)	19		600	52.26	(32.30)	14		
		Final	1:25.84	(32.62)	15		Final	1:25.64	(33.38)	14		
32	295.	Magnus RIAN MYRLI - Spk Falken					344.	Sunniva ØVERJORDET - SFIL				
		200	19.55	(19.55)	8		200	21.23	(21.23)	22		
		600	51.01	(31.46)	12		600	55.12	(33.89)	26		
		Final	1:25.51	(34.50)	13		Final	1:31.70	(36.58)	23		
33	314.	Ola BJELKEVIK FRIESINGER - Arendal SK					346.	Åse DAHN - Fana IL				
		200	20.05	(20.05)	12		200	20.99	(20.99)	19		
		600	51.53	(31.48)	13		600	53.14	(32.15)	17		
		Final	1:25.16	(33.63)	10		Final	1:27.25	(34.11)	17		
34	194.	Jonas BAAS - Dølemlø IL					150.	Bo Oscar LILLETVEDT - Fana IL				
		200	19.18	(19.18)	4		200	20.61	(20.61)	16		
		600	50.87	(31.69)	11		600	52.33	(31.72)	15		
		Final	1:25.33	(34.46)	11		Final	1:24.87	(32.54)	9		
35	310.	Sebastian LACKNER - TSK					341.	Sindre Heggelund LJUNGQUIST - KSK				
		200	19.69	(19.69)	9		200	19.39	(19.39)	7		
		600	49.43	(29.74)	7		600	49.58	(30.19)	8		
		Final	1:20.18	(30.75)	5		Final	1:21.64	(32.06)	6		
36	219.	Oliver August KAADA LIE - SSSK					296.	Lars ULVESETH - Fana IL				
		200	19.27	(19.27)	6		200	19.78	(19.78)	10		
		600	49.88	(30.61)	9		600	50.40	(30.62)	10		
		Final	1:23.01	(33.13)	8		Final	1:22.33	(31.93)	7		

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane			
37	309.	William VORVIK - TSK				320.	Halvor Kjøsterud ERLINGSEN - Asker SK	
		200	17.92	(17.92)	2	200	19.21	(19.21) 5
		600	46.68	(28.76)	4	600	48.61	(29.40) 6
		Final	1:17.43	(30.75)	3	Final	1:19.53	(30.92) 4
38	272.	Bendik BECKER PEDERSEN - Fana IL				307.	Kristoffer SONGSTAD - Fana IL	
		200	17.78	(17.78)	1	200	18.62	(18.62) 3
		600	44.56	(26.78)	3	600	46.69	(28.07) 5
		Final	1:13.87	(29.31)	1	Final	1:16.40	(29.71) 2

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED VETERAN 1000M 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	261	Arne RIMMEREID	Arendal SK	NOR	M50	1:33.54	-
2	301	Gjermund STIGEN	Gol IL	NOR	M45	1:35.91	02.37
3	300	Atle HANDELAND	Gol IL	NOR	M35	1:40.22	06.68
4	188	Gaute Haftor SØRENSEN	Arendal SK	NOR	M55	1:42.36	08.82
5	106	Maria BIRKELI	Geithus IL	NOR	M40	1:46.12	12.58
6	287	Terje RUGLAND	Stavanger	NOR	M65	1:49.67	16.13
7	149	Ingvar Kjell BJORLAND	SSSK	NOR	M80	1:52.36	18.82
8	265	Kjell RØRVIK	Arendal Sk	NOR	M75	1:54.85	21.31
9	224	Jan HENRIKSEN	Stord IL	NOR	M80	2:01.39	27.85
10	108	Sara HEMMER	Aktiv SK	NOR	M65	2:02.00	28.46

Par	Indre Bane	Ytre Bane
1	265. Kjell RØRVIK - Arendal Sk	300. Atle HANDELAND - Gol IL
	200 27.93 (27.93) 9	200 22.91 (22.91) 3
	600 1:10.55 (42.62) 8	600 1:00.13 (37.22) 3
	Final 1:54.85 (44.30) 8	Final 1:40.22 (40.09) 3
3	287. Terje RUGLAND - Stavanger	301. Gjermund STIGEN - Gol IL
	200 25.86 (25.86) 7	200 22.14 (22.14) 1
	600 1:06.69 (40.83) 7	600 57.23 (35.09) 2
	Final 1:49.67 (42.98) 6	Final 1:35.91 (38.68) 2
4	224. Jan HENRIKSEN - Stord IL	108. Sara HEMMER - Aktiv SK
	200 26.93 (26.93) 8	200 29.24 (29.24) 10
	600 1:11.83 (44.90) 9	600 1:15.11 (45.87) 10
	Final 2:01.39 (49.56) 9	Final 2:02.00 (46.89) 10
5	106. Maria BIRKELI - Geithus IL	149. Ingvar Kjell BJORLAND - SSSK
	200 24.83 (24.83) 5	200 25.24 (25.24) 6
	600 1:04.81 (39.98) 5	600 1:06.45 (41.21) 6
	Final 1:46.12 (41.31) 5	Final 1:52.36 (45.91) 7
6	261. Arne RIMMEREID - Arendal SK	188. Gaute Haftor SØRENSEN - Arendal SK
	200 22.36 (22.36) 2	200 22.93 (22.93) 4
	600 56.86 (34.50) 1	600 1:01.16 (38.23) 4
	Final 1:33.54 (36.68) 1	Final 1:42.36 (41.20) 4

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED 3000M 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	307	Kristoffer SONGSTAD	Fana IL	NOR	A2	4:04.28	-
2	320	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	4:20.34	16.06
3	310	Sebastian LACKNER	TSK	NOR	A1	MT4:24.30	20.02
4	150	Bo Oscar LILLETVEDT	Fana IL	NOR	A2	4:26.19	21.91
5	311	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	4:26.86	22.58
6	219	Oliver August KAADA LIE	SSSK	NOR	C2	4:28.07	23.79
7	341	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	4:30.37	26.09
8	181	Magnus Kvåle AASEN	Fana IL	NOR	C2	4:31.73	27.45
9	290	Marius MOEN	Drammen SK	NOR	Neo	4:34.85	30.57
10	189	Joakim HAARA	Austrått	NOR	A1	4:42.76	38.48
11	346	Åse DAHN	Fana IL	NOR	A2	4:45.58	41.30
12	107	Peter Grove KRISTENSEN	Fana IL	NOR	B1	4:46.14	41.86
13	288	Eskil MELLESTRAND	SSSK	NOR	C2	4:59.19	54.91
14	293	Matias DALEN	Jevnaker	NOR	C1	5:01.67	57.39
15	340	Pernille Løvestad SKOLEM	HBSK	NOR	A2	5:02.83	58.55
16	337	Sverre Solhaug FOLKESTAD	Fana IL	NOR	D2	5:05.80	1:01.52
17	140	Oliver TROGSTAD RAUDBERGET	Gjøvik SK	NOR	C2	F5:06.00	1:01.72
18	344	Sunniva ØVERJORDET	SFIL	NOR	C1	5:07.30	1:03.02
19	303	Sondre MYRMEL	Fana IL	NOR	B1	5:08.27	1:03.99
20	294	Snorre LERANG LUND	Austrått	NOR	B1	5:19.66	1:15.38
21	306	Hedda FINSLAND	Asker SK	NOR	B1	5:21.93	1:17.65
22	139	Victoria PAGAR	Gjøvik SK	EST	B1	5:23.69	1:19.41
23	137	Johanne BRAATHEN	KSK	NOR	A2	5:29.63	1:25.35
24	332	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	5:34.28	1:30.00
25	165	Julian Bjerring LOHNE	Fana IL	NOR	C1	5:35.69	1:31.41
26	151	Ina NYGÅRD	Fana IL	NOR	C2	5:42.37	1:38.09
27	263	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	5:48.79	1:44.51
28	133	Geena Kjølén NAVEENAN	Fana IL	NOR	D2	5:51.30	1:47.02
29	138	Lillian SPARBY	Gjøvik SK	NOR	D2	5:52.31	1:48.03
30	124	Isabelle Astrid HÅVARDSTUN	Fana	NOR	D2	5:54.23	1:49.95
31	166	Hedda HUSØY	Fana IL	NOR	C1	5:57.44	1:53.16
32	304	Tuva MYRMEL	Fana IL	NOR	D2	6:11.13	2:06.85
33	274	Anique MULDER	Fana IL	NED	C1	6:16.77	2:12.49
34	206	Hedda NEDENES	Fana il	NOR	D2	MT6:25.25	2:20.97
35	134	Eira Egeland HAUG	Fana IL	NOR	C1	6:25.60	2:21.32
-	281	Emil Christian NIELSEN	Danmark	DEN	Senior	WDR	-

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane				Ytre Bane				
1	-.	--			281.	Emil Christian NIELSEN - Danmark			
						200	-	(-)	-
						600	-	(-)	-
						1000	-	(-)	-
						1400	-	(-)	-
						1800	-	(-)	-
						2200	-	(-)	-
						2600	-	(-)	-
						Final	-	(-)	-
2	-.	--			-.	--			
3	-.	--			206.	Hedda NEDENES - Fana il			
						200	05.75	(05.75)	1
						600	-	(-)	-
						1000	1:55.18	(1:55.18)	27
						1400	2:39.28	(44.10)	27
						1800	3:30.80	(51.52)	29
						2200	4:22.31	(51.51)	32
						2600	5:13.94	(51.63)	31
						Final	6:25.25	(1:11.31)	34
4	138.	Lillian SPARBY - Gjøvik SK			304.	Tuva MYRMEL - Fana IL			
		200	-	(-)	-	200	25.65	(25.65)	24
		600	1:08.90	(1:08.90)	26	600	1:11.31	(45.66)	30
		1000	-	(-)	-	1000	1:48.11	(36.80)	21
		1400	-	(-)	-	1400	-	(-)	-
		1800	-	(-)	-	1800	-	(-)	-
		2200	4:17.77	(4:17.77)	29	2200	4:30.67	(4:30.67)	33
		2600	5:05.84	(48.07)	28	2600	5:21.81	(51.14)	32
		Final	5:52.31	(46.47)	29	Final	6:11.13	(49.32)	32
5	274.	Anique MULDER - Fana IL			134.	Eira Egeland HAUG - Fana IL			
		200	26.53	(26.53)	27	200	28.40	(28.40)	30
		600	1:12.98	(46.45)	33	600	1:18.03	(49.63)	34
		1000	2:02.68	(49.70)	32	1000	2:10.21	(52.18)	33
		1400	2:53.40	(50.72)	32	1400	3:02.12	(51.91)	33
		1800	3:44.27	(50.87)	32	1800	3:53.57	(51.45)	33
		2200	4:35.14	(50.87)	34	2200	4:44.96	(51.39)	35
		2600	5:26.91	(51.77)	33	2600	5:37.44	(52.48)	34
		Final	6:16.77	(49.86)	33	Final	6:25.60	(48.16)	35

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
6	124. Isabelle Astrid HÅVARDSTUN - Fana	133. Geena Kjølén NAVEENAN - Fana IL
	200 27.01 (27.01) 29	200 28.64 (28.64) 31
	600 1:11.69 (44.68) 31	600 1:12.74 (44.10) 32
	1000 1:57.20 (45.51) 31	1000 1:56.66 (43.92) 30
	1400 2:44.06 (46.86) 31	1400 2:42.55 (45.89) 29
	1800 3:31.48 (47.42) 31	1800 3:28.76 (46.21) 28
	2200 4:19.46 (47.98) 30	2200 4:16.13 (47.37) 28
	2600 5:09.51 (50.05) 30	2600 5:03.94 (47.81) 27
	Final 5:54.23 (44.72) 30	Final 5:51.30 (47.36) 28
7	263. Paul Norbert Ulrich EMMERHOFF - Stord IL	166. Hedda HUSØY - Fana IL
	200 24.98 (24.98) 22	200 26.96 (26.96) 28
	600 1:09.19 (44.21) 27	600 1:10.69 (43.73) 29
	1000 1:55.25 (46.06) 28	1000 1:56.09 (45.40) 29
	1400 2:40.67 (45.42) 28	1400 2:43.11 (47.02) 30
	1800 3:27.77 (47.10) 27	1800 3:31.14 (48.03) 30
	2200 4:15.58 (47.81) 27	2200 4:19.63 (48.49) 31
	2600 5:02.05 (46.47) 26	2600 5:08.92 (49.29) 29
	Final 5:48.79 (46.74) 27	Final 5:57.44 (48.52) 31
8	332. Frida Stokken SALOMONSEN - Stord IL	151. Ina NYGÅRD - Fana IL
	200 24.49 (24.49) 21	200 25.11 (25.11) 23
	600 1:06.57 (42.08) 24	600 1:05.94 (40.83) 23
	1000 1:50.66 (44.09) 25	1000 1:50.22 (44.28) 24
	1400 2:36.19 (45.53) 25	1400 2:35.81 (45.59) 24
	1800 3:21.04 (44.85) 24	1800 3:22.40 (46.59) 25
	2200 4:07.10 (46.06) 24	2200 4:09.29 (46.89) 26
	2600 4:51.90 (44.80) 23	2600 4:56.04 (46.75) 25
	Final 5:34.28 (42.38) 24	Final 5:42.37 (46.33) 26
9	306. Hedda FINSLAND - Asker SK	165. Julian Bjerring LOHNE - Fana IL
	200 22.98 (22.98) 10	200 26.40 (26.40) 26
	600 1:00.32 (37.34) 14	600 1:09.29 (42.89) 28
	1000 1:41.35 (41.03) 16	1000 1:53.49 (44.20) 26
	1400 2:24.61 (43.26) 19	1400 2:38.32 (44.83) 26
	1800 3:08.71 (44.10) 20	1800 3:23.43 (45.11) 26
	2200 3:53.13 (44.42) 21	2200 4:08.02 (44.59) 25
	2600 4:37.31 (44.18) 20	2600 4:52.41 (44.39) 24
	Final 5:21.93 (44.62) 21	Final 5:35.69 (43.28) 25
10	337. Sverre Solhaug FOLKESTAD - Fana IL	139. Victoria PAGAR - Gjøvik SK
	200 23.26 (23.26) 11	200 23.79 (23.79) 18
	600 1:01.25 (37.99) 16	600 1:03.22 (39.43) 22
	1000 1:40.63 (39.38) 14	1000 1:45.56 (42.34) 20
	1400 2:20.90 (40.27) 15	1400 2:28.71 (43.15) 22
	1800 3:01.30 (40.40) 15	1800 3:12.02 (43.31) 22
	2200 3:42.63 (41.33) 15	2200 3:56.18 (44.16) 22
	2600 4:24.25 (41.62) 15	2600 4:41.47 (45.29) 21
	Final 5:05.80 (41.55) 16	Final 5:23.69 (42.22) 22

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
11	303. Sondre MYRMEL - Fana IL	137. Johanne BRAATHEN - KSK
	200 23.53 (23.53) 16	200 25.69 (25.69) 25
	600 1:02.12 (38.59) 20	600 1:06.60 (40.91) 25
	1000 1:41.86 (39.74) 18	1000 1:48.89 (42.29) 22
	1400 2:22.84 (40.98) 17	1400 2:31.60 (42.71) 23
	1800 3:04.25 (41.41) 17	1800 3:15.61 (44.01) 23
	2200 3:45.63 (41.38) 18	2200 3:59.78 (44.17) 23
	2600 4:27.33 (41.70) 17	2600 4:44.65 (44.87) 22
	Final 5:08.27 (40.94) 19	Final 5:29.63 (44.98) 23
12	288. Eskil MELLESTRAND - SSSK	294. Snorre LERANG LUND - Austrått
	200 23.51 (23.51) 15	200 24.15 (24.15) 20
	600 1:01.30 (37.79) 17	600 1:03.10 (38.95) 21
	1000 1:40.84 (39.54) 15	1000 1:43.66 (40.56) 19
	1400 2:20.79 (39.95) 14	1400 2:25.98 (42.32) 20
	1800 3:00.71 (39.92) 14	1800 3:08.88 (42.90) 21
	2200 3:40.99 (40.28) 14	2200 3:52.53 (43.65) 20
	2600 4:21.21 (40.22) 13	2600 4:36.14 (43.61) 19
	Final 4:59.19 (37.98) 13	Final 5:19.66 (43.52) 20
13	107. Peter Grove KRISTENSEN - Fana IL	140. Oliver TROGSTAD RAUDBERGET - Gjøvik SK
	200 23.42 (23.42) 14	200 23.79 (23.79) 18
	600 59.95 (36.53) 12	600 1:01.07 (37.28) 15
	1000 1:36.67 (36.72) 11	1000 1:39.96 (38.89) 13
	1400 2:14.45 (37.78) 12	1400 2:20.91 (40.95) 16
	1800 2:52.98 (38.53) 12	1800 3:02.34 (41.43) 16
	2200 3:31.02 (38.04) 12	2200 3:43.25 (40.91) 16
	2600 - (-) -	2600 4:24.47 (41.22) 16
	Final 4:46.14 (4:46.14) 12	Final 5:06.00 (41.53) 17
14	293. Matias DALEN - Jevnaker	344. Sunniva ØVERJORDET - SFIL
	200 23.85 (23.85) 19	200 23.79 (23.79) 18
	600 1:01.45 (37.60) 18	600 1:01.46 (37.67) 19
	1000 1:49.84 (48.39) 23	1000 1:41.55 (40.09) 17
	1400 2:27.92 (38.08) 21	1400 2:23.41 (41.86) 18
	1800 3:06.41 (38.49) 19	1800 3:06.37 (42.96) 18
	2200 3:44.94 (38.53) 17	2200 3:47.65 (41.28) 19
	2600 4:23.46 (38.52) 14	2600 4:27.81 (40.16) 18
	Final 5:01.67 (38.21) 14	Final 5:07.30 (39.49) 18
15	189. Joakim HAARA - Austrått	340. Pernille Løvestad SKOLEM - HBSK
	200 21.79 (21.79) 5	200 23.37 (23.37) 12
	600 58.04 (36.25) 9	600 59.98 (36.61) 13
	1000 1:35.04 (37.00) 9	1000 1:38.16 (38.18) 12
	1400 2:12.54 (37.50) 11	1400 2:17.03 (38.87) 13
	1800 2:50.33 (37.79) 11	1800 2:57.04 (40.01) 13
	2200 3:28.09 (37.76) 10	2200 3:38.58 (41.54) 13
	2600 4:05.99 (37.90) 10	2600 4:20.32 (41.74) 12
	Final 4:42.76 (36.77) 10	Final 5:02.83 (42.51) 15

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

Par	Indre Bane	Ytre Bane
16	346. Åse DAHN - Fana IL	181. Magnus Kvåle AASEN - Fana IL
	200 23.62 (23.62) 17	200 23.41 (23.41) 13
	600 59.68 (36.06) 11	600 58.32 (34.91) 10
	1000 1:35.44 (35.76) 10	1000 1:33.15 (34.83) 8
	1400 2:12.27 (36.83) 10	1400 2:08.32 (35.17) 9
	1800 2:50.04 (37.77) 10	1800 2:43.60 (35.28) 9
	2200 3:28.79 (38.75) 11	2200 3:19.25 (35.65) 9
	2600 4:07.28 (38.49) 11	2600 3:55.40 (36.15) 8
	Final 4:45.58 (38.30) 11	Final 4:31.73 (36.33) 8
17	311. Øyvind RYEN-HERLAND - Fana IL	290. Marius MOEN - Drammen SK
	200 21.96 (21.96) 7	200 22.54 (22.54) 8
	600 55.92 (33.96) 5	600 56.29 (33.75) 6
	1000 1:29.51 (33.59) 3	1000 1:30.87 (34.58) 6
	1400 2:04.10 (34.59) 3	1400 2:05.99 (35.12) 7
	1800 2:39.21 (35.11) 3	1800 2:41.77 (35.78) 8
	2200 3:14.78 (35.57) 3	2200 3:18.62 (36.85) 8
	2600 3:50.79 (36.01) 5	2600 3:56.29 (37.67) 9
	Final 4:26.86 (36.07) 5	Final 4:34.85 (38.56) 9
18	219. Oliver August KAADA LIE - SSSK	150. Bo Oscar LILLETVEDT - Fana IL
	200 21.90 (21.90) 6	200 22.90 (22.90) 9
	600 55.70 (33.80) 4	600 57.28 (34.38) 8
	1000 1:30.43 (34.73) 5	1000 1:31.83 (34.55) 7
	1400 2:05.70 (35.27) 6	1400 2:06.74 (34.91) 8
	1800 2:41.09 (35.39) 6	1800 2:41.38 (34.64) 7
	2200 3:16.31 (35.22) 6	2200 3:15.76 (34.38) 5
	2600 3:51.74 (35.43) 6	2600 3:50.74 (34.98) 4
	Final 4:28.07 (36.33) 6	Final 4:26.19 (35.45) 4
19	310. Sebastian LACKNER - TSK	341. Sindre Heggelund LJUNGQUIST - KSK
	200 21.79 (21.79) 5	200 21.72 (21.72) 4
	600 55.50 (33.71) 3	600 56.48 (34.76) 7
	1000 1:29.51 (34.01) 3	1000 1:30.20 (33.72) 4
	1400 2:04.30 (34.79) 4	1400 2:05.54 (35.34) 5
	1800 2:39.76 (35.46) 4	1800 2:40.67 (35.13) 5
	2200 3:15.20 (35.44) 4	2200 3:16.76 (36.09) 7
	2600 3:50.31 (35.11) 3	2600 3:53.42 (36.66) 7
	Final 4:24.30 (33.99) 3	Final 4:30.37 (36.95) 7
20	307. Kristoffer SONGSTAD - Fana IL	320. Halvor Kjøsterud ERLINGSEN - Asker SK
	200 20.47 (20.47) 2	200 21.16 (21.16) 3
	600 51.60 (31.13) 1	600 53.37 (32.21) 2
	1000 1:22.77 (31.17) 1	1000 1:26.38 (33.01) 2
	1400 1:54.45 (31.68) 1	1400 2:00.48 (34.10) 2
	1800 2:26.50 (32.05) 1	1800 2:34.84 (34.36) 2
	2200 2:58.71 (32.21) 1	2200 3:09.93 (35.09) 2
	2600 3:31.02 (32.31) 1	2600 3:45.09 (35.16) 2
	Final 4:04.28 (33.26) 1	Final 4:20.34 (35.25) 2

Rekordløpet 2025

Sørmarka Arena – Stavanger (NOR) / 21. - 23.03.2025

RESULTATER MIXED VETERAN 3000M 23.03.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	283	Frank Erik TINDVIK	HBSK	NOR	M40	4:24.28	-
2	103	Alf HARBITZ	Tromsø SK	NOR	M70	5:32.00	1:07.72
3	106	Maria BIRKELI	Geithus IL	NOR	M40	5:34.38	1:10.10
4	287	Terje RUGLAND	Stavanger	NOR	M65	5:55.51	1:31.23
5	108	Sara HEMMER	Aktiv SK	NOR	M65	5:58.14	1:33.86
-	266	Octavian-Cornel MOGA	Sibiu	ROU	M55	WDR	-

Par	Indre Bane	Ytre Bane
-----	------------	-----------

1 -. -- -. ---

2	287.	Terje RUGLAND - Stavanger	108.	Sara HEMMER - Aktiv SK
	200	28.09 (28.09) 4	200	29.59 (29.59) 5
	600	1:11.58 (43.49) 4	600	1:14.96 (45.37) 5
	1000	1:57.76 (46.18) 4	1000	2:00.90 (45.94) 5
	1400	2:44.65 (46.89) 4	1400	2:47.42 (46.52) 5
	1800	3:32.02 (47.37) 4	1800	3:34.47 (47.05) 5
	2200	4:19.82 (47.80) 4	2200	4:22.63 (48.16) 5
	2600	5:08.01 (48.19) 4	2600	5:10.51 (47.88) 5
	Final	5:55.51 (47.50) 4	Final	5:58.14 (47.63) 5

3	106.	Maria BIRKELI - Geithus IL	103.	Alf HARBITZ - Tromsø SK
	200	26.88 (26.88) 3	200	25.55 (25.55) 2
	600	1:09.24 (42.36) 3	600	1:06.84 (41.29) 2
	1000	1:51.86 (42.62) 3	1000	1:50.29 (43.45) 2
	1400	2:34.79 (42.93) 3	1400	2:34.14 (43.85) 2
	1800	3:19.03 (44.24) 3	1800	3:18.32 (44.18) 2
	2200	4:03.82 (44.79) 3	2200	4:02.19 (43.87) 2
	2600	4:49.06 (45.24) 3	2600	4:46.64 (44.45) 2
	Final	5:34.38 (45.32) 3	Final	5:32.00 (45.36) 2

4	283.	Frank Erik TINDVIK - HBSK	266.	Octavian-Cornel MOGA - Sibiu
	200	21.07 (21.07) 1	200	- (-) -
	600	54.64 (33.57) 1	600	- (-) -
	1000	1:28.86 (34.22) 1	1000	- (-) -
	1400	2:03.26 (34.40) 1	1400	- (-) -
	1800	2:37.72 (34.46) 1	1800	- (-) -
	2200	3:12.51 (34.79) 1	2200	- (-) -
	2600	3:47.93 (35.42) 1	2600	- (-) -
	Final	4:24.28 (36.35) 1	Final	- (-) -