

LyseCup 7

Sørmarka Arena – Stavanger (NOR) / 12.02.2025

RESULTATER MIXED 500M

12.02.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	145	Joakim HAARA	Austrått	NOR	A1	43.20	-
2	174	Einar MATHIASSEN	-	NOR	M45	44.01	00.81
3	123	Mathias Eie ALGRØY	SSSK	NOR	C1	44.06	00.86
4	150	Eskil MELLESTRAND	SSSK	NOR	C2	45.79	02.59
5	168	Helge FLESLAND	SSC	NOR	M60	47.28	04.08
6	146	Snorre LERANG LUND	Austrått	NOR	B1	47.49	04.29
7	175	Lucas ICASATTI	Arendal Sk	ARG	M45	47.52	04.32
8	173	Arne RIMMERID	Arendal SK	NOR	M50	47.75	04.55
9	132	Bernt ERLAND	SSSK	NOR	M55	48.39	05.19
10	160	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	49.51	06.31
11	151	Sverre MO	SSSK	NOR	M60	50.89	07.69
12	161	Viljar KANNELØNNING	Stord IL	NOR	E2	51.43	08.23
13	180	Arnstein SUNDE	Arendal Sk	NOR	M60	51.86	08.66
14	169	Onar WESTERHEIM	Stord IL	NOR	M75	52.07	08.87
15	122	Markus HURU	SSSK	NOR	E2	52.71	09.51
16	115	Herman ROLFSNES	SSSK	NOR	D2	54.13	10.93
17	106	Ingvar Kjell BJØRLAND	SSSK	NOR	M80	54.45	11.25
18	108	Markus SKRETTEING	SSSK	NOR	E2	54.46	11.26
19	143	Harald WESTERHEIM	Stord IL	NOR	M75	56.15	12.95
20	124	Karoline SØREIDE	SSSK	NOR	C1	57.45	14.25
21	141	Torger ASPELUND	SSSK	NOR	M75	58.64	15.44
22	120	Harald ASPELUND	SSSK	NOR	M75	58.76	15.56
23	159	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	F1:00.18	16.98
24	112	Olav JACOBSEN	SSSK	NOR	E2	1:00.24	17.04
25	165	Karoline MYKLEBUST	Sandnes S	NOR	D1	1:01.81	18.61
26	172	Per.46 NYGÅRD	SSSK	NOR	M75	1:06.03	22.83
27	148	Øivind HAUKELAND	Fana IL	NOR	M75	1:06.58	23.38
28	166	Aizah Marie BUAT	Sandnes S	NOR	D2	1:09.66	26.46
29	138	Eirik KRONE	SSSK	NOR	E2	1:09.72	26.52
30	170	Elvira Hasani KVERNELAND	SSSK	NOR	D2	1:10.06	26.86
-	110	Gustav Hetland FOSSUM	SSSK	NOR	C1	DNS	-

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Par	Indre Bane				Ytre Bane			
1	166.	Aizah Marie BUAT - Sandnes S			138.	Eirik KRONE - SSSK		
		100	15.19	(15.19) 23		100	15.39	(15.39) 26
		Final	1:09.66	(54.47) 28		Final	1:09.72	(54.33) 29
2	165.	Karoline MYKLEBUST - Sandnes S			-.	--		
		100	14.73	(14.73) 21				
		Final	1:01.81	(47.08) 25				
3	170.	Elvira Hasani KVERNELAND - SSSK			112.	Olav JACOBSEN - SSSK		
		100	15.82	(15.82) 27		100	14.26	(14.26) 19
		Final	1:10.06	(54.24) 30		Final	1:00.24	(45.98) 24
4	159.	Paul Norbert Ulrich EMMERHOFF - Stord IL			108.	Markus SKRETTING - SSSK		
		100	12.64	(12.64) 7		100	14.21	(14.21) 18
		Final	1:00.18	(47.54) 23		Final	54.46	(40.25) 18
5	115.	Herman ROLFSNES - SSSK			124.	Karoline SØREIDE - SSSK		
		100	13.10	(13.10) 12		100	13.98	(13.98) 17
		Final	54.13	(41.03) 16		Final	57.45	(43.47) 20
6	161.	Viljar KANNELØNNING - Stord IL			122.	Markus HURU - SSSK		
		100	13.07	(13.07) 11		100	13.36	(13.36) 14
		Final	51.43	(38.36) 12		Final	52.71	(39.35) 15
7	110.	Gustav Hetland FOSSUM - SSSK			160.	Frida Stokken SALOMONSEN - Stord IL		
		100	-	(-) -		100	12.76	(12.76) 9
		Final	-	(-) -		Final	49.51	(36.75) 10
8	150.	Eskil MELLESTRAND - SSSK			146.	Snorre LERANG LUND - Austrått		
		100	12.10	(12.10) 4		100	12.75	(12.75) 8
		Final	45.79	(33.69) 4		Final	47.49	(34.74) 6
9	145.	Joakim HAARA - Austrått			123.	Mathias Eie ALGRØY - SSSK		
		100	11.39	(11.39) 1		100	11.44	(11.44) 2
		Final	43.20	(31.81) 1		Final	44.06	(32.62) 3
10	172.	Per.46 NYGÅRD - SSSK			148.	Øivind HAUKELAND - Fana IL		
		100	16.84	(16.84) 28		100	17.04	(17.04) 29
		Final	1:06.03	(49.19) 26		Final	1:06.58	(49.54) 27
11	120.	Harald ASPELUND - SSSK			141.	Torger ASPELUND - SSSK		
		100	15.37	(15.37) 25		100	15.23	(15.23) 24
		Final	58.76	(43.39) 22		Final	58.64	(43.41) 21

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Par	Indre Bane					Ytre Bane						
12	106.	Ingvar Kjell BJORLAND - SSSK					143.	Harald WESTERHEIM - Stord IL				
		100	14.33	(14.33)	20		100	14.85	(14.85)	22		
		Final	54.45	(40.12)	17		Final	56.15	(41.30)	19		
13	169.	Onar WESTERHEIM - Stord IL					180.	Arnstein SUNDE - Arendal Sk				
		100	13.94	(13.94)	16		100	13.91	(13.91)	15		
		Final	52.07	(38.13)	14		Final	51.86	(37.95)	13		
14	132.	Bernt ERLAND - SSSK					151.	Sverre MO - SSSK				
		100	12.79	(12.79)	10		100	13.25	(13.25)	13		
		Final	48.39	(35.60)	9		Final	50.89	(37.64)	11		
15	168.	Helge FLESLAND - SSC					173.	Arne RIMMEREID - Arendal SK				
		100	12.56	(12.56)	6		100	12.79	(12.79)	10		
		Final	47.28	(34.72)	5		Final	47.75	(34.96)	8		
16	174.	Einar MATHIASSEN - -					175.	Lucas ICASATTI - Arendal Sk				
		100	12.09	(12.09)	3		100	12.11	(12.11)	5		
		Final	44.01	(31.92)	2		Final	47.52	(35.41)	7		

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Sørmarka Arena – Stavanger (NOR) / 12.02.2025

RESULTATER MIXED 1500M MIXED - 12.02.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	174	Einar MATHIASSEN	SSSK	NOR	M45	2:12.24	-
2	145	Joakim HAARA	Austrått	NOR	A1	2:19.08	06.84
3	132	Bernt ERLAND	SSSK	NOR	M55	2:26.79	14.55
4	168	Helge FLESLAND	SSC	NOR	M60	2:27.08	14.84
5	150	Eskil MELLEMSTRAND	SSSK	NOR	C2	2:27.39	15.15
6	173	Arne RIMMEREID	Arendal SK	NOR	M50	2:28.65	16.41
7	146	Snorre LERANG LUND	Austrått	NOR	B1	2:32.83	20.59
8	175	Lucas ICASATTI	Arendal Sk	ARG	M45	2:33.07	20.83
9	123	Mathias Eie ALGRØY	SSSK	NOR	C1	F2:34.51	22.27
10	151	Sverre MO	SSSK	NOR	M60	2:34.98	22.74
11	180	Arnstein SUNDE	Arendal Sk	NOR	M60	2:39.42	27.18
12	160	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	2:39.72	27.48
13	169	Onar WESTERHEIM	Stord IL	NOR	M75	2:47.64	35.40
14	159	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	2:49.23	36.99
15	143	Harald WESTERHEIM	Stord IL	NOR	M75	2:50.83	38.59
16	106	Ingvar Kjell BJORLAND	SSSK	NOR	M80	2:56.62	44.38
17	120	Harald ASPELUND	SSSK	NOR	M75	2:58.44	46.20
18	131	Benedikte Sola RØYRVIK	SSSK	NOR	D1	2:59.67	47.43
19	141	Torger ASPELUND	SSSK	NOR	M75	3:06.82	54.58
20	124	Karoline SØREIDE	SSSK	NOR	C1	3:21.79	1:09.55
21	172	Per.46 NYGÅRD	SSSK	NOR	M75	3:25.53	1:13.29
22	165	Karoline MYKLEBUST	Sandnes S	NOR	D1	3:42.08	1:29.84
23	101	Olav MELLEMSTRAND- PAULSEN	SSSK	NOR	D1	3:58.33	1:46.09
24	170	Elvira Hasani KVERNELAND	SSSK	NOR	D2	4:00.98	1:48.74
-	110	Gustav Hetland FOSSUM	SSSK	NOR	C1	DNS	-

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Par	Indre Bane	Ytre Bane
1	101. Olav MELLEMSTRAND-PAULSEN - SSSK	170. Elvira Hasani KVERNELAND - SSSK
	300 49.85 (49.85) 24	300 46.37 (46.37) 23
	700 1:55.74 (1:05.89) 24	700 1:48.68 (1:02.31) 23
	1100 2:59.30 (1:03.56) 24	1100 2:55.45 (1:06.77) 23
	Final 3:58.33 (59.03) 23	Final 4:00.98 (1:05.53) 24
2	165. Karoline MYKLEBUST - Sandnes S	131. Benedikte Sola RØYRVIK - SSSK
	300 40.56 (40.56) 21	300 36.58 (36.58) 15
	700 1:37.06 (56.50) 21	700 1:22.51 (45.93) 17
	1100 2:45.08 (1:08.02) 22	1100 2:12.08 (49.57) 18
	Final 3:42.08 (57.00) 22	Final 2:59.67 (47.59) 18
3	159. Paul Norbert Ulrich EMMERHOFF - Stord IL	124. Karoline SØREIDE - SSSK
	300 33.34 (33.34) 10	300 37.10 (37.10) 17
	700 1:18.01 (44.67) 14	700 1:25.24 (48.14) 20
	1100 2:05.02 (47.01) 15	1100 2:20.40 (55.16) 20
	Final 2:49.23 (44.21) 14	Final 3:21.79 (1:01.39) 20
4	110. Gustav Hetland FOSSUM - SSSK	160. Frida Stokken SALOMONSEN - Stord IL
	300 - (-) -	300 33.24 (33.24) 9
	700 - (-) -	700 1:13.98 (40.74) 11
	1100 - (-) -	1100 1:57.23 (43.25) 12
	Final - (-) -	Final 2:39.72 (42.49) 12
5	146. Snorre LERANG LUND - Austrått	123. Mathias Eie ALGRØY - SSSK
	300 31.21 (31.21) 4	300 36.48 (36.48) 14
	700 1:09.07 (37.86) 8	700 1:14.04 (37.56) 12
	1100 1:50.34 (41.27) 8	1100 1:54.75 (40.71) 10
	Final 2:32.83 (42.49) 7	Final 2:34.51 (39.76) 9
6	145. Joakim HAARA - Austrått	150. Eskil MELLEMSTRAND - SSSK
	300 29.92 (29.92) 2	300 31.57 (31.57) 7
	700 1:05.40 (35.48) 2	700 1:08.63 (37.06) 7
	1100 1:42.09 (36.69) 2	1100 1:47.99 (39.36) 6
	Final 2:19.08 (36.99) 2	Final 2:27.39 (39.40) 5
7	172. Per.46 NYGÅRD - SSSK	- -
	300 44.32 (44.32) 22	
	700 1:37.20 (52.88) 22	
	1100 2:31.35 (54.15) 21	
	Final 3:25.53 (54.18) 21	
8	120. Harald ASPELUND - SSSK	141. Torger ASPELUND - SSSK
	300 39.01 (39.01) 20	300 38.77 (38.77) 19
	700 1:24.58 (45.57) 18	700 1:25.11 (46.34) 19
	1100 2:11.25 (46.67) 17	1100 2:15.55 (50.44) 19

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Par	Indre Bane					Ytre Bane						
		Final	2:58.44	(47.19)	17		Final	3:06.82	(51.27)	19		
9	143.	Harald WESTERHEIM - Stord IL					106.	Ingvar Kjell BJORLAND - SSSK				
		300	36.89	(36.89)	16		300	37.27	(37.27)	18		
		700	1:19.87	(42.98)	15		700	1:20.13	(42.86)	16		
		1100	2:04.91	(45.04)	14		1100	2:07.33	(47.20)	16		
		Final	2:50.83	(45.92)	15		Final	2:56.62	(49.29)	16		
10	175.	Lucas ICASATTI - Arendal Sk					180.	Arnstein SUNDE - Arendal Sk				
		300	30.02	(30.02)	3		300	34.17	(34.17)	12		
		700	1:08.02	(38.00)	4		700	1:13.84	(39.67)	10		
		1100	1:49.88	(41.86)	7		1100	1:56.16	(42.32)	11		
		Final	2:33.07	(43.19)	8		Final	2:39.42	(43.26)	11		
11	151.	Sverre MO - SSSK					169.	Onar WESTERHEIM - Stord IL				
		300	33.65	(33.65)	11		300	35.00	(35.00)	13		
		700	1:13.19	(39.54)	9		700	1:16.94	(41.94)	13		
		1100	1:53.82	(40.63)	9		1100	2:01.75	(44.81)	13		
		Final	2:34.98	(41.16)	10		Final	2:47.64	(45.89)	13		
12	132.	Bernt ERLAND - SSSK					168.	Helge FLESLAND - SSC				
		300	31.55	(31.55)	6		300	31.66	(31.66)	8		
		700	1:07.97	(36.42)	3		700	1:08.23	(36.57)	5		
		1100	1:46.20	(38.23)	3		1100	1:46.79	(38.56)	4		
		Final	2:26.79	(40.59)	3		Final	2:27.08	(40.29)	4		
13	174.	Einar MATHIASSEN - SSSK					173.	Arne RIMMEREID - Arendal SK				
		300	29.50	(29.50)	1		300	31.22	(31.22)	5		
		700	1:02.98	(33.48)	1		700	1:08.25	(37.03)	6		
		1100	1:37.45	(34.47)	1		1100	1:47.79	(39.54)	5		
		Final	2:12.24	(34.79)	1		Final	2:28.65	(40.86)	6		