

LyseCup 5

Sørmarka Arena – Stavanger (NOR) / 08.01.2025

RESULTATER MIXED 500M 08.01.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	102	Oliver August KAADA LIE	SSSK	NOR	C2	41.63	-
2	145	Joakim HAARA	Austrått	NOR	A1	43.82	02.19
3	123	Mathias Eie ALGRØY	SSSK	NOR	C1	45.87	04.24
4	150	Eskil MELLESTRAND	SSSK	NOR	C2	46.73	05.10
5	146	Snorre LERANG LUND	Austrått	NOR	B1	49.14	07.51
6	151	Sverre MO	SSSK	NOR	M60	50.61	08.98
7	160	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	50.70	09.07
8	159	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	MT55.13	13.50
9	115	Herman ROLFSNES	SSSK	NOR	D2	55.43	13.80
10	106	Ingvar Kjell BJORLAND	SSSK	NOR	M80	55.57	13.94
11	120	Harald ASPELUND	SSSK	NOR	M75	58.64	17.01
12	141	Torger ASPELUND	SSSK	NOR	M75	59.41	17.78
13	165	Karoline MYKLEBUST	Sandnes S	NOR	D1	MT1:06.61	24.98
14	166	Aizah Marie BUAT	Sandnes S	NOR	D2	MT1:19.73	38.10
15	167	Vega Meling KARLSEN	Sandnes S	NOR	D1	MT1:35.68	54.05
-	110	Gustav Hetland FOSSUM	SSSK	NOR	C1	WDR	-
-	158	Alf HARBITZ	Tromsø SK	NOR	M70	DNS	-

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Par	Indre Bane					Ytre Bane						
1	166.	Aizah Marie BUAT - Sandnes S					167.	Vega Meling KARLSEN - Sandnes S				
		100	-	(-)	-		100	19.99	-	(-)		
		Final	1:19.73	(-)	14		Final	1:35.68	(-)	15		
2	159.	Paul Norbert Ulrich EMMERHOFF - Stord IL					165.	Karoline MYKLEBUST - Sandnes S				
		100	13.57	(13.57)	9		100	15.34	(15.34)	13		
		Final	55.13	(41.56)	8		Final	1:06.61	(51.27)	13		
3	160.	Frida Stokken SALOMONSEN - Stord IL					115.	Herman ROLFSNES - SSSK				
		100	13.10	(13.10)	5		100	13.29	(13.29)	8		
		Final	50.70	(37.60)	7		Final	55.43	(42.14)	9		
4	123.	Mathias Eie ALGRØY - SSSK					110.	Gustav Hetland FOSSUM - SSSK				
		100	11.89	(11.89)	3		100	-	(-)	-		
		Final	45.87	(33.98)	3		Final	WDR	(-)	-		
5	150.	Eskil MELLESTRAND - SSSK					146.	Snorre LERANG LUND - Austrått				
		100	12.41	(12.41)	4		100	13.20	(13.20)	7		
		Final	46.73	(34.32)	4		Final	49.14	(35.94)	5		
6	102.	Oliver August KAADA LIE - SSSK					145.	Joakim HAARA - Austrått				
		100	11.43	(11.43)	1		100	11.78	(11.78)	2		
		Final	41.63	(30.20)	1		Final	43.82	(32.04)	2		
7	141.	Torgjer ASPELUND - SSSK					-.	- -				
		100	14.99	(14.99)	11							
		Final	59.41	(44.42)	12							
8	106.	Ingvar Kjell BJORLAND - SSSK					120.	Harald ASPELUND - SSSK				
		100	14.30	(14.30)	10		100	15.30	(15.30)	12		
		Final	55.57	(41.27)	10		Final	58.64	(43.34)	11		
9	158.	Alf HARBITZ - Tromsø SK					151.	Sverre MO - SSSK				
		100	-	(-)	-		100	13.13	(13.13)	6		
				)			Final	50.61	(37.48)	6		
		Final	DNS	(-)	-							
				)								

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RESULTATER MIXED 1500M 08.01.2025

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	145	Joakim HAARA	Austrått	NOR	A1	2:22.80	-
2	162	Magnus RØYRVIK	SSSK	NOR	M45	2:26.91	04.11
3	150	Eskil MELLESTRAND	SSSK	NOR	C2	2:30.59	07.79
4	151	Sverre MO	SSSK	NOR	M60	2:32.61	09.81
5	123	Mathias Eie ALGRØY	SSSK	NOR	C1	2:35.41	12.61
6	146	Snorre LERANG LUND	Austrått	NOR	B1	2:42.85	20.05
7	160	Frida Stokken SALOMONSEN	Stord IL	NOR	D2	2:45.17	22.37
8	106	Ingvar Kjell BJORLAND	SSSK	NOR	M80	2:57.24	34.44
9	120	Harald ASPELUND	SSSK	NOR	M75	2:58.05	35.25
10	141	Torger ASPELUND	SSSK	NOR	M75	3:09.31	46.51
11	159	Paul Norbert Ulrich EMMERHOFF	Stord IL	NOR	C1	3:14.34	51.54
-	158	Alf HARBITZ	Tromsø SK	NOR	M70	DNS	-

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Par	Indre Bane					Ytre Bane						
1	123.	Mathias Eie ALGRØY - SSSK					160.	Frida Stokken SALOMONSEN - Stord IL				
		300	30.63	(30.63)	1		300	33.65	(33.65)	7		
		700	1:10.12	(39.49)	4		700	1:15.93	(42.28)	7		
		1100	1:52.49	(42.37)	5		1100	2:00.45	(44.52)	7		
		Final	2:35.41	(42.92)	5		Final	2:45.17	(44.72)	7		
2	150.	Eskil MELLESTRAND - SSSK					159.	Paul Norbert Ulrich EMMERHOFF - Stord IL				
		300	31.73	(31.73)	4		300	36.01	(36.01)	8		
		700	1:09.66	(37.93)	3		700	1:23.81	(47.80)	8		
		1100	1:49.61	(39.95)	3		1100	2:14.39	(50.58)	10		
		Final	2:30.59	(40.98)	3		Final	3:14.34	(59.95)	11		
3	145.	Joakim HAARA - Austrått					146.	Snorre LERANG LUND - Austrått				
		300	30.92	(30.92)	2		300	32.81	(32.81)	5		
		700	1:07.28	(36.36)	1		700	1:13.33	(40.52)	6		
		1100	1:44.98	(37.70)	1		1100	1:56.79	(43.46)	6		
		Final	2:22.80	(37.82)	1		Final	2:42.85	(46.06)	6		
4	162.	Magnus RØYRVIK - SSSK					141.	Torger ASPELUND - SSSK				
		300	31.50	(31.50)	3		300	38.14	(38.14)	9		
		700	1:07.81	(36.31)	2		700	1:25.44	(47.30)	10		
		1100	1:46.31	(38.50)	2		1100	2:16.70	(51.26)	11		
		Final	2:26.91	(40.60)	2		Final	3:09.31	(52.61)	10		
5	120.	Harald ASPELUND - SSSK					106.	Ingvar Kjell BJORLAND - SSSK				
		300	38.59	(38.59)	10		300	-	(-)	-		
		700	1:24.55	(45.96)	9		700	-	(-)	-		
		1100	2:11.80	(47.25)	9		1100	2:11.53	(2:11.53)	8		
		Final	2:58.05	(46.25)	9		Final	2:57.24	(45.71)	8		
6	158.	Alf HARBITZ - Tromsø SK					151.	Sverre MO - SSSK				
		300	-	(-)	-		300	33.16	(33.16)	6		
		700	-	(-)	-		700	1:11.64	(38.48)	5		
		1100	-	(-)	-		1100	1:51.57	(39.93)	4		
		Final	-	(-)	-		Final	2:32.61	(41.04)	4		