

LyseCup 4

Sørmarka Arena – Stavanger (NOR) / 18.12.2024

RESULTATER KVINNER 500M 18.12.2024

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	155	Milla Grønvold ANDERSEN	Geithus IL	NOR	B2	45.94	-
2	124	Karoline SØREIDE	SSSK	NOR	C1	55.80	09.86
3	153	Heidi H. SKOTTE	SSSK	NOR	M65	58.02	12.08
4	134	Benedikte SOLA RØYRVIK	SSSK	NOR	D1	F1:12.73	26.79

Par	Indre Bane	Ytre Bane
1	153. Heidi H. SKOTTE - SSSK	134. Benedikte SOLA RØYRVIK - SSSK
	100 15.20 (15.20) 4	100 14.45 (14.45) 3
	Final 58.02 (42.82) 3	Final 1:12.73 (58.28) 4
2	155. Milla Grønvold ANDERSEN - Geithus IL	124. Karoline SØREIDE - SSSK
	100 12.57 (12.57) 1	100 13.85 (13.85) 2
	Final 45.94 (33.37) 1	Final 55.80 (41.95) 2

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Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	145	Joakim HAARA	Austrått	NOR	A1	44.25	-
2	150	Eskil MELLESTRAND	SSSK	NOR	C2	47.43	03.18
3	152	Frode Kleveland VIK	SSSK	NOR	M55	47.50	03.25
4	146	Snorre LERANG LUND	Austrått	NOR	B1	47.57	03.32
5	110	Gustav Hetland FOSSUM	SSSK	NOR	C1	50.63	06.38
6	151	Sverre MO	SSSK	NOR	M60	51.33	07.08
7	156	Alf HARBITZ	Tromsø SK	NOR	M70	52.12	07.87
8	106	Ingvar Kjell BJORLAND	SSSK	NOR	M80	54.24	09.99
9	142	Øystein LILLETVEDT	Fana IL	NOR	M80	MT54.19	09.94
10	115	Herman ROLFSNES	SSSK	NOR	D2	54.64	10.39
11	143	Harald WESTERHEIM	Stord IL	NOR	M75	55.85	11.60
12	120	Harald ASPELUND	SSSK	NOR	M75	58.18	13.93
13	141	Torger ASPELUND	SSSK	NOR	M75	58.83	14.58
14	148	Øivind HAUKELAND	Fana IL	NOR	M75	1:07.55	23.30
-	123	Mathias Eie ALGRØY	SSSK	NOR	C1	DNS	-

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Par	Indre Bane	Ytre Bane
1	148. Øivind HAUKELAND - Fana IL 100 16.90 (16.90) 13 Final 1:07.55 (50.65) 14	-. - - -
2	152. Frode Kleveland VIK - SSSK 100 12.75 (12.75) 3 Final 47.50 (34.75) 3	141. Torger ASPELUND - SSSK 100 15.14 (15.14) 11 Final 58.83 (43.69) 13
3	143. Harald WESTERHEIM - Stord IL 100 14.99 (14.99) 10 Final 55.85 (40.86) 11	120. Harald ASPELUND - SSSK 100 15.32 (15.32) 12 Final 58.18 (42.86) 12
4	106. Ingvar Kjell BJORLAND - SSSK 100 14.44 (14.44) 9 Final 54.24 (39.80) 9	142. Øystein LILLETVEDT - Fana IL 100 - (-) - Final 54.19 (54.19) 8
5	156. Alf HARBITZ - Tromsø SK 100 13.95 (13.95) 8 Final 52.12 (38.17) 7	151. Sverre MO - SSSK 100 13.47 (13.47) 7 Final 51.33 (37.86) 6
6	110. Gustav Hetland FOSSUM - SSSK 100 12.94 (12.94) 5 Final 50.63 (37.69) 5	115. Herman ROLFSNES - SSSK 100 13.13 (13.13) 6 Final 54.64 (41.51) 10
7	146. Snorre LERANG LUND - Austrått 100 12.82 (12.82) 4 Final 47.57 (34.75) 4	123. Mathias Eie ALGRØY - SSSK 100 - (-) - Final - (-) -
8	145. Joakim HAARA - Austrått 100 11.66 (11.66) 1 Final 44.25 (32.59) 1	150. Eskil MELLEMSTRAND - SSSK 100 12.25 (12.25) 2 Final 47.43 (35.18) 2

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RESULTATER KVINNER 1000M - 18.12.2024

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	124	Karoline SØREIDE	SSSK	NOR	C1	1:55.53	-
2	134	Benedikte SOLA RØYRVIK	SSSK	NOR	D1	2:04.04	08.51

Par	Indre Bane				Ytre Bane			
1	124.	Karoline SØREIDE - SSSK			134.	Benedikte SOLA RØYRVIK - SSSK		
		200	25.23	(25.23) 1		200	26.91	(26.91) 2
		600	1:08.51	(43.28) 1		600	1:14.20	(47.29) 2
		Final	1:55.53	(47.02) 1		Final	2:04.04	(49.84) 2

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RESULTATER MENN 1000M 18.12.2024

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	152	Frode Kleveland VIK	SSSK	NOR	M55	1:35.48	-
2	110	Gustav Hetland FOSSUM	SSSK	NOR	C1	1:42.82	07.34
3	150	Eskil MELLESTRAND	SSSK	NOR	C2	F1:46.64	11.16
4	142	Øystein LILLETVEDT	Fana IL	NOR	M80	1:55.22	19.74
-	123	Mathias Eie ALGRØY	SSSK	NOR	C1	DNS	-

Par	Indre Bane	Ytre Bane
1	152. Frode Kleveland VIK - SSSK	142. Øystein LILLETVEDT - Fana IL
	200 22.57 (22.57) 2	200 26.26 (26.26) 4
	600 58.07 (35.50) 1	600 1:08.48 (42.22) 4
	Final 1:35.48 (37.41) 1	Final 1:55.22 (46.74) 4
2	110. Gustav Hetland FOSSUM - SSSK	-. --
	200 23.16 (23.16) 3	
	600 1:01.50 (38.34) 3	
	Final 1:42.82 (41.32) 2	
3	150. Eskil MELLESTRAND - SSSK	123. Mathias Eie ALGRØY - SSSK
	200 22.15 (22.15) 1	200 - (-) -
	600 59.01 (36.86) 2	600 - (-) -
	Final 1:46.64 (47.63) 3	Final DNS (-) -

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RESULTATER MENN 3000M - 18.12.2024

Rnk	Nr	Navn	Klubb	Nat.	Klasse	Tid	Diff
1	145	Joakim HAARA	Austrått	NOR	A1	4:53.36	-
2	146	Snorre LERANG LUND	Austrått	NOR	B1	5:24.27	30.91
3	151	Sverre MO	SSSK	NOR	M60	5:24.76	31.40
4	156	Alf HARBITZ	Tromsø SK	NOR	M70	5:36.81	43.45
5	143	Harald WESTERHEIM	Stord IL	NOR	M75	5:50.22	56.86
6	120	Harald ASPELUND	SSSK	NOR	M75	6:01.24	1:07.88
7	106	Ingvar Kjell BJORLAND	SSSK	NOR	M80	6:29.05	1:35.69
8	141	Torger ASPELUND	SSSK	NOR	M75	6:41.82	1:48.46

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Par	Indre Bane	Ytre Bane
1	141. Torger ASPELUND - SSSK	106. Ingvar Kjell BJORLAND - SSSK
	200 28.28 (28.28) 5	200 28.78 (28.78) 7
	600 1:16.12 (47.84) 7	600 1:16.21 (47.43) 8
	1000 2:06.23 (50.11) 7	1000 2:07.00 (50.79) 8
	1400 2:59.26 (53.03) 8	1400 2:58.47 (51.47) 7
	1800 3:52.43 (53.17) 8	1800 3:50.48 (52.01) 7
	2200 4:48.33 (55.90) 8	2200 4:42.64 (52.16) 7
	2600 5:45.44 (57.11) 8	2600 5:36.25 (53.61) 7
	Final 6:41.82 (56.38) 8	Final 6:29.05 (52.80) 7
2	143. Harald WESTERHEIM - Stord IL	120. Harald ASPELUND - SSSK
	200 28.32 (28.32) 6	200 28.93 (28.93) 8
	600 1:12.71 (44.39) 5	600 1:14.19 (45.26) 6
	1000 1:58.10 (45.39) 5	1000 2:00.51 (46.32) 6
	1400 2:43.97 (45.87) 5	1400 2:47.79 (47.28) 6
	1800 3:30.16 (46.19) 5	1800 3:35.89 (48.10) 6
	2200 4:16.89 (46.73) 5	2200 4:24.76 (48.87) 6
	2600 5:03.39 (46.50) 5	2600 5:13.51 (48.75) 6
	Final 5:50.22 (46.83) 5	Final 6:01.24 (47.73) 6
3	151. Sverre MO - SSSK	156. Alf HARBITZ - Tromsø SK
	200 24.93 (24.93) 3	200 25.28 (25.28) 4
	600 1:06.13 (41.20) 3	600 1:06.32 (41.04) 4
	1000 1:48.25 (42.12) 3	1000 1:50.18 (43.86) 4
	1400 2:31.18 (42.93) 3	1400 2:35.22 (45.04) 4
	1800 3:14.35 (43.17) 3	1800 3:20.50 (45.28) 4
	2200 3:57.84 (43.49) 3	2200 4:06.00 (45.50) 4
	2600 4:41.71 (43.87) 3	2600 4:51.40 (45.40) 4
	Final 5:24.76 (43.05) 3	Final 5:36.81 (45.41) 4
4	145. Joakim HAARA - Austrått	146. Snorre LERANG LUND - Austrått
	200 22.21 (22.21) 1	200 23.82 (23.82) 2
	600 59.52 (37.31) 1	600 1:02.71 (38.89) 2
	1000 1:38.35 (38.83) 1	1000 1:44.16 (41.45) 2
	1400 2:17.62 (39.27) 1	1400 2:26.83 (42.67) 2
	1800 2:56.65 (39.03) 1	1800 3:10.28 (43.45) 2
	2200 3:35.69 (39.04) 1	2200 3:55.11 (44.83) 2
	2600 4:15.01 (39.32) 1	2600 4:40.07 (44.96) 2
	Final 4:53.36 (38.35) 1	Final 5:24.27 (44.20) 2