



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR LADIES 500M - 07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	104	Latika SUYAMBUDURA	Geithus IL	NOR	C2	43.81^{MT}	40
2	128	Synne KJÆRNES	Hamar IL	NOR	B2	43.96	35
3	169	Linnea MELGÅRD SHAGEN	SFIL	NOR	B1	43.98^{MT}	30
4	163	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	44.11	27
5	129	Linnea HANEBERG	Hamar IL	NOR	B2	44.28^{MT}	24
6	140	Ingeborg SJØTHUN	SSSK	NOR	B2	44.41^{MT}	22
7	173	Sigrid Bakken VOLD	Hamar IL	NOR	B1	44.52^{MT}	20
8	154	Ava Lynn SKINSTAD	Nord-Odal	NOR	C2	45.13	18
9	165	Maren Bjerke WULLUM	SSK Toten	NOR	B1	45.18	16
10	153	Milla Grønvold ANDERSEN	Geithus IL	NOR	B2	45.25	15
11	161	Rosanne Osina GRANSETH	Hamar IL	NOR	B2	45.29^{MT}	14
12	101	Jenny SKJÆVELAND SOLHAUG	Sandefjord	NOR	B1	45.50^{MT}	13
13	146	Josefine HENRIKSEN	KSK	NOR	A1	45.68^{MT}	12
14	149	Hedda FINSLAND	Asker SK	NOR	B1	46.63^{MT}	11
15	102	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	50.79^{MT}	10



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR LADIES 1000M 07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	Behind	NC-pts.
1	165	Maren Bjerke WULLUM	SSK Toten	NOR	B1	1:35.86	-	40
2	102	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	1:52.27	16.41	35

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Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR LADIES 1500M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	129	Linnea HANEBERG	Hamar IL	NOR	B2	2:15.12	40
2	169	Linnea MELGÅRD SHAGEN	SFIL	NOR	B1	2:16.42	35
3	154	Ava Lynn SKINSTAD	Nord-Odal	NOR	C2	2:16.79	30
4	153	Milla Grønvold ANDERSEN	Geithus IL	NOR	B2	2:17.23	27
5	101	Jenny SKJÆVELAND SOLHAUG	Sandefjord	NOR	B1	2:18.41	24
6	104	Latika SUYAMBUDURA	Geithus IL	NOR	C2	2:21.47	22
7	140	Ingeborg SJØTHUN	SSSK	NOR	B2	2:22.45	20
8	163	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	2:22.65	18
9	173	Sigrid Bakken VOLD	Hamar IL	NOR	B1	2:22.71	16
10	146	Josefine HENRIKSEN	KSK	NOR	A1	2:27.52	15
11	161	Rosanne Osina GRANSETH	Hamar IL	NOR	B2	2:30.91	14
12	149	Hedda FINSLAND	Asker SK	NOR	B1	2:35.08	13



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 500M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	106	Eirik ANDERSEN	Aktiv SK	NOR	A1	37.89	40
2	110	William VORVIK	TSK	NOR	A1	38.31	35
3	107	Aron Magnus FEIRING	Aktiv SK	NOR	A1	39.16	30
4	156	David Martin DAVIDSEN	Jevnaker	NOR	B2	39.54	27
5	171	Elias BRUBAK	SFIL	NOR	B1	39.82	24
6	132	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	40.41	22
7	109	Sindre SOLENG JAKOBSEN	Tromsø SK	NOR	B1	40.61	20
8	126	Thomas SUNDSVOLL	Leinstrand	NOR	B1	40.76	18
9	119	Lars ULVESETH	Fana IL	NOR	A2	41.23 ^{MT}	16
9	145	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	41.23 ^{MT}	16
11	176	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	41.53	14
12	122	Marius Sæther NILSEN	Båstad IL	NOR	A2	42.23	13
13	115	Audun SEMB	Tønsberg	NOR	B1	42.57	12
14	121	Adrian ANDREAS GRØNNEVIK	Båstad IL	NOR	B2	43.59	11
15	116	Nikolas Sebastian JOHANNESSEN	Tønsberg	NOR	B2	43.57	10
16	114	Martinus Haldorsen SØMME	Tønsberg	NOR	B1	44.56 ^{MT}	9
17	108	Jørgen BROCHMANN	Tromsø SK	NOR	A1	44.77	8
	125	Nathaniel HØYER	Leinstrand	NOR	B2	DQ	-



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 1000M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	106	Eirik ANDERSEN	Aktiv SK	NOR	A1	1:14.40	40
2	110	William VORVIK	TSK	NOR	A1	1:18.89	35
3	111	Martin Vike LACKNER	TSK	NOR	B1	1:19.68	30
4	171	Elias BRUBAK	SFIL	NOR	B1	1:19.80	27
5	107	Aron Magnus FEIRING	Aktiv SK	NOR	A1	1:20.39	24
6	119	Lars ULVESETH	Fana IL	NOR	A2	1:22.10	22
7	112	Sebastian LACKNER	TSK	NOR	A1	1:22.17	20
8	109	Sindre SOLENG JAKOBSEN	Tromsø SK	NOR	B1	1:23.08	18
9	176	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	1:23.74	16
10	118	Simen Stangnes KVITEBERG	Harstad SK	NOR	B2	1:25.65	15
11	122	Marius Sæther NILSEN	Båstad IL	NOR	A2	1:27.77	14
12	147	Theodor HENRIKSEN	KSK	NOR	B1	1:28.45	13
13	108	Jørgen BROCHMANN	Tromsø SK	NOR	A1	1:31.68	12
-	121	Adrian ANDREAS GRØNNEVIK	Båstad IL	NOR	B2	DNS	-



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 3000M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	125	Nathaniel HØYER	Leinstrand	NOR	B2	4:19.56	40
2	132	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	4:23.04	35
3	111	Martin Vike LACKNER	TSK	NOR	B1	4:24.23	30
4	156	David Martin DAVIDSEN	Jevnaker	NOR	B2	4:24.70	27
5	112	Sebastian LACKNER	TSK	NOR	A1	4:25.00	24
6	115	Audun SEMB	Tønsberg	NOR	B1	4:25.63	22
7	145	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	4:28.00	20
8	126	Thomas SUNDSVOLL	Leinstrand	NOR	B1	4:37.84	18
9	116	Nikolas Sebastian JOHANNESSEN	Tønsberg	NOR	B2	4:40.33	16
10	118	Simen Stangnes KVITEBERG	Harstad SK	NOR	B2	4:41.10	15
11	114	Martinus Haldorsen SØMME	Tønsberg	NOR	B1	4:42.97	14
12	147	Theodor HENRIKSEN	KSK	NOR	B1	4:58.86	13



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR LADIES 500M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	137	Carina JAGTØYEN	Leinstrand	NOR	Senior	39.90^{MT}	40
2	152	Marte Bjerkreim FURNÉE	Asker SK	NOR	Senior	41.66	35
3	143	Sarah Marie SANDERUD	Nord-Odal	NOR	Neo	42.83	30
4	123	Maiken Nerstad GUNDERSEN	Båstad IL	NOR	Neo	1:01.31^{MT}	27



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR LADIES 1000M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	Behind	NC-pts.
1	123	Maiken Nerstad GUNDERSEN	Båstad IL	NOR	Neo	2:00.02	-	40



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR LADIES 1500M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	Behind	NC-pts.
1	152	Marte Bjerkreim FURNÉE	Asker SK	NOR	Senior	2:06.45	-	40
2	143	Sarah Marie SANDERUD	Nord-Odal	NOR	Neo	2:09.18	02.73	35
3	105	Elin FRYCKBERG	IK Wega	SWE	Senior	2:17.45	11.00	30



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR MEN 500M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	141	Emil MATRE	Fana IL	NOR	Neo	37.08 ^{MT}	40
2	103	Erlend Andre RUE	Gol IL	NOR	Neo	37.50	35
3	174	Kasper TVETER	SSSK	NOR	Neo	37.69	30
4	133	Joren SLEEKING	Hol IL	NOR	Neo	38.36	27
5	175	Jonas Olderli BERGET	Spk Falken	NOR	Neo	38.39	24
6	160	Ivar NORHEIM	Fana IL	NOR	Neo	38.89	22
7	130	Viktor Smedstad HAUKAAS	Aktiv SK	NOR	Neo	39.11	20
8	158	Daniel Thuv ERIKSEN	Herkules	NOR	Senior	39.50	18
9	136	Herman HOFF	Sandefjord	NOR	Neo	40.26	16
10	134	Robin SLEEKING	Hol IL	NOR	Senior	40.97	15
11	166	Hans Arne FRODAL	SSK Toten	NOR	Senior	42.23	14
12	131	Odd Øystein LANGEGÅRD	Geithus IL	NOR	Senior	42.33 ^{MT}	13
13	113	Marius MOEN	-	NOR	Neo	43.39 ^{MT}	12



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RESULT SENIOR MEN 1000M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	Behind	NC-pts.
1	141	Emil MATRE	Fana IL	NOR	Neo	1:12.69	-	40
2	103	Erlend Andre RUE	Gol IL	NOR	Neo	1:14.80	02.11	35
3	148	Birk Finnstø REFSAAS	BØSK	NOR	Neo	1:15.53	02.84	30
4	164	Ole Bjørnsmoen NÆSS	Tynset IF	NOR	Senior	1:17.59	04.90	27
5	175	Jonas Olderli BERGET	Spk Falken	NOR	Neo	1:18.66	05.97	24
6	136	Herman HOFF	Sandefjord	NOR	Neo	1:20.03	07.34	22
7	166	Hans Arne FRODAL	SSK Toten	NOR	Senior	1:24.62	11.93	20



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RESULT SENIOR MEN 3000M

07.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	Behind	NC-pts.
1	174	Kasper TVETER	SSSK	NOR	Neo	3:52.62	-	40
2	155	Vegard RYE	SSSK	NOR	Neo	3:56.15	03.53	35
3	164	Ole Bjørnsmoen NÆSS	Tynset IF	NOR	Senior	3:56.93	04.31	30
4	160	Ivar NORHEIM	Fana IL	NOR	Neo	3:59.07	06.45	27
5	117	Sander TVETER	SSSK	NOR	Senior	3:59.40	06.78	24
6	130	Viktor Smedstad HAUKAAS	Aktiv SK	NOR	Neo	3:59.69	07.07	22
7	148	Birk Finnstø REFSAAS	BØSK	NOR	Neo	4:00.16	07.54	20
8	135	Emil ERVIK	Hamar IL	FIN	Neo	4:04.20	11.58	18
9	150	Erlend BELSVIK	Stord IL	NOR	Neo	4:06.19	13.57	16
10	157	Christoffer Tellinga HOVDE	Jevnaker	NOR	Neo	4:07.07	14.45	15
11	133	Joren SLEEKING	Hol IL	NOR	Neo	4:08.92	16.30	14
12	158	Daniel Thuv ERIKSEN	Herkules	NOR	Senior	4:11.62	19.00	13
13	134	Robin SLEEKING	Hol IL	NOR	Senior	4:21.77	29.15	12
14	131	Odd Øystein LANGEGÅRD	Geithus IL	NOR	Senior	4:32.89	40.27	11
15	113	Marius MOEN	-	NOR	Neo	4:38.83	46.21	10



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR LADIES 500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	163	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	43.99	40
2	140	Ingeborg SJØTHUN	SSSK	NOR	B2	44.17	35
3	169	Linnea MELGÅRDSHAGEN	SFIL	NOR	B1	44.38	30
4	165	Maren Bjerke WULLUM	SSK Toten	NOR	B1	45.22	27
5	101	Jenny SKJÆVELAND SOLHAUG	Sandefjord	NOR	B1	45.75	24
6	124	Amalie Haugerud TEIG	Båstad IL	NOR	A1	45.90	22
7	149	Hedda FINSLAND	Asker SK	NOR	B1	46.34	20
8	102	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	51.07	18



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RESULT JUNIOR LADIES 1000M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	142	Eline Lupke TVETER	OSK	NOR	B1	1:27.90	40
2	129	Linnea HANEBERG	Hamar IL	NOR	B2	1:28.56	35
3	169	Linnea MELGÅRDSHAGEN	SFIL	NOR	B1	1:28.95	30
4	154	Ava Lynn SKINSTAD	Nord-Odal	NOR	C2	1:29.13	27
5	140	Ingeborg SJØTHUN	SSSK	NOR	B2	1:31.21	24
6	173	Sigrid Bakken VOLD	Hamar IL	NOR	B1	1:32.17	22
7	128	Synne KJÆRNES	Hamar IL	NOR	B2	1:32.83	20
8	165	Maren Bjerke WULLUM	SSK Toten	NOR	B1	1:34.11	18
9	124	Amalie Haugerud TEIG	Båstad IL	NOR	A1	1:34.91	16
10	146	Josefine HENRIKSEN	KSK	NOR	A1	1:35.03	15
11	163	Anine Haugnæs BJØRKLUND	Geithus IL	NOR	A1	1:35.76	14
12	149	Hedda FINSLAND	Asker SK	NOR	B1	1:36.18	13
13	102	Mali Katesdatter SAGABRÅTEN	Gol IL	NOR	B2	1:50.20	12



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RESULT JUNIOR LADIES 3000M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	142	Eline Lupke TVETER	OSK	NOR	B1	4:44.88	40
2	101	Jenny SKJÆVELAND SOLHAUG	Sandefjord	NOR	B1	4:48.48	35
3	153	Milla Grønvold ANDERSEN	Geithus IL	NOR	B2	4:51.15	30
4	154	Ava Lynn SKINSTAD	Nord-Odal	NOR	C2	4:53.12	27
5	129	Linnea HANEBERG	Hamar IL	NOR	B2	4:53.59	24
6	104	Latika SUYAMBUDURA	Geithus IL	NOR	C2	4:59.91	22
7	173	Sigrid Bakken VOLD	Hamar IL	NOR	B1	5:12.33	20
8	146	Josefine HENRIKSEN	KSK	NOR	A1	5:22.20	18
9	161	Rosanne Osina GRANSETH	Hamar IL	NOR	B2	5:25.06	16



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	110	William VORVIK	TSK	NOR	A1	39.05	40
2	156	David Martin DAVIDSEN	Jevnaker	NOR	B2	39.52	35
3	107	Aron Magnus FEIRING	Aktiv SK	NOR	A1	39.73	30
4	171	Elias BRUBAK	SFIL	NOR	B1	39.95	27
5	132	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	40.07	24
6	126	Thomas SUNDSVOLL	Leinstrand	NOR	B1	40.51	22
7	125	Nathaniel HØYER	Leinstrand	NOR	B2	40.93	20
8	119	Lars ULVESETH	Fana IL	NOR	A2	41.10	18
9	145	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	41.12	16
10	109	Sindre SOLENG JAKOBSEN	Tromsø SK	NOR	B1	41.34 ^{MT}	15
11	111	Martin Vike LACKNER	TSK	NOR	B1	41.64	14
12	176	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	41.85	13
13	122	Marius Sæther NILSEN	Båstad IL	NOR	A2	42.02 ^{MT}	12
14	118	Simen Stangnes KVITEBERG	Harstad SK	NOR	B2	42.75	11
15	116	Nikolas Sebastian JOHANNESSEN	Tønsberg	NOR	B2	43.37	10
16	147	Theodor HENRIKSEN	KSK	NOR	B1	43.48	9
17	121	Adrian ANDREAS GRØNNEVIK	Båstad IL	NOR	B2	44.26	8
18	108	Jørgen BROCHMANN	Tromsø SK	NOR	A1	44.89	7
19	114	Martinus Haldorsen SØMME	Tønsberg	NOR	B1	46.60	6
-	112	Sebastian LACKNER	TSK	NOR	A1	DNF	-
-	115	Audun SEMB	Tønsberg	NOR	B1	DQ	-



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 1500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	110	William VORVIK	TSK	NOR	A1	2:01.50	40
2	132	Halvor Kjøsterud ERLINGSEN	Asker SK	NOR	A1	2:02.57	35
3	111	Martin Vike LACKNER	TSK	NOR	B1	2:03.60	30
4	112	Sebastian LACKNER	TSK	NOR	A1	2:05.97	27
5	115	Audun SEMB	Tønsberg	NOR	B1	2:06.48	24
6	145	Sindre Heggelund LJUNGQUIST	KSK	NOR	A1	2:07.70	22
7	119	Lars ULVESETH	Fana IL	NOR	A2	2:07.86	20
8	126	Thomas SUNDSVOLL	Leinstrand	NOR	B1	2:08.62	18
9	107	Aron Magnus FEIRING	Aktiv SK	NOR	A1	2:09.13	16
10	176	Øyvind RYEN-HERLAND	Fana IL	NOR	B2	2:09.67	15
11	109	Sindre SOLENG JAKOBSEN	Tromsø SK	NOR	B1	2:11.26	14
12	116	Nikolas Sebastian JOHANNESSEN	Tønsberg	NOR	B2	2:12.68	13
13	118	Simen Stangnes KVITEBERG	Harstad SK	NOR	B2	2:15.24	12
14	108	Jørgen BROCHMANN	Tromsø SK	NOR	A1	2:20.94	11
15	147	Theodor HENRIKSEN	KSK	NOR	B1	2:24.77	10
-	122	Marius Sæther NILSEN	Båstad IL	NOR	A2	DNF	-



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT JUNIOR MEN 5000M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	106	Eirik ANDERSEN	Aktiv SK	NOR	A1	6:50.74 ^{MT}	40
2	125	Nathaniel HØYER	Leinstrand	NOR	B2	7:28.72 ^{MT}	35
3	156	David Martin DAVIDSEN	Jevnaker	NOR	B2	7:46.89 ^{MT}	30
4	171	Elias BRUBAK	SFIL	NOR	B1	7:51.72	27



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR LADIES 500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	137	Carina JAGTØYEN	Leinstrand	NOR	Senior	40.23	40
2	123	Maiken Nerstad GUNDERSEN	Båstad IL	NOR	Neo	56.20	35



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RESULT SENIOR LADIES 1000M - 08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	137	Carina JAGTØYEN	Leinstrand	NOR	Senior	1:21.91	40
2	152	Marte Bjerkreim FURNÉE	Asker SK	NOR	Senior	1:23.03	35
3	143	Sarah Marie SANDERUD	Nord-Odal	NOR	Neo	1:25.10	30
4	123	Maiken Nerstad GUNDERSEN	Båstad IL	NOR	Neo	1:58.82	27



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Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR LADIES 3000M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	152	Marte Bjerkreim FURNÉE	Asker SK	NOR	Senior	4:29.46	40
2	143	Sarah Marie SANDERUD	Nord-Odal	NOR	Neo	4:32.63	35
3	105	Elin FRYCKBERG	IK Wega	SWE	Senior	4:46.99	30



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR MEN 500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	103	Erlend Andre RUE	Gol IL	NOR	Neo	37.31	40
2	174	Kasper TVETER	SSSK	NOR	Neo	37.50	35
3	148	Birk Finnstø REFSAAS	BØSK	NOR	Neo	38.39	30
4	133	Joren SLEEKING	Hol IL	NOR	Neo	38.64	27
5	157	Christoffer Tellinga HOVDE	Jevnaker	NOR	Neo	38.77	24
6	175	Jonas Olderli BERGET	Spk Falken	NOR	Neo	38.90	22
7	130	Viktor Smedstad HAUKAAS	Aktiv SK	NOR	Neo	39.13	20
8	166	Hans Arne FRODAL	SSK Toten	NOR	Senior	42.05	18
9	113	Marius MOEN	Drammen SK	NOR	Neo	43.81	16



Norgescup 4

Olympia Hall – Hamar (NOR) / 07. - 08.12.2024

RESULT SENIOR MEN 1500M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	141	Emil MATRE	Fana IL	NOR	Neo	1:50.79	40
2	174	Kasper TVETER	SSSK	NOR	Neo	1:51.27	35
3	155	Vegard RYE	SSSK	NOR	Neo	1:53.42	30
4	160	Ivar NORHEIM	Fana IL	NOR	Neo	1:54.27	27
5	164	Ole Bjørnsmoen NÆSS	Tynset IF	NOR	Senior	1:55.94	24
6	103	Erlend Andre RUE	Gol IL	NOR	Neo	1:56.90	22
7	157	Christoffer Tellinga HOVDE	Jevnaker	NOR	Neo	1:57.12	20
8	133	Joren SLEEKING	Hol IL	NOR	Neo	1:58.41	18
9	158	Daniel Thuv ERIKSEN	Herkules	NOR	Senior	1:58.93	16
10	151	Eivind Vegard LIA	Geithus IL	NOR	Senior	2:00.99	15
11	136	Herman HOFF	Sandefjord	NOR	Neo	2:01.77	14
12	175	Jonas Olderli BERGET	Spk Falken	NOR	Neo	2:02.37	13
13	134	Robin SLEEKING	Hol IL	NOR	Senior	2:04.78	12
14	131	Odd Øystein LANGEGÅRD	Geithus IL	NOR	Senior	2:06.90	11
15	166	Hans Arne FRODAL	SSK Toten	NOR	Senior	2:15.29	10
16	120	Håvard STRAUMSNES	OSS	NOR	Senior	2:15.35	9



Norgescup 4

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RESULT SENIOR MEN 5000M

08.12.2024

Rnk	Nr	Name	Club	Nat.	Age gr.	Time	NC-pts.
1	117	Sander TVETER	SSSK	NOR	Senior	6:43.71	40
2	164	Ole Bjørnsmoen NÆSS	Tynset IF	NOR	Senior	6:44.13	35
3	130	Viktor Smedstad HAUKAAS	Aktiv SK	NOR	Neo	6:51.42	30
4	148	Birk Finnstø REFSAAS	BØSK	NOR	Neo	6:51.65	27
5	160	Ivar NORHEIM	Fana IL	NOR	Neo	7:00.21	24
6	150	Erlend BELSVIK	Stord IL	NOR	Neo	7:22.64	22
7	134	Robin SLEEKING	Hol IL	NOR	Senior	7:40.82	20
8	131	Odd Øystein LANGEGÅRD	Geithus IL	NOR	Senior	7:53.34 ^{MT}	18
9	113	Marius MOEN	Drammen SK	NOR	Neo	8:05.31 ^{MT}	16
10	120	Håvard STRAUMSNES	OSS	NOR	Senior	8:08.44 ^{MT}	15
11	151	Eivind Vegard LIA	Geithus IL	NOR	Senior	8:18.99	14
-	155	Vegard RYE	SSSK	NOR	Neo	DQ	-