

Treningsløp Dølemo 06.02.2021

500 m herrer

| | | | | |
|----|----------------------------|-----|------------|-------|
| 1 | Jørn Pettersen | | Arendal SK | 42.78 |
| 2 | Martin G. Røysland | | Arendal SK | 47.87 |
| 3 | Gaute Haftor Sørensen | | Arendal SK | 49.80 |
| 4 | Arne Rimmereid | | Arendal SK | 50.08 |
| 5 | Eivind Baas | M50 | DIL | 50.27 |
| 6 | Ekrem Erkin | | Arendal SK | 53.59 |
| 7 | Christian Steen | | Arendal SK | 56.12 |
| 8 | Aksel Mathias Fiane Grødum | | Arendal SK | 57.05 |
| 9 | Ola Bjelkevik Friesinger | | Arendal SK | 58.53 |
| 10 | Isac Pettersen | | Arendal SK | 59.60 |
| 11 | Jonas Baas | | DIL | 60.07 |
| 12 | Einar Bjelkevik Friesinger | | Arendal SK | 71.03 |
| | Lucas Icasatti | | Arendal SK | DNF |

500 m damer

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|---|--------------------------|--|------------|---------|
| 1 | Stella Horka | | Arendal SK | 48.05 |
| 2 | Emily Plozicki | | Arendal SK | 48.68 |
| 3 | Vilde Baas | | DIL | 50,49f |
| 4 | Kitty Hurum Nesset | | Arendal SK | 54.84 |
| 5 | Nelly Hurum Nesset | | Arendal SK | 74.56 |
| 6 | Marie Sofie Fiane Grødum | | Arendal SK | 1,39,76 |
| 7 | Kaja Skarli Nilsen | | DIL | 1,41,42 |
| 8 | Hedda Skarli Nilsen | | DIL | 1,58,14 |
| 9 | Guro Vågslid Trædal | | DIL | 2,15,71 |

100 m gutter

| | | | |
|----------------------------|--|------------|-------|
| Jonas Baas | | DIL | 13.41 |
| Ola Bjelkevik Friesinger | | Arendal SK | 14.31 |
| Einar Bjelkevik Friesinger | | Arendal SK | 15.86 |

100 m jenter

| | | | |
|--------------------------|--|------------|-------|
| Kitty Hurum Nesset | | Arendal SK | 13.49 |
| Nelly Hurum Nesset | | Arendal SK | 15.69 |
| Marie Sofie Fiane Grødum | | Arendal SK | 18.96 |
| Kaja Skarli Nilsen | | DIL | 18.05 |
| Hedda Skarli Nilsen | | DIL | 21.42 |
| Guro Vågslid Trædal | | DIL | 23.32 |

1000 m menn

| | | | | |
|---|----------------------------|--|------------|---------|
| 1 | Martin G. Røysland | | Arendal SK | 1,41,97 |
| 2 | Aksel Mathias Fiane Grødum | | Arendal SK | 2,04,47 |
| 3 | Isac Pettersen | | Arendal SK | 2,14,69 |

1000 m damer

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|---|----------------|--|------------|---------|
| 1 | Vilde Baas | | DIL | 1,33,31 |
| 2 | Stella Horka | | Arendal SK | 1,40,31 |
| 3 | Emily Plozicki | | Arendal SK | 1,40,65 |

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|---|--------------------|--|------------|---------|
| 4 | Kitty Hurum Nesset | | Arendal SK | 1,59,46 |
|---|--------------------|--|------------|---------|

1500 m herrer

| | | | | |
|---|-----------------------|--|------------|---------|
| 1 | Arne Rimmereid | | Arendal SK | 2,43,35 |
| 2 | Gaute Haftor Sørensen | | Arendal SK | 2,51,96 |
| 3 | Ekrem Erkin | | Arendal SK | 3,18,01 |
| | Christian Steen | | Arendal SK | DNF |
| | Jørn Pettersen | | Arendal SK | DNS |
| | Lucas Icasatti | | Arendal SK | DNS |

5000 m herrer

| | | | | |
|---|----------------|--|------------|---------|
| 1 | Øystein Grødum | | Arendal SK | 7,31,73 |
|---|----------------|--|------------|---------|