Category	Division	Distance	Number of	Series x	Time		Planning	
			skaters	time	compet.	iceprepar.	start	end
Ladies	Α	1000m	20	10 x 2'45	00:28		17:00	17:28
Change category						00:05	17:28	17:33
Men	Α	1000m	20	10 x 2'45	00:28		17:33	18:01
Ice preparation (3 lanes)						00:04	18:01	18:05
		Prize giving on spot 1000 Ladies					18:05	18:10
		Prize giving on spot 1000 Men				00:05	18:10	18:15
						00:02	18:15	18:17
Ladies	Α	5000m	12	4 x 8'30	00:34		18:17	18:51
Technical break						00:04	18:51	18:55
		Prize giving on spot 5000 Ladies				00:05	18:55	19:00
SCHEDULE WITH ALL RESERVE								

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Category	Division	Distance	Number of skaters	Series x time	Time		Planning	
	DIVISION				compet.	iceprepar.	start	end
Ladies	Α	500m (1)	20	10 x 2'15	00:23		15:00	15:23
Change category						00:05	15:23	15:28
Men	Α	500m (1)	20	10 x 2'15	00:23		15:28	15:51
Ice preparation (3 lanes)						00:04	15:51	15:55
		Prize giving on spot 500 Ladies					15:55	16:00
		Prize giving on spot 500 Men					16:00	16:05
						00:02	16:05	16:07
Men	Α	10000m	6	3 x 15'00	00:45		16:07	16:52
Ice preparation (2 lanes)						00:14	16:52	17:06
Men	Α	10000m	6	3 x 15'00	00:45		17:06	17:51
Ice preparation (3 lanes)						00:04	17:51	17:55
		Prize giving on spot 10 000 Men				00:05	17:55	18:00
						00:05	18:00	18:05
Men	Α	Team Sprint	12 teams	6 x 3'00	00:18		18:05	18:23
Change category						00:05	18:23	18:28
Ladies	Α	Team Sprint	12 teams	6 x 3'00	00:18		18:28	18:46
Technical break						00:04	18:46	18:50
		Prize giving on spot Team Sprint Men					18:50	18:55
		Prize giving on spot Team Sprint Ladies				00:05	18:55	19:00
	S	CHEDULE W	ITH ALL RES	ERVE	_	_		

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Category	Division	Distance	Number of	Series x	Time		Planning	
	DIVISION		skaters	time	compet.	iceprepar.	start	end
Men	Α	500m (2)	20	10 x 2'15	00:23		15:00	15:23
Change category						00:05	15:23	15:28
Ladies	А	500m (2)	20	10 x 2'15	00:23		15:28	15:51
Ice preparation (3 lanes)						00:04	15:51	15:55
		Prize giving or	00:05	15:55	16:00			
		Prize giving or	00:05	16:00	16:05			
						00:02	16:05	16:07
Men	Α	1500m	20	10 x 3'15	00:33		16:07	16:40
Ice preparation (2 lanes)						00:14	16:40	16:54
Ladies	Α	1500m	20	10 x 3'20	00:34		16:54	17:28
Technical break						00:04	17:28	17:32
		Prize giving on spot 1500 Men				00:05	17:32	17:37
		Prize giving on spot 1500 Ladies				00:05	17:37	17:42
SCHEDULE WITH ALL RESERVE								

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