

# **INTERNATIONAL FIGURE SKATING CAMP**

**01.07.2024 – 20.07.2024**

**SOFIA, BULGARIA**



## **ANOUNCEMENT - INVITATION**

EVENT ORGANIZER:  
FIGURE SKATING CLUB DENKOVA-STAVISKI  
SOFIA, BULGARIA  
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**DEAR MEMBER FEDERATIONS,**

**Bulgarian Skating Federation** is pleased to inform you that a regional project called International Figure Skating Training Camp is planned to be organized in JULY 2024.

Club "**DENKOVA-STAVISKI**" with head coach **ANDREY LUTAY**

and coaches:

**INA LUTAY**

**ALBENA DENKOVA**

**MAXIM STAVISKI**

**VITALIY EGOROV**

**ELENA MALAKHOVA**

**DIMO ANGELOV**

**STOYAN KAZAKOV**

**EVA PANOVA**

**KALINA GYAUROVA**

**KARINA BERESNEVA**

**NIKOLA ZLATANOV**

**ELENA MUHHINA**

invites you to take part in the event and to prepare your athletes for the new 2024/2025 sport season.

The skating camp will take place from **01.07.2024 to 20.07.2024 in SOFIA, Bulgaria.**

## **Group categories:**

### **GROUP A,B:**

Learn and make a sure all triple and quad jumps, jump combination 3+3, 3+3+3, and stabilization technique of jumps.

### **GROUP C,D:**

Cleaning all double jumps and prepare for triple, learn double Axel and learn triple jumps, stabilization technique of jumps.

### **GROUP E,F:**

Cleaning all single jumps and learn all double jumps, jump combinations, stabilization technique of jump.

## **Programs:**

Program of the camp for GROUP A-F :

3 practice - on ice (edges, skating choreography, spins, specific exercises for jumps, jumps)

1 practice – off ice jump technique on a floor and physical training

1 practice – physical and condition practice

For practices you need to have:

Jump rope, gravity for hands (Maximum 500 grams), elastic rubber tape, spinner and ballet shoes.



**Prices:**

**GROUP A-F:**

**1600 euro for ALL CAMP (4 blocks)**

Price includes: ice rent, training on ice, training off ice and ballet. (Without hotel and accommodation) There may be minor changes to fees.

**All training camps will be divided into blocks. Four days of training and the fifth day off.**

If you need help with organization or reservation for your Hotel and accommodation, you can call or send email.

**But we still don't know which ice rink we will use. This information we can send you later.**

**Payment:**

Participants must prepay 25% of the amount of money by bank transfer, the deadline for transfer is May 30, 2024. Athletes who have not made an advance payment are not guaranteed participation.

Places are limited.

**Bank account:**

**INVESTBANK BULGARIA**

**IBAN: BG82IORT73711400332500**

**BIC: IORTBGSF**

**Bank holder: Club “Denkova-Staviski”**

**Contacts:**

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+359899282833 – ANDREY LUTAY