

] Tromsø 02.08.-11.08

Join us for our international figure skating camp with our skilled coaches and experience the thrill of training in northern Norway above the Arctic Circle. Whether you're developing your skills or just starting your journey in figure skating, this 10 day camp offers something for everyone!

Camp includes:

Group A - 33x Ice sessions Group B - 25x Ice sessions Group C - 14x Ice sessions

Spins and skating skills development Jumping technique + exercises Competition simulations on ice Off-ice trainings Ballet classes

Extra services available (extra fee)

- Choreography sessions.
- Harness practices on ice/off ice.
- Open ice hour can be booked for 80
 NOK per hour, max 6 skaters on ice.
- Warm lunch, fruit and snacks.
- Entrance to the water park, a 5minute walk from the ice rink.

Camp cost for 10 days:

Group A 5000 NOK Group B 4000 NOK Group C 3000 NOK

Accommodation:

Participants are responsible for arranging their own accommodation during the camp. Our team will be happy to give recommendations upon request.

SIGN UP BY APRIL 15TH.

Ice practices held by Lara Eisenbauer, Peter Reitmayer and Iveta Reitmayerova. Off ice by Teresa Camilla Kovacz and ballet by Vilde Jensen.

ANY QUESTIONS? SEND TO <u>ISHAVSBYENKK@GMAIL.COM</u>