

Category	Distance	Number of	Series x	Time		Planning	
		skaters	time	compet.	iceprepar.	start	end
Official opening					00:15	17:10	17:25
Technical break					00:05	17:25	17:30
Ladies - Sprint	500 (1)	28	14 x 2'15	00:32		17:30	18:02
Change category					00:05	18:02	18:07
Men - Sprint	500 (1)	28	14 x 2'15	00:32		18:07	18:39
Ice preparation (2 lanes)					00:14	18:39	18:53
Ladies - Sprint	1000 (1)	28	14 x 2'45	00:39		18:53	19:32
Ice preparation (3 lanes)					00:04	19:32	19:36
	Prize giving on spot 500 Ladies				00:05	19:36	19:41
	Prize giving on spot 1000 Ladies				00:05	19:41	19:46
					00:02	19:46	19:48
Men - Sprint	1000 (1)	28	14 x 2'45	00:39		19:48	20:27
Technical break					00:04	20:27	20:31
	Prize giving on spot 500 Men				00:04	20:31	20:35
	Prize giving on spot 1000 Men				00:04	20:35	20:39
SCHEDULE WITH ALL RESERVE							