SONJA HENIE TROPHY 2025 - OSLO / NOR

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Wednesday 05 Mar 2025

Main

- Unofficial practice. See separete schedule. 16:00 – 21:00

Off-ice

- DR 15:00 STO S (Interclub categories)

Thursday 06 Mar 2025

Main

- 9:00 BNG F
- 14:30 ING F
- INB F 18:50
- VC 19:05 BNG + ING + INB
- Unofficial practice. See separete schedule. 19:45 – 21:00

Off-ice

- 8:00 IJM-BNG TPM-BNG
- 13:30 IJM-ING+INB TPM-ING+INB
- DR 15:00 STO S (ISU categories)
- OFFICIALS DINNER

Friday 07 Mar 2025

Main

- SW S 30' * 7:00, 7:30, 8:15, 8:45
- ANG S 30' * 9:30, 10:00, 10:45
- ANB S 30' * 11:15
- JM S 30' * 12:00
- SM S 30' * 12:30, 13:15, 13:45
- 14:30 ANG S
- 16:55 ANB S
- 17:30 JM S
- 18:40 SM S

Off-ice

- 12:30 IJM-ISU TPM-ISU

Practice (Jordal 10 km away)

- JW S 30' * 13:30, 14:00, 14:45, 15:15, 16:00, 16:30

Saturday 08 Mar 2025

Main

- JM F 35' * 6:00
- SM F 35' * 6:35, 7:25, 8:00
- 8:50 JW S
- 12:55 SW S
- 15:45 JM F
- 17:00 SM F
- VC JM+SM
- 19:50 ANB F
- 20:15 ANG F
- VC ANG+ANB

Off-ice

- 20:00 RTD - JM
- 20:45 RTD - SM

Practice (Bærum 17 km away)

- JW F 35' * 17:30, 18:05, 18:55, 19:30, 20:20, 20:55

Sunday 09 Mar 2025

Main

- SW F 35' * 6:45, 7:20, 8:10, 8:45
- 9:35 JW F
- 14:20 SW F
- VC 17:40 JW+SW

Off-ice

- 8:00 RTD-ANG+ANB
- 17:40 TPR- (All panels)
- 17:40 RTD-JW
- 18:30 RTD-SW

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SM	Men	S	Short Program	DR	Draw
SW	Woman	F	Free Skating	STO	Starting Order
JM	Junior Men	Main	Main Rink	IJM	Initial Judges Meeting
JW	Junior Women	Practice	Practice Rink	TPM	Technical Panel Meeting
ANB	Advanced Novice Boys	Off-ice	Off-ice	RTD	Round Table Discussion
ANG	Advanced Novice Girls	VC	Victory Ceremony	TPR	Technical Panel Review
BNG	Basic Novice Girls		Ice Resurfacing		
INB	Intermediate Novice Boys		Practice group change		
ING	Intermediate Novice Girls	*	Starting order		

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