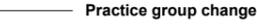


SONJA HENIE TROPHY 2026 - OSLO / NOR

	Wednesday 04 Mar 2026		Thursday 05 Mar 2026		Friday 06 Mar 2026		Saturday 07 Mar 2026		Sunday 08 Mar 2026		
	Main	Off-ice	Main	Off-ice	Main	Off-ice	Main	Off-ice	Main	Off-ice	
6:00											6:00
6:30								JM 6:15			6:30
7:00			ANG 6:55		JW 6:45		S 30' 6:45				7:00
7:30			S 30' 7:25		* 7:15		SM 7:15		JM 7:15		7:30
8:00				8:00			S 30' 8:00		F 35' 7:50		8:00
8:30				Pre-Meeting BNG			* 8:00		*		8:30
9:00			9:00				SW 8:30		SM 8:40		9:00
9:30			BNG F				S 30' 9:00		F 35' 9:15		9:30
10:00							* 9:45		*		10:00
10:30					ANG 10:00		JW 10:15		SW 10:05		10:30
11:00					F 30' 10:30		* 10:45		F 35' 10:40		11:00
11:30				DR 11:00					*		11:30
12:00				STO S						11:00	12:00
12:30				JW+JM+SW+SM						RTD-JW	12:30
13:00											13:00
13:30											13:30
14:00			INB 13:30								14:00
14:30											14:30
15:00			ING F								15:00
15:30											15:30
16:00											16:00
16:30	Unofficial practice. See separate schedule.	DR 16:00									16:30
17:00		STO S									17:00
17:30		Interclub Categories + Adv Nov									17:30
18:00											18:00
18:30											18:30
19:00											19:00
19:30											19:30
20:00											20:00
20:30											20:30
21:00											21:00
21:30											21:30
22:00											22:00
22:30											22:30
23:00											23:00

SM	Men	S	Short Program	DR	Draw
SW	Woman	F	Free Skating	STO	Starting Order
JM	Junior Men	Main	Main Rink	IJM	Initial Judges Meeting
JW	Junior Women	Practice	Practice Rink	TPM	Technical Panel Meeting
ANB	Advanced Novice Boys	Off-ice	Off-ice	RTD	Round Table Discussion
ANG	Advanced Novice Girls	VC	Victory Ceremony	TPR	Technical Panel Review
BNG	Basic Novice Girls		Ice Resurfacing		
INB	Intermediate Novice Boys		Practice group change		
ING	Intermediate Novice Girls	*	Starting order		

Document date: 07.03.2026 12:40
Subject to change