

NM/LM Skien 2023

Skien, Norway

25.-26. mars 2023



Results

NM Elite R	R	Fin	1500 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
1	1/2	1	209	Tinius RAMBØL	ALME	OSK	NOR		2:32.216			
		2	207	Linus August	RISNES	OSK	NOR		2:32.466			
		3	210	Aron	FEIRING	OSK	NOR		2:38.721			
		4	213	Ingemar Stenskrog	MIDJO	TKK	NOR		2:40.909			
		5	167	Henri Stenskrog	MIDJO	TKK	NOR		2:42.316			
2	2/2	1	208	Nicolai	BJERKE	OSK	NOR		2:35.188			
		2	214	Lars	BONESMO	TKK	NOR		2:36.172			
		3	211	Haakon Anders	BIERMANN	OSK	NOR		2:37.167			
		4	212	Magnus	RATDAL	TKK	NOR		2:37.201			
Masters R	R	Fin	1500 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
3	1/1	1	104	Frode	MIDJO	TKK	NOR		2:52.282			
		2	102	Edwin Best	KRONSTAD	OSK	NOR		3:05.33			
		3	105	Espen	KARLSRUD	TKK	NOR		3:06.300			
		4	101	Eirik	GÅSEIDNES	OSK	NOR		3:15.975			
		5	103	Ole Martin	NODENES	OSK	NOR		3:21.956			
LM Jenter R	R	Fin	1000 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
4	1/3	0	148	Ella	WOTHERSPOON	OSK	NOR		1:56.28			
		0	145	Malin Skau	BJØRGE	HERK	NOR		2:12.183			
		0	150	Hilde	SOLGÅRD	OSK	NOR		2:15.869			
		1	161	Marie	KEUKELEIRE	OSK	---		1:49.738			
		3	154	Silje	STOMPERUDHAUGEN	HERK	NOR		2:04.671			
4	153	Oda	BERGERSEN	HERK	NOR		2:05.347					
5	2/3	0	146	Emilie	LELAND	HERK	NOR		2:06.780			
		1	157	Josephine	STENBACK	OSK	NOR		2:01.215			
		2	156	Nola	KVARME	OSK	NOR		2:01.863			
		3	159	Natalia	SKRZYPIEC	SSK	NOR		2:02.855			
		5	149	Silje	SOLGÅRD	OSK	NOR		2:14.882			
		6	151	Synne Andersdatter	TUVA	TKK	NOR		2:19.259			
6	3/3	0	152	Sara	KARLSRUD	TKK	NOR		2:13.172			
		0	144	Alma	BERGERSEN	HERK	NOR		2:14.714			
		1	155	Amalie	Haugerud TEIG	OSK	NOR		1:55.993			
		2	158	Jenny Skjæveland	SOLHAUG	SSK	NOR		1:57.841			
		3	147	Sunniva Haug	JOHANNESSEN	OSK	NOR		2:03.900			
		6	160	Rikke	EDVARDBSEN	TKK	NOR		2:19.700			
LM Gutter R	R	Fin	1000 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
7	1/3	0	139	Felix Bjørge	SKAGSOSET	HERK	NOR		2:19.79			
		0	143	Ander	ITURRIA-HOLDHUS	OSK	NOR		2:22.999			
		1	165	Peder esekiel	KLEVEN-SKRETTINGLAN	HERK	NOR		1:54.64			
		2	162	Nikolas	JOHANNESSEN	TT	NOR		1:56.991			
		3	137	Levian	MINNESJORD	HERK	NOR		2:15.15			
8	2/3	0	175	Maximilian	MELAND	HERK	NOR		1:59.961			
		1	164	Martinus	Haldorsen SØMME	TT	NOR		1:57.797			
		2	163	August Herlin	RØKAAS	TT	NOR		1:58.333			
		4	141	Axel	Haartsen NJØS	OSK	NOR		2:10.467			

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9	3/3	0	140	Ulrik Evenmo ERVIK	OSK	NOR	1:58.795			
		2	142	Mikkel Mellemstrand DAHL	OSK	NOR	1:59.627			
		3	136	Tørres Bjørge SKAGSOSET	HERK	NOR	2:05.590			
		4	166	Sebastian FOSSBERG	HERK	NOR	2:12.446			
		5	138	Eirik BERGERSEN	HERK	NOR	2:24.915			

Special R	Olympics R	Fin	1000 Nr	meter Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
10	1/1	1	168	Maiken Nerstad GUNDERSON		OSK	NOR		2:25.811			
		2	270	Siri Behrens MASAVAL		TKK	NOR		3:11.892			
		3	271	Julia HEKNE		TKK	NOR		3:12.951			
		4	169	Johanne BERG		OSK	NOR		3:23.298			
		5	272	Vegard HAGA		TKK	NOR		5:18.823			

Recruit R	R	Fin	333 Nr	meter Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
11	1/4	0	116	Marthine Skau BJØRGE		HERK	NOR					
		0	178	Tobias LANGSEID		HERK	---					
		0	172	Elise SKOLEM		HBSK	NOR					
		0	112	Atle SOLGÅRD		OSK	NOR					
		0	128	Anna WOTHERSPOON		OSK	NOR					
		DNS	129	Oskar FABRITIUS		SSK	NOR					NO START

12	2/4	0	119	Julie LELAND		HERK	NOR					
		0	173	Edvin SKOLEM		HBSK	NOR					
		0	174	Emil Flygind LARSEN		HBSK	NOR					
		0	106	Isak EKMAN-SUNDE		HERK	NOR					
		0	120	Elise MYRLAND		HERK	NOR					

13	3/4	0	107	Ludvig LANGSEID		HERK	NOR					
		0	118	Sina KLEVEN-SKRETTINGLAND		HERK	NOR					
		0	133	Julia TRØAN		TKK	NOR					
		0	121	Eva MYRLAND		HERK	NOR					
		0	176	Leander LANGSEID		HERK	NOR					
		0	170	Lilly WULFF JENSEN		HBSK	NOR					

14	4/4	0	122	Jenny MYRLAND		HERK	NOR					
		0	131	Maria KARLSRUD		TKK	NOR					
		0	171	Helle WULFF JENSEN		HBSK	NOR					
		0	108	Jakob LELAND		HERK	NOR					
		0	177	Johannes LANGSEID		HERK	NOR					
		0	117	Alina HOLM		HERK	NOR					

NM Elite R	R	Fin	1500 Nr	meter Name	Final	Group 2 Team	County	NT	Time	Pnts	Q	Remark
15	1/1	1	210	Aron FEIRING		OSK	NOR		2:55.246	5		
		2	211	Haakon Anders BIERMANN		OSK	NOR		2:55.360	3		
		3	213	Ingemar Stenskrog MIDJO		TKK	NOR		2:57.641	2		
		4	212	Magnus RATDAL		TKK	NOR		2:59.533	1		
		5	167	Henri Stenskrog MIDJO		TKK	NOR		3:05.881			

NM Elite R	R	Fin	1500 Nr	meter Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
16	1/1	1	207	Linus August RISNES		OSK	NOR		2:26.419	34		
		2	208	Nicolai BJERKE		OSK	NOR		2:27.435	21		
		3	209	Tinius RAMBØL ALME		OSK	NOR		2:28.833	13		
		4	214	Lars BONESMO		TKK	NOR		2:32.803	8		



Results

Masters		1500 meter			Group 1		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
17	1/1	1	104	Frode MIDJO		TKK	NOR		2:56.299	34						
		2	105	Espen KARLSRUD		TKK	NOR		3:05.469	21						
		3	102	Edwin Best KRONSTAD		OSK	NOR		3:10.334	13						
		4	103	Ole Martin NODENES		OSK	NOR		3:18.189	8						
		5	101	Eirik GÅSEIDNES		OSK	NOR		3:19.808							
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LM Jenter		1000 meter			Group 3		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
18	1/1	0	145	Malin Skau BJØRGE		HERK	NOR		2:09.58							
		0	144	Alma BERGERSEN		HERK	NOR		2:14.489							
		1	160	Rikke EDVARDESEN		TKK	NOR		2:06.650							
		2	151	Synne Andersdatter TUVA		TKK	NOR		2:08.889							
		4	149	Silje SOLGÅRD		OSK	NOR		2:11.662							
		DNS	150	Hilde SOLGÅRD		OSK	NOR					NO STAR				
<hr/>																
LM Jenter		1000 meter			Group 2		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
19	1/1	0	146	Emilie LELAND		HERK	NOR		2:06.488							
		0	152	Sara KARLSRUD		TKK	NOR		2:18.798							
		1	147	Sunniva Haug JOHANNESSEN		OSK	NOR		2:00.62	5						
		2	159	Natalia SKRZYPIEC		SSK	NOR		2:01.520	3						
		3	154	Silje STOMPERUDHAUGEN		HERK	NOR		2:01.796	2						
		4	153	Oda BERGERSEN		HERK	NOR		2:03.653	1						
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LM Jenter		1000 meter			Group 1		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
20	1/1	0	161	Marie KEUKELEIRE		OSK	---		1:49.942							
		0	148	Ella WOTHERSPOON		OSK	NOR		1:56.581							
		1	155	Amalie Haugerud TEIG		OSK	NOR		1:51.303	34						
		2	158	Jenny Skjæveland SOLHAUG		SSK	NOR		1:54.664	21						
		3	156	Nola KVARME		OSK	NOR		1:55.966	13						
		4	157	Josephine STENBACK		OSK	NOR		1:57.735	8						
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LM Gutter		1000 meter			Group 3		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
21	1/1	0	138	Eirik BERGERSEN		HERK	NOR		2:29.627							
		1	166	Sebastian FOSSBERG		HERK	NOR		2:09.994							
		2	139	Felix Bjørge SKAGSOSET		HERK	NOR		2:17.885							
		DNS	143	Ander ITURRIA-HOLDHUS		OSK	NOR					NO STAR				
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LM Gutter		1000 meter			Group 2		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
22	1/1	0	175	Maximilian MELAND		HERK	NOR		1:57.587							
		1	142	Mikkel Mellemstrand DAHL		OSK	NOR		1:55.75	5						
		2	136	Tørres Bjørge SKAGSOSET		HERK	NOR		2:02.406	3						
		3	141	Axel Haartsen NJØS		OSK	NOR		2:02.490	2						
		4	137	Levian MINNESJORD		HERK	NOR		2:13.306	1						
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LM Gutter		1000 meter			Group 1		NT		Time		Pnts		Q		Remark	
R	R	Fin	Nr	Name	Final	Team	County	NT	Time	Pnts	Q	Remark				
23	1/1	0	140	Ulrik Evenmo ERVIK		OSK	NOR		1:52.381							
		1	165	Peder esekiel KLEVEN-SKRETTINGLHERK		HERK	NOR		1:52.516	34						
		2	162	Nikolas JOHANNESSEN		TT	NOR		1:54.190	21						
		3	164	Martinus Haldorsen SØMME		TT	NOR		1:54.239	13						
		4	163	August Herlin RØKAAS		TT	NOR		1:58.816	8						



Results

Special R	Olympics R	Fin	1000 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
24	1/1	1	168	Maiken Nerstad	GUNDERSON	OSK	NOR		2:25.852			
		2	270	Siri Behrens	MASAVAL	TKK	NOR		2:53.6			
		3	271	Julia	HEKNE	TKK	NOR		2:55.300			
		4	169	Johanne	BERG	OSK	NOR		3:22.850			
		5	272	Vegard	HAGA	TKK	NOR		4:57.193			
Recruit R	R	Fin	333 meter Nr	Name	Final	Group 4 Team	County	NT	Time	Pnts	Q	Remark
25	1/1	0	176	Leander	LANGSEID	HERK	NOR					
		0	117	Alina	HOLM	HERK	NOR					
		0	128	Anna	WOTHERSPOON	OSK	NOR					
		0	170	Lilly	WULFF JENSEN	HBSK	NOR					
		DNS	121	Eva	MYRLAND	HERK	NOR					NO STAR
Recruit R	R	Fin	333 meter Nr	Name	Final	Group 3 Team	County	NT	Time	Pnts	Q	Remark
26	1/1	0	106	Isak	EKMAN-SUNDE	HERK	NOR					
		0	112	Atle	SOLGÅRD	OSK	NOR					
		0	177	Johannes	LANGSEID	HERK	NOR					
		0	108	Jakob	LELAND	HERK	NOR					
		0	120	Elise	MYRLAND	HERK	NOR					
Recruit R	R	Fin	333 meter Nr	Name	Final	Group 2 Team	County	NT	Time	Pnts	Q	Remark
27	1/1	0	172	Elise	SKOLEM	HBSK	NOR					
		0	174	Emil	Flygind LARSEN	HBSK	NOR					
		0	131	Maria	KARLSRUD	TKK	NOR					
		0	118	Sina	KLEVEN-SKRETINGLAND	HERK	NOR					
		0	171	Helle	WULFF JENSEN	HBSK	NOR					
		0	133	Julia	TRØAN	TKK	NOR					
Recruit R	R	Fin	333 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
28	1/1	0	119	Julie	LELAND	HERK	NOR					
		0	173	Edvin	SKOLEM	HBSK	NOR					
		0	116	Marthine	Skau BJØRGE	HERK	NOR					
		0	178	Tobias	LANGSEID	HERK	---					
		0	107	Ludvig	LANGSEID	HERK	NOR					
		0	122	Jenny	MYRLAND	HERK	NOR					
LM Jenter R	R	Fin	500 meter Nr	Name	Quarter Finals	Group 1 Team	County	NT	Time	Pnts	Q	Remark
29	1/4	1	155	Amalie	Haugerud TEIG	OSK	NOR		54.604			
		2	154	Silje	STOMPERUDHAUGEN	HERK	NOR		56.205			
		3	144	Alma	BERGERSEN	HERK	NOR		1:01.726			
		4	152	Sara	KARLSRUD	TKK	NOR		1:03.512			
30	2/4	1	158	Jenny	Skjæveland SOLHAUG	SSK	NOR		57.425			
		2	147	Sunniva	Haug JOHANNESSEN	OSK	NOR		57.727			
		3	148	Ella	WOTHERSPOON	OSK	NOR		58.271			
		4	145	Malin	Skau BJØRGE	HERK	NOR		1:01.489			
		DNF	151	Synne	Andersdatter TUVA	TKK	NOR					NO FINISI
31	3/4	1	157	Josephine	STENBACK	OSK	NOR		55.863			
		2	156	Nola	KVARME	OSK	NOR		56.43			
		3	159	Natalia	SKRZYPIEC	SSK	NOR		59.95			
		4	160	Rikke	EDVARSEN	TKK	NOR		59.277			
		5	149	Silje	SOLGÅRD	OSK	NOR		1:02.132			

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32	4/4	1	161	Marie KEUKELEIRE	OSK	---	54.771			
		2	153	Oda BERGERSEN	HERK	NOR	1:00.240			
		3	146	Emilie LELAND	HERK	NOR	1:01.634			
		4	150	Hilde SOLGÅRD	OSK	NOR	1:16.182			
LM Gutter				500 meter		Quarter Finals				
R	R	Fin	Nr	Name	Team	Group 1 County	NT Time	Pnts	Q	Remark
33	1/3	1	165	Peder esekiel KLEVEN-SKRETTINGLAN	HERK	NOR	55.860			
		2	163	August Herlin RØKAAS	TT	NOR	56.599			
		3	141	Axel Haartsen NJØS	OSK	NOR	56.942			
		4	137	Levian MINNESJORD	HERK	NOR	1:03.219			
		5	143	Ander ITURRIA-HOLDHUS	OSK	NOR	1:22.550			
34	2/3	1	142	Mikkel Mellemstrand DAHL	OSK	NOR	56.960			
		2	136	Tørres Bjørge SKAGSOSET	HERK	NOR	59.386			
		3	139	Felix Bjørge SKAGSOSET	HERK	NOR	1:04.713			
		4	138	Eirik BERGERSEN	HERK	NOR	1:06.935			
		5	164	Martinus Haldorsen SØMME	TT	NOR	1:07.304			
35	3/3	1	140	Ulrik Evenmo ERVIK	OSK	NOR	55.186			
		2	162	Nikolas JOHANNESSEN	TT	NOR	56.208			
		3	175	Maximilian MELAND	HERK	NOR	57.745			
		4	166	Sebastian FOSSBERG	HERK	NOR	57.768			
Recruit				111 m		Semi Final				
R	R	Fin	Nr	Name	Team	Group 1 County	NT Time	Pnts	Q	Remark
36	1/5	0	131	Maria KARLSRUD	TKK	NOR				
		0	107	Ludvig LANGSEID	HERK	NOR				
		0	112	Atle SOLGÅRD	OSK	NOR				
		0	177	Johannes LANGSEID	HERK	NOR				
37	2/5	0	173	Edvin SKOLEM	HBSK	NOR				
		0	178	Tobias LANGSEID	HERK	---				
		0	108	Jakob LELAND	HERK	NOR				
		DNS	121	Eva MYRLAND	HERK	NOR				NO START
38	3/5	0	122	Jenny MYRLAND	HERK	NOR				
		0	106	Isak EKMAN-SUNDE	HERK	NOR				
		0	118	Sina KLEVEN-SKRETTINGLAND	HERK	NOR				
		0	273	Ola Rognstad DAHL	OSK	NOR				
		0	120	Elise MYRLAND	HERK	NOR				
39	4/5	0	116	Marthine Skau BJØRGE	HERK	NOR				
		0	172	Elise SKOLEM	HBSK	NOR				
		0	133	Julia TRØAN	TKK	NOR				
		0	128	Anna WOTHERSPOON	OSK	NOR				
		0	170	Lilly WULFF JENSEN	HBSK	NOR				
40	5/5	0	119	Julie LELAND	HERK	NOR				
		0	174	Emil Flygind LARSEN	HBSK	NOR				
		0	171	Helle WULFF JENSEN	HBSK	NOR				
		0	117	Alina HOLM	HERK	NOR				
		DNF	176	Leander LANGSEID	HERK	NOR			NO FINISH	
NM Elite				500 meter		Semi Final				
R	R	Fin	Nr	Name	Team	Group 1 County	NT Time	Pnts	Q	Remark
41	1/2	1	207	Linus August RISNES	OSK	NOR	45.354			
		2	214	Lars BONESMO	TKK	NOR	46.620			
		3	212	Magnus RATDAL	TKK	NOR	47.966			
		4	210	Aron FEIRING	OSK	NOR	48.645			
		5	167	Henri Stenskrog MIDJO	TKK	NOR	53.490			

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42	2/2	1	209	Tinius RAMBØL ALME	OSK	NOR		46.560					
		2	208	Nicolai BJERKE	OSK	NOR		46.878					
		3	213	Ingemar Stenskrog MIDJO	TKK	NOR		49.532					
		4	211	Haakon Anders BIERMANN	OSK	NOR		1:13.173					
Masters				500 meter									
R	R	Fin	Nr	Name	Semi Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
43	1/1	1	104	Frode MIDJO		TKK	NOR			52.990			
		2	102	Edwin Best KRONSTAD		OSK	NOR			56.471			
		3	105	Espen KARLSRUD		TKK	NOR			56.616			
		4	103	Ole Martin NODENES		OSK	NOR			1:05.44			
		5	101	Eirik GÅSEIDNES		OSK	NOR			1:06.94			
LM Jenter				500 meter									
R	R	Fin	Nr	Name	Semi Final	Group 2	Team	County	NT	Time	Pnts	Q	Remark
44	1/2	0	144	Alma BERGERSEN		HERK	NOR			1:05.213			
		0	150	Hilde SOLGÅRD		OSK	NOR			1:14.845			
		1	160	Rikke EDVARDESEN		TKK	NOR			58.856			
		2	149	Silje SOLGÅRD		OSK	NOR			1:02.876			
45	2/2	1	151	Synne Andersdatter TUVA		TKK	NOR			59.646			
		2	146	Emilie LELAND		HERK	NOR			1:00.980			
		3	145	Malin Skau BJØRGE		HERK	NOR			1:02.398			
		4	152	Sara KARLSRUD		TKK	NOR			1:14.354			
LM Jenter				500 meter									
R	R	Fin	Nr	Name	Semi Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
46	1/2	0	148	Ella WOTHERSPOON		OSK	NOR			57.437			
		1	155	Amalie Haugerud TEIG		OSK	NOR			53.702			
		2	156	Nola KVARME		OSK	NOR			55.60			
		4	153	Oda BERGERSEN		HERK	NOR			1:01.564			
		5	158	Jenny Skjæveland SOLHAUG		SSK	NOR			1:15.741			
47	2/2	1	147	Sunniva Haug JOHANNESSEN		OSK	NOR			57.135			
		2	159	Natalia SKRZYPIEC		SSK	NOR			59.182			
		3	154	Silje STOMPERUDHAUGEN		HERK	NOR			59.263			
		4	157	Josephine STENBACK		OSK	NOR			1:08.409			ADV.
		P	161	Marie KEUKELEIRE		OSK	---						PENALTY
LM Gutter				500 meter									
R	R	Fin	Nr	Name	Semi Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
48	1/2	0	140	Ulrik Evenmo ERVIK		OSK	NOR			55.653			
		0	175	Maximilian MELAND		HERK	NOR			58.432			
		0	139	Felix Bjørge SKAGSOSET		HERK	NOR			1:05.803			
		2	162	Nikolas JOHANNESSEN		TT	NOR			56.419			
		3	163	August Herlin RØKAAS		TT	NOR			56.603			
49	2/2	1	165	Peder esekiel KLEVEN-SKRETTINGLAN	HERK	NOR				54.318			
		2	142	Mikkel Mellemstrand DAHL	OSK	NOR				56.453			
		3	141	Axel Haartsen NJØS	OSK	NOR				57.726			
		4	166	Sebastian FOSSBERG	HERK	NOR				58.37			
		5	136	Tørres Bjørge SKAGSOSET	HERK	NOR				59.301			
Special Olympics				500 meter									
R	R	Fin	Nr	Name	Semi Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
50	1/1	1	270	Siri Behrens MASAVAL		TKK	NOR			1:21.190			
		2	168	Maiken Nerstad GUNDERSON		OSK	NOR			1:23.836			
		3	271	Julia HEKNE		TKK	NOR			1:26.68			
		4	169	Johanne BERG		OSK	NOR			1:39.546			
		5	272	Vegard HAGA		TKK	NOR			2:39.768			



Results

Recruit R	R	Fin	111 m Nr	Name	Final	Group 5 Team	County	NT	Time	Pnts	Q	Remark
51	1/1	0	176	Leander LANGSEID		HERK	NOR					
		0	120	Elise MYRLAND		HERK	NOR					
		0	128	Anna WOTHERSPOON		OSK	NOR					
		0	170	Lilly WULFF JENSEN		HBSK	NOR					
		DNS	121	Eva MYRLAND		HERK	NOR					NO STAR

Recruit R	R	Fin	111 m Nr	Name	Final	Group 4 Team	County	NT	Time	Pnts	Q	Remark
52	1/1	0	177	Johannes LANGSEID		HERK	NOR					
		0	108	Jakob LELAND		HERK	NOR					
		0	273	Ola Rognstad DAHL		OSK	NOR					
		0	117	Alina HOLM		HERK	NOR					

Recruit R	R	Fin	111 m Nr	Name	Final	Group 3 Team	County	NT	Time	Pnts	Q	Remark
53	1/1	0	118	Sina KLEVEN-SKRETTLINGLAND		HERK	NOR					
		0	171	Helle WULFF JENSEN		HBSK	NOR					
		0	112	Atle SOLGÅRD		OSK	NOR					
		0	133	Julia TRØAN		TKK	NOR					

Recruit R	R	Fin	111 m Nr	Name	Final	Group 2 Team	County	NT	Time	Pnts	Q	Remark
54	1/1	0	172	Elise SKOLEM		HBSK	NOR					
		0	178	Tobias LANGSEID		HERK	---					
		0	174	Emil Flygind LARSEN		HBSK	NOR					
		0	107	Ludvig LANGSEID		HERK	NOR					
		0	106	Isak EKMAN-SUNDE		HERK	NOR					

Recruit R	R	Fin	111 m Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
55	1/1	0	119	Julie LELAND		HERK	NOR					
		0	116	Marthine Skau BJØRGE		HERK	NOR					
		0	173	Edvin SKOLEM		HBSK	NOR					
		0	122	Jenny MYRLAND		HERK	NOR					
		0	131	Maria KARLSRUD		TKK	NOR					

NM Elite R	R	Fin	500 meter Nr	Name	Final	Group 2 Team	County	NT	Time	Pnts	Q	Remark
56	1/1	1	210	Aron FEIRING		OSK	NOR			47.460	5	
		2	211	Haakon Anders BIERMANN		OSK	NOR			47.530	3	
		3	212	Magnus RATDAL		TKK	NOR			47.760	2	
		4	213	Ingemar Stenskrog MIDJO		TKK	NOR			48.929	1	
		5	167	Henri Stenskrog MIDJO		TKK	NOR			52.341		

NM Elite R	R	Fin	500 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
57	1/1	1	207	Linus August RISNES		OSK	NOR			45.502	34	
		2	209	Tinius RAMBØL ALME		OSK	NOR			46.136	21	
		3	208	Nicolai BJERKE		OSK	NOR			46.853	13	
		4	214	Lars BONESMO		TKK	NOR			47.234	8	

Masters R	R	Fin	500 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
58	1/1	1	104	Frode MIDJO		TKK	NOR			52.270	34	
		2	102	Edwin Best KRONSTAD		OSK	NOR			57.516	21	
		3	105	Espen KARLSRUD		TKK	NOR			57.689	13	
		4	103	Ole Martin NODENES		OSK	NOR			1:05.273	8	
		5	101	Eirik GÅSEIDNES		OSK	NOR			1:06.773		



Results

LM Jenter	R	R	Fin	Nr	500 meter	Final	Group	Team	County	NT	Time	Pnts	Q	Remark	
59	1/1	1	145	Malin Skau	BJØRGE	HERK	NOR				1:01.686				
		2	144	Alma	BERGERSEN	HERK	NOR				1:01.915				
		3	149	Silje	SOLGÅRD	OSK	NOR				1:02.411				
		4	152	Sara	KARLSRUD	TKK	NOR				1:05.65				
		5	150	Hilde	SOLGÅRD	OSK	NOR				1:16.157				
60	1/1	1	161	Marie	KEUKELEIRE	OSK	---				55.574				
		2	160	Rikke	EDVARSEN	TKK	NOR				58.880				
		4	146	Emilie	LELAND	HERK	NOR				1:03.98				
		5	151	Synne	Andersdatter	TUVA	TKK	NOR				1:16.596			
61	1/1	0	148	Ella	WOTHERSPOON	OSK	NOR				57.182				
		2	154	Silje	STOMPERUDHAUGEN	HERK	NOR				57.414	3			
		3	153	Oda	BERGERSEN	HERK	NOR				1:00.825	2			
		4	158	Jenny	Skjæveland	SOLHAUG	SSK	NOR				1:09.312	1		
62	1/1	1	155	Amalie	Haugerud	TEIG	OSK	NOR			54.66	34			
		2	156	Nola	KVARME	OSK	NOR				55.697	21			
		3	147	Sunniva	Haug	JOHANNESSEN	OSK	NOR				57.247	13		
		4	159	Natalia	SKRZYPIEC	SSK	NOR				1:00.452	8			
		5	157	Josephine	STENBACK	OSK	NOR				1:06.123	5			
63	1/1	1	138	Eirik	BERGERSEN	HERK	NOR				1:08.453				
		2	137	Levian	MINNESJORD	HERK	NOR				1:14.604	3			
		3	143	Ander	ITURRIA-HOLDHUS	OSK	NOR				1:22.422				
		DNS	164	Martinus	Haldorsen	SØMME	TT	NOR						NO STAR	
64	1/1	1	141	Axel	Haartsen	NJØS	OSK	NOR			57.587	14			
		2	166	Sebastian	FOSSBERG	HERK	NOR				58.72	8			
		3	175	Maximilian	MELAND	HERK	NOR				58.235				
		4	136	Tørres	Bjørge	SKAGSOSET	HERK	NOR				1:01.291	5		
		5	139	Felix	Bjørge	SKAGSOSET	HERK	NOR				1:04.733			
65	1/1	1	140	Ulrik	Evenmo	ERVIK	OSK	NOR			55.400				
		2	165	Peder	esekiel	KLEVEN-SKRETTINGL	HERK	NOR				55.599	34		
		3	142	Mikkel	Mellemstrand	DAHL	OSK	NOR				56.333	21		
		DNS	162	Nikolas	JOHANNESSEN	TT	NOR							NO STAR	
		DNS	163	August	Herlin	RØKAAS	TT	NOR						NO STAR	
66	1/1	1	270	Siri	Behrens	MASAVAL	TKK	NOR			1:23.373				
		2	271	Julia	HEKNE	TKK	NOR				1:26.627				
		3	168	Maiken	Nerstad	GUNDERSON	OSK	NOR				1:29.443			
		4	169	Johanne	BERG	OSK	NOR				1:41.300				
		5	272	Vegard	HAGA	TKK	NOR				2:34.568				

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NM Elite	R	R	Fin	1000 meter	Semi Final	Group 1	County	NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team						
67	1/2		1	207	Linus August RISNES	OSK	NOR		1:42.0			
			2	214	Lars BONESMO	TKK	NOR		1:42.500			
			3	210	Aron FEIRING	OSK	NOR		1:45.650			
			4	213	Ingemar Stenskrog MIDJO	TKK	NOR		1:45.400			
			5	167	Henri Stenskrog MIDJO	TKK	NOR		1:48.500			
68	2/2		1	208	Nicolai BJERKE	OSK	NOR		1:42.9			
			3	211	Haakon Anders BIERMANN	OSK	NOR		1:44.513			
			4	212	Magnus RATDAL	TKK	NOR		1:46.56			
			P	209	Tinius RAMBØL ALME	OSK	NOR					PENALTY
Masters	R	R	Fin	1000 meter	Semi Final	Group 1	County	NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team						
69	1/1		1	104	Frode MIDJO	TKK	NOR		1:58.728			
			2	102	Edwin Best KRONSTAD	OSK	NOR		2:02.79			
			3	105	Espen KARLSRUD	TKK	NOR		2:02.473			
			4	101	Eirik GÅSEIDNES	OSK	NOR		2:10.804			
			5	103	Ole Martin NODENES	OSK	NOR		2:11.776			
LM Jenter	R	R	Fin	777 meter	Semi Final	Group 1	County	NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team						
70	1/3		1	155	Amalie Haugerud TEIG	OSK	NOR		1:29.679			
			2	159	Natalia SKRZYPIEC	SSK	NOR		1:31.349			
			3	154	Silje STOMPERUDHAUGEN	HERK	NOR		1:31.615			
			4	160	Rikke EDVARDESEN	TKK	NOR		1:33.25			
			5	152	Sara KARLSRUD	TKK	NOR		1:42.76			
			DNS	150	Hilde SOLGÅRD	OSK	NOR					NO START
71	2/3		1	156	Nola KVARME	OSK	NOR		1:27.930			
			2	148	Ella WOTHERSPOON	OSK	NOR		1:28.49			
			3	157	Josephine STENBACK	OSK	NOR		1:31.149			
			4	146	Emilie LELAND	HERK	NOR		1:36.668			
			5	145	Malin Skau BJØRGE	HERK	NOR		1:37.115			
			6	149	Silje SOLGÅRD	OSK	NOR		1:39.409			
72	3/3		1	158	Jenny Skjæveland SOLHAUG	SSK	NOR		1:28.564			
			2	147	Sunniva Haug JOHANNESSEN	OSK	NOR		1:28.636			
			3	153	Oda BERGERSEN	HERK	NOR		1:35.365			
			4	151	Synne Andersdatter TUVA	TKK	NOR		1:37.532			
			5	144	Alma BERGERSEN	HERK	NOR		1:59.455			
LM Gutter	R	R	Fin	777 meter	Semi Final	Group 1	County	NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team						
73	1/3		1	165	Peder esekiel KLEVEN-SKRETTINGLAN	HERK	NOR		1:28.587			
			2	141	Axel Haartsen NJØS	OSK	NOR		1:36.501			
			3	139	Felix Bjørge SKAGSOSET	HERK	NOR		1:41.516			
			4	138	Eirik BERGERSEN	HERK	NOR		1:41.663			
			DNS	163	August Herlin RØKAAS	TT	NOR					NO START
74	2/3		1	140	Ulrik Evenmo ERVIK	OSK	NOR		1:29.167			
			2	136	Tørres Bjørge SKAGSOSET	HERK	NOR		1:37.81			
			3	137	Levian MINNESJORD	HERK	NOR		1:40.782			
			4	143	Ander ITURRIA-HOLDHUS	OSK	NOR		1:59.330			
			DNS	164	Martinus Haldorsen SØMME	TT	NOR					NO START
75	3/3		1	142	Mikkel Mellemstrand DAHL	OSK	NOR		1:28.931			
			2	175	Maximilian MELAND	HERK	NOR		1:29.423			
			3	166	Sebastian FOSSBERG	HERK	NOR		1:32.968			
			DNS	162	Nikolas JOHANNESSEN	TT	NOR					NO START

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Special R	Olympics R	Fin	777 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
76	1/1	1	168	Maiken Nerstad	GUNDERSON	OSK	NOR		1:53.474			
		2	270	Siri Behrens	MASAVAL	TKK	NOR		2:09.741			
		3	271	Julia	HEKNE	TKK	NOR		2:10.679			
		4	169	Johanne	BERG	OSK	NOR		2:32.893			
		5	272	Vegard	HAGA	TKK	NOR		3:55.354			
Recruit R	R	Fin	222 meter Nr	Name	Semi Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
77	1/4	1	119	Julie	LELAND	HERK	NOR					
		2	275	Hilde	SOLGÅRD	OSK	NOR					
		3	174	Emil	Flygind LARSEN	HBSK	NOR					
		4	131	Maria	KARLSRUD	TKK	NOR					
		5	274	Johannes	MELAND	HERK	NOR					
		6	177	Johannes	LANGSEID	HERK	NOR					
		7	120	Elise	MYRLAND	HERK	NOR					
78	2/4	1	172	Elise	SKOLEM	HBSK	NOR					
		2	173	Edvin	SKOLEM	HBSK	NOR					
		3	118	Sina	KLEVEN-SKRETTINGLAND	HERK	NOR					
		4	273	Ola	Rognstad DAHL	OSK	NOR					
		5	108	Jakob	LELAND	HERK	NOR					
		6	176	Leander	LANGSEID	HERK	NOR					
79	3/4	1	116	Marthine	Skau BJØRGE	HERK	NOR					
		2	107	Ludvig	LANGSEID	HERK	NOR					
		3	112	Atle	SOLGÅRD	OSK	NOR					
		4	171	Helle	WULFF JENSEN	HBSK	NOR					
		5	121	Eva	MYRLAND	HERK	NOR					
		6	117	Alina	HOLM	HERK	NOR					
80	4/4	1	178	Tobias	LANGSEID	HERK	---					
		2	122	Jenny	MYRLAND	HERK	NOR					
		3	106	Isak	EKMAN-SUNDE	HERK	NOR					
		4	133	Julia	TRØAN	TKK	NOR					
		5	128	Anna	WOTHERSPOON	OSK	NOR					
		6	170	Lilly	WULFF JENSEN	HBSK	NOR					
NM Elite R	R	Fin	1000 meter Nr	Name	Final	Group 2 Team	County	NT	Time	Pnts	Q	Remark
81	1/1	2	210	Aron	FEIRING	OSK	NOR		1:37.997	8		
		3	213	Ingemar	Stenskrog MIDJO	TKK	NOR		1:38.56	5		
		4	212	Magnus	RATDAL	TKK	NOR		1:39.207	3		
		5	167	Henri	Stenskrog MIDJO	TKK	NOR		1:48.349	2		
		P	209	Tinius	RAMBØL ALME	OSK	NOR					PENALTY
NM Elite R	R	Fin	1000 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
82	1/1	1	207	Linus August	RISNES	OSK	NOR		1:41.631	34		
		2	208	Nicolai	BJERKE	OSK	NOR		1:41.729	21		
		3	214	Lars	BONESMO	TKK	NOR		1:43.479	13		
		4	211	Haakon Anders	BIERMANN	OSK	NOR		1:43.678	8		
Masters R	R	Fin	1000 meter Nr	Name	Final	Group 1 Team	County	NT	Time	Pnts	Q	Remark
83	1/1	1	103	Ole Martin	NODENES	OSK	NOR		2:09.612	34		
		2	101	Eirik	GÅSEIDNES	OSK	NOR		2:10.223			
		3	105	Espen	KARLSRUD	TKK	NOR		2:27.61	21		
		P	104	Frode	MIDJO	TKK	NOR					PENALTY
		P	102	Edwin Best	KRONSTAD	OSK	NOR					PENALTY



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LM Jenter	R	R	Fin	Nr	777 meter	Name	Final	Group 3	Team	County	NT	Time	Pnts	Q	Remark
84	1/1	1	149	Silje SOLGÅRD	OSK	NOR						1:36.973			
		2	145	Malin Skau BJØRGE	HERK	NOR						1:37.54			
		3	144	Alma BERGERSEN	HERK	NOR						1:38.711			
		4	152	Sara KARLSRUD	TKK	NOR						1:45.394			
LM Jenter	R	R	Fin	Nr	777 meter	Name	Final	Group 2	Team	County	NT	Time	Pnts	Q	Remark
85	1/1	1	157	Josephine STENBACK	OSK	NOR						1:30.587	3		
		2	154	Silje STOMPERUDHAUGEN	HERK	NOR						1:30.842	2		
		3	153	Oda BERGERSEN	HERK	NOR						1:31.459	1		
		4	160	Rikke EDVARSEN	TKK	NOR						1:32.46			
		5	151	Synne Andersdatter TUVA	TKK	NOR						1:36.326			
		6	146	Emilie LELAND	HERK	NOR						1:36.680			
LM Jenter	R	R	Fin	Nr	777 meter	Name	Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
86	1/1	1	155	Amalie Haugerud TEIG	OSK	NOR						1:26.54	34		
		2	156	Nola KVARME	OSK	NOR						1:27.419	21		
		3	158	Jenny Skjæveland SOLHAUG	SSK	NOR						1:27.577	13		
		4	147	Sunniva Haug JOHANNESSEN	OSK	NOR						1:28.73	8		
		5	148	Ella WOTHERSPOON	OSK	NOR						1:28.339			
		6	159	Natalia SKRZYPIEC	SSK	NOR						1:29.201	5		
LM Gutter	R	R	Fin	Nr	777 meter	Name	Final	Group 2	Team	County	NT	Time	Pnts	Q	Remark
88	1/1	0	139	Felix Bjørge SKAGSOSET	HERK	NOR						1:43.539			
		1	166	Sebastian FOSSBERG	HERK	NOR						1:32.615	8		
		2	136	Tørres Bjørge SKAGSOSET	HERK	NOR						1:34.971	5		
		3	137	Levian MINNESJORD	HERK	NOR						1:38.839	3		
		5	138	Eirik BERGERSEN	HERK	NOR						1:45.203			
		DNS	143	Ander ITURRIA-HOLDHUS	OSK	NOR									
LM Gutter	R	R	Fin	Nr	777 meter	Name	Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
89	1/1	1	142	Mikkel Mellemstrand DAHL	OSK	NOR						1:28.924	34		
		2	175	Maximilian MELAND	HERK	NOR						1:30.244			
		3	140	Ulrik Evenmo ERVIK	OSK	NOR						1:33.484			
		4	141	Axel Haartsen NJØS	OSK	NOR						1:35.793	21		
		DNF	165	Peder esekiël KLEVEN-SKRETTINGLHERK	HERK	NOR							13		NO FINIS
Special Olympics	R	R	Fin	Nr	777 meter	Name	Final	Group 1	Team	County	NT	Time	Pnts	Q	Remark
90	1/1	1	168	Maiken Nerstad GUNDERSON	OSK	NOR						1:56.301			
		2	270	Siri Behrens MASAVAL	TKK	NOR						2:10.303			
		3	271	Julia HEKNE	TKK	NOR						2:12.469			
		4	169	Johanne BERG	OSK	NOR						2:37.189			
		5	272	Vegard HAGA	TKK	NOR						3:57.357			
Recruit	R	R	Fin	Nr	500 meter	Name	Final	Group 4	Team	County	NT	Time	Pnts	Q	Remark
91	1/1	0	120	Elise MYRLAND	HERK	NOR									
		0	176	Leander LANGSEID	HERK	NOR									
		0	117	Alina HOLM	HERK	NOR									
		0	177	Johannes LANGSEID	HERK	NOR									
		0	108	Jakob LELAND	HERK	NOR									
		0	121	Eva MYRLAND	HERK	NOR									
		0	274	Johannes MELAND	HERK	NOR									

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Recruit		Fin	500 meter		Final	Group 3		NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team	County					
92	1/1	1	174	Emil Flygind LARSEN	HBSK	NOR						
		2	273	Ola Rognstad DAHL	OSK	NOR						
		3	131	Maria KARLSRUD	TKK	NOR						
		4	171	Helle WULFF JENSEN	HBSK	NOR						
		5	118	Sina KLEVEN-SKRETTINGLAND	HERK	NOR						
		6	112	Atle SOLGÅRD	OSK	NOR						
<hr/>												
Recruit		Fin	500 meter		Final	Group 2		NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team	County					
93	1/1	1	119	Julie LELAND	HERK	NOR						
		2	275	Hilde SOLGÅRD	OSK	NOR						
		3	172	Elise SKOLEM	HBSK	NOR						
		4	173	Edvin SKOLEM	HBSK	NOR						
		5	116	Marthine Skau BJØRGE	HERK	NOR						
		6	107	Ludvig LANGSEID	HERK	NOR						
<hr/>												
Recruit		Fin	500 meter		Final	Group 1		NT	Time	Pnts	Q	Remark
R	R		Nr	Name		Team	County					
94	1/1	1	122	Jenny MYRLAND	HERK	NOR						
		2	178	Tobias LANGSEID	HERK	---						
		3	106	Isak EKMAN-SUNDE	HERK	NOR						
		4	133	Julia TRØAN	TKK	NOR						
		5	128	Anna WOTHERSPOON	OSK	NOR						
		6	170	Lilly WULFF JENSEN	HBSK	NOR						